



"Followers Walk the Talk- Groups"

Pastor Mike Kasun

2 Timothy 1:3-9

October 25th, 2026

Journey Group Discussion Guide

1. Share Your Transformation Story

How did you become a follower of Jesus? Share your transformation story with your group. Take 2–3 minutes per person to share your testimony. Keep it short, direct, and concise. Use a timer if needed so everyone has an opportunity to share.

2. From Death to Life - Read 2 Corinthians 5:17–21.

Discuss how your life has changed since entering into a relationship with Jesus. In what ways were you spiritually dead before Christ, and how have you experienced new life through Him?

3. Transformation in Everyday Life

Share a project or passion you have where you have seen something transformed into something new or restored to its original condition or purpose. What did that transformation involve, and what made it meaningful to you?

4. Fan the Flame of Your Faith - Read 2 Timothy 1:3–14.

What does fanning the flame of our faith look like in today's culture? We know that following Jesus requires action on our part, but how is the Holy Spirit challenging you to grow in your faith and pursue Jesus with greater passion and intensity?

5. Let Go and Let God - Read Philippians 4:6–7.

Anxiety is real and can be difficult to overcome. How do these verses help you trust God with your struggles and anxieties? What is one area of your life where you need to surrender your worries to Him and experience His peace?

6. Serve Others Together

Talk with your Journey Group about how you can serve your community, help a family in need, or encourage someone else over the next month. Identify one practical way your group can put its faith into action and make a difference in someone's life.

7. Put on the New Self - Read Colossians 3.

Highlight some key verses that encourage you or challenge you to live more fully for God. Discuss one or more of the following questions:

- Remember who you are in Christ: How does knowing you are chosen, loved, and saved by Jesus give you hope and confidence in the promise of eternal life with Him?
- Realign your thinking: When you find yourself drifting back toward the ways of the world, how has God redirected your thoughts and brought your focus back to Him?
- Overcome your struggles: Share a struggle you are facing. How does Christ give you the strength to overcome it? Would you like your group to pray for you?

Meditation for the Week - Read Colossians 3:16–17

Challenge for the Week: Let God's Word shape your thinking, encourage someone in their faith, and look for opportunities to represent Jesus in everything you say and do.