



BROOKLIN MARTIAL ARTS

FALL 2026 CLASS SCHEDULE



PROGRAM LEVELS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
BROOKLIN BUDDIES (5 - 7)					
Basic	6:30 - 7:00 PM	5:00 - 5:30 PM	6:30 - 7:00 PM	5:00 - 5:30 PM	10:30 - 11:00 AM
BBT	6:30 - 7:15PM	5:00 - 5:45 PM	6:30 - 7:15PM	5:00 - 5:45 PM	10:30 - 11:15 AM
YOUTH / TEEN (8+)					
Fundamentals BASIC	7:15 - 7:45 PM	5:45 - 6:15 PM	7:15 - 7:45 PM	5:45 - 6:15 PM	9:00 - 9:45 AM
Fundamentals BBT	7:15 - 8:00 PM	5:45 - 6:30 PM	7:15 - 8:00 PM	5:45 - 6:30 PM	9:00 - 10:00 AM
Novice BBT	7:15 - 8:00 PM	5:45 - 6:30 PM	7:15 - 8:00 PM	5:45 - 6:30 PM	9:00 - 10:00 AM
BBT Sparring	-	6:30 - 7:00 PM	-	6:30 - 7:00 PM	-
Intermediate BBT	5:30 - 6:15 PM	7:00 - 7:30 PM	5:30 - 6:15 PM	7:00 - 7:30 PM	9:00 - 10:15 AM
Advanced HPA	5:30 - 6:30 PM	7:00 - 7:30 PM	5:30 - 6:30 PM	7:00 - 7:30 PM	9:00 - 10:30 AM
Mastery HPA	5:30 - 6:30 PM	7:00 - 7:30 PM	5:30 - 6:30 PM	7:00 - 7:30 PM	9:00 - 10:30 AM
TEEN / ADULTS (14+)					
BBT Sparring	-	7:30 - 8:00 PM	-	7:30 - 8:00 PM	-
Fundamentals BASIC	8:00 - 8:45 PM	8:00 - 8:45 PM	8:00 - 8:45 PM	8:00 - 8:45 PM	9:00 - 9:45 AM
Fundamentals BBT	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	9:00 - 10:00 AM
Novice BBT	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	9:00 - 10:00 AM
Intermediate BBT	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	9:00 - 10:15 AM
Advanced HPA	8:00 - 9:00 PM	8:00 - 9:15 PM	8:00 - 9:00 PM	8:00 - 9:15 PM	9:00 - 10:30 AM
Mastery HPA	8:00 - 9:00 PM	8:00 - 9:30 PM	8:00 - 9:00 PM	8:00 - 9:30 PM	9:00 - 10:30 AM
HIIT & KICK	9:00 - 9:30 PM	-	9:00 - 9:30 PM	-	-
HIGH PERFORMANCE ATHLETE CLASSES					
OPEN MAT (HPA)	FRI 5:00 - 5:30 PM		SAT MORNING (HPA)	SAT 7:00 - 8:30 AM	
COMP / DEMO (HPA)	FRI 5:30 - 6:30 PM		LEADERSHIP (HPA)	SAT 8:30 - 9:00 AM	