



BROOKLIN MARTIAL ARTS

FALL 2026 CLASS SCHEDULE



PROGRAM LEVELS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
BROOKLIN BUDDIES (5 - 7)					
Basic	6:30 - 7:00 PM	5:00 - 5:30 PM	6:30 - 7:00 PM	5:00 - 5:30 PM	10:30 - 11:00 AM
BBT	6:30 - 7:15PM	5:00 - 5:45 PM	6:30 - 7:15PM	5:00 - 5:45 PM	10:30 - 11:15 AM
YOUTH / TEEN (8+)					
Fundamentals BASIC	7:15 - 7:45 PM	5:45 - 6:15 PM	7:15 - 7:45 PM	5:45 - 6:15 PM	9:00 - 9:45 AM
Fundamentals BBT	7:15 - 8:00 PM	5:45 - 6:30 PM	7:15 - 8:00 PM	5:45 - 6:30 PM	9:00 - 10:00 AM
Novice BBT	7:15 - 8:00 PM	5:45 - 6:30 PM	7:15 - 8:00 PM	5:45 - 6:30 PM	9:00 - 10:00 AM
BBT Sparring	-	6:30 - 7:00 PM	-	6:30 - 7:00 PM	-
Intermediate BBT	5:30 - 6:15 PM	7:00 - 7:30 PM	5:30 - 6:15 PM	7:00 - 7:30 PM	9:00 - 10:15 AM
Advanced HPA	5:30 - 6:30 PM	7:00 - 7:30 PM	5:30 - 6:30 PM	7:00 - 7:30 PM	9:00 - 10:30 AM
Mastery HPA	5:30 - 6:30 PM	7:00 - 7:30 PM	5:30 - 6:30 PM	7:00 - 7:30 PM	9:00 - 10:30 AM
TEEN / ADULTS (14+)					
BBT Sparring	-	7:30 - 8:00 PM	-	7:30 - 8:00 PM	-
Fundamentals BASIC	8:00 - 8:45 PM	8:00 - 8:45 PM	8:00 - 8:45 PM	8:00 - 8:45 PM	9:00 - 9:45 AM
Fundamentals BBT	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	9:00 - 10:00 AM
Novice BBT	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	9:00 - 10:00 AM
Intermediate BBT	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	8:00 - 9:00 PM	9:00 - 10:15 AM
Advanced HPA	8:00 - 9:00 PM	8:00 - 9:15 PM	8:00 - 9:00 PM	8:00 - 9:15 PM	9:00 - 10:30 AM
Mastery HPA	8:00 - 9:00 PM	8:00 - 9:30 PM	8:00 - 9:00 PM	8:00 - 9:30 PM	9:00 - 10:30 AM
HIIT & KICK	9:00 - 9:30 PM	-	9:00 - 9:30 PM	-	-
HIGH PERFORMANCE ATHLETE CLASSES					
OPEN MAT (HPA)	FRI 5:00 - 5:30 PM		SAT MORNING (HPA)	SAT 7:00 - 8:30 AM	
COMP / DEMO (HPA)	FRI 5:30 - 6:30 PM		LEADERSHIP (HPA)	SAT 8:30 - 9:00 AM	



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FALL 2026 CLASS SCHEDULE



MONDAY / WEDNESDAY		TUESDAY / THURSDAY		FRIDAY		SATURDAY	
PRIVATE LESSONS	2:00 pm - 5:30 pm	PRIVATE LESSONS	2:00 pm - 5:00 pm	PRIVATE LESSONS	2:00 pm - 5:30 pm	SAT MORNING TRAINING HPA 7:00 am - 8:30 am	
		BUDDIES BASIC 5:00 - 5:30 pm	BUDDIES BBT 5:00 pm - 5:45 pm	OPEN MAT PRACTICE HPA 5:00 pm - 5:30 pm			
INTERMEDIATE BBT 5:30 - 6:15 pm	ADVANCED HPA 5:30- 6:30 pm		YOUTH / TEENS FUNDAMENTALS & NOVICE BBT 5:45 - 6:30 pm	COMPETITION & DEMO TEAM HPA 5:30 pm - 6:30 pm		LEADERSHIP TEAM HPA 8:30 am - 9:00 am	
		YOUTH / TEENS FUNDAMENTALS BASIC 5:45 - 6:15 pm				FAMILY (8+) ALL BELT CLASS	
						FAMILY (8+) BASIC 9:00 am - 9:45 am	FAMILY (8+) BBT 9:00 am - 10:00 am
BUDDIES BASIC 6:30 - 7:00 pm	BUDDIES BBT 6:30 - 7:15 pm	YOUTH / TEEN BBT (8+) BBT SPARRING 6:30 - 7:00 pm				FAMILY (8+) INTERMEDIATE 9:00 am - 10:15 am	FAMILY (8+) ADVANCED 9:00 am - 10:30 am
		YOUTH / TEEN INTERMEDIATE BBT 7:00 - 7:30 pm	YOUTH / TEEN ADVANCED & MASTERY HPA 7:00 - 7:30 pm	BIRTHDAY PARTY 7:00 pm - 8:30 pm		BUDDIES BASIC 10:30 am - 11:00 am	BUDDIES BBT 10:30 am - 11:15 am
YOUTH / TEEN FUNDAMENTALS BASIC 7:15 - 7:45 pm	YOUTH / TEEN FUNDAMENTALS & NOVICE BBT 7:15 - 8:00 pm	TEEN / ADULT (14+) BBT SPARRING 7:30 pm - 8:00 pm					
		TEEN / ADULT (14+) ALL BELT CLASS				PRIVATE LESSON	11:15 am - 11:45 am
TEEN / ADULT FUNDAMENTALS BASIC 8:00 - 8:45 pm	TEEN / ADULT ALL LEVELS BBT 8:00 - 9:00 pm	TEEN / ADULT FUNDAMENTALS BASIC 8:00 - 8:45	TEEN / ADULT ALL LEVELS BBT 8:00 - 9:00 pm			WORKSHOPS	12:00 pm
TEEN/ADULT (14+) HIIT & KICK 9:00 - 9:30 pm		TEEN / ADULT ADVANCED HPA 8:00 pm - 9:15 pm	TEEN / ADULT BLACK BELT MASTERY 8:00 pm - 9:30 pm			BIRTHDAY PARTY	2:00 - 3:30 pm
						BIRTHDAY PARTY	4:30- 6:00 pm