

Newsletter

AUGUST 2025



Healthy Living Hightlights

August 6th @ 2:00pm Monarch Butterfly Presentation

> August 12th @ 2:30pm Fiddlestix Concert & Ice Cream Truck

August 19th @ 2:30pm Tim & Steve's Magic Show

August 26th @ 2:30pm Birthday Celebration with Marcus

IT'S NOT TOO LATE TO STAY COOL!



This summer has been one of the hottest on record — and it's not cooling down anytime soon. Climate change continues to bring longer, hotter summers to Ontario's GTA, with high temperatures now stretching well into the fall months, often lasting into October.

If you haven't yet installed an air conditioning unit, it's not too late. Staying cool isn't just about comfort — it's essential for your health and safety during extreme heat.

Need help choosing an A/C unit or arranging installation? Please contact Reception or Property Management for assistance and recommendations.

In the meantime, here are a few simple ways to stay cool and comfortable:

- Close blinds and curtains during the hottest parts of the day
- Drink plenty of water, even if you don't feel thirsty
- Wear light, breathable clothing
- Take cool showers or use a damp washcloth on your neck and wrists
- Use fans
- Visit air-conditioned spaces in the building: floor lounges, main floor lobby and family room.

Let's take care of ourselves and each other during this extended heat season.

Stay safe and stay cool!

Ethelbert O.

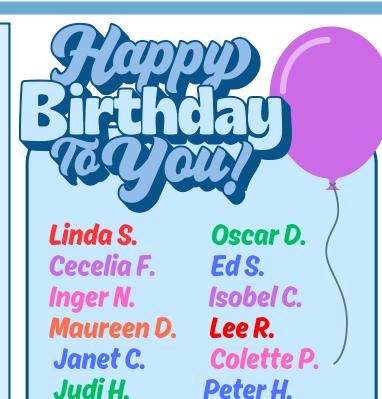
Mathilde M.



Staff Spotlight

This month our Staff Spotlight shines on Annie Q., who is a Personal Support Worker here at OSCR. Annie is in her 17th year of employment at OSCR; we are grateful for the caring supports she provides clients, as well as her dedication to OSCR. Be sure to say hello to Annie next time you see her!





Anne S.

Riky M.

When you see a tour being conducted, please feel free to say hello or give a friendly smile. We want our guests to feel welcome at OSCR, and a nice gesture can have a positive impact on potential applicants when they are touring the building.





Laundry Service Reminder

We'd like to remind everyone that OSCR's Weekly laundry service is a basic garment washing service, best suited for everyday clothing such as shirts, pants, socks, and undergarments.

Recently, our laundry staff have seen an increase in special requests, delicate items, and hang-dry instructions. Please note that we cannot accommodate special handling — all items are machine washed and dried using standard cycles, and OSCR supplies both detergent and dryer sheets.

To help the service run smoothly, please limit your laundry to basic garments only. If you have items that require special care (e.g., hang-drying, delicates, or specialty fabrics), we encourage you to use OSCR's independent communal laundry facility on the Independent Apartment Tower (2220)- this is open to all residents/tenants of OSCR.

Our communal laundry room is located in the basement of the Independent Apartment Side of OSCR- (2220) and operates with a paid laundry card system. To obtain a card and receive instructions on how to load it, please speak with Reception, the Assistant Property Manager, or your Coordinator.

Please note that this room is to be accessed and used independently.

Thank you for your cooperation and for helping us maintain a reliable service for all residents! For any further questions or concerns with your laundry, please connect with Rhoxette at ext. 134 or Shanna at ext. 190.



















