



“Pleasure – Part One”

Southern Lakes Church
Pastor Ken Brummel 10-26-25

1. Is there anything wrong with enjoying life and having some pleasure?
2. READ Ecclesiastes 2:1-11. Talk about the context... who wrote this, why, and its implications for us?
3. Exodus 20:3 says to “have no other gods before Me.” What is an idol and why are idols such a big deal?
4. READ I Corinthians 6:19-20. Does God care about what we eat or drink? Why or why not?
5. What are some examples of how Americans make Food and Drink into a false god? How can we combat this in our own lives? What fruit of the Spirit is essential for victory in this area?
6. READ Proverbs 20:1 and 23:29-35. Why are alcohol and drugs so easy to make into false gods?
7. READ Ephesians 5:18. Talk about the issue of control, what should ultimately be controlling the Believer. Don’t forget to talk about the preferred drug of choice for many Christians - caffeine.
8. READ Hebrews 13:4. What is God’s plan for sex? How has the world distorted God’s plan?
9. How do you feel about the following stats and what do they indicate?
 - 78% of men and 44% of women view pornography.
 - 22% of Christians view porn at least once a week.
10. READ Romans 7:4. What does it mean to be married to Christ? Why will sex or a romantic relationship never satisfy our soul?
11. What are the four steps to freedom from idols?
12. When do pleasures “cross the line?” Discuss the following diagnostic questions:
 - **Motive: Why am I doing what I am doing?**
 - **Control: Do I control it or does it control me?**
 - **Priorities: Are my priorities right? (Matt. 6:33)**
 - **Rationalization: Am I making excuses and justifying?**
13. READ Romans 12:1-2 and Matthew 6:33. Discuss the Principle of Replacement, how it works and why it is so vital for destroying idols.
14. Share one thing you will do this week to help you deal with idols in your life. Pray for one another!