



Dress Code and Uniform Requirements

Seven Sorrows School has a standardized dress code. The official uniform supplier is Flynn and O'Hara. They are located at 869 Eisenhower Boulevard, Harrisburg, PA 17111 (939-5600) (1-800-441-4122) www.flynnohara.com. The store clerks have a list of Seven Sorrows School uniform requirements.

Uniform Requirements for Girls - Grades K-3

Summer – (First day of school – October 31st & April 1st – end of the school year)

Polo Shirt (light blue)

Shorts (navy blue) or **Jumper** (Seven Sorrows Plaid ONLY)

Belt (black or brown leather) **K and Grade 1 do not need a belt.**

Sneakers with shorts– white, black, grey or blue or combination of these colors. (Must be tied.)

White athletic socks ONLY must be visible and cover the ankles

Shoes with jumper– Kindergarten: Sneakers (no light ups or wheels)

Grades 1-3: Mary Jane style (black, brown, or navy)

Socks (Navy blue ONLY; no lace or patterns)

Winter - (November 1st – March 31st)

Blouse w/ Peter Pan Collar (light blue)

Can be long sleeve or short sleeved.

Worn with Jumper or Pants

Jumper (Seven Sorrows Plaid ONLY) or **Slacks** (navy blue)

Cardigan (Navy acrylic)

Tights/Leggings (Navy blue ONLY; no lace or patterns)

Socks (Navy blue ONLY; no lace or patterns)

Shoes

Kindergarten: Sneakers (no light ups or wheels)

Grades 1-3: Mary Jane style (black, brown or navy)

Uniform Requirements for Young Ladies – Grades 4- 8

Summer – (First day of school – October 31st; April 1st – end of school year)

Polo shirt or Oxford shirt (light blue)

Shorts (navy blue) or **Kilt** (Seven Sorrows plaid)

Belt (black or brown leather) required with shorts.

Sneakers with shorts–white, black, blue, grey or combination of these colors. (Must be tied)

White athletic socks ONLY must be visible and cover the ankle.

Shoes with kilt–leather boat shoes; Brown, Beige or Navy Blue

Knee Socks (Navy blue ONLY; no lace or patterns) No sheer knee high socks

Winter - (November 1st – March 31st)

Oxford Shirt (light blue) Can be long sleeve or short sleeved.

Kilt (Seven Sorrows Plaid) or **Pleated Slacks** (navy)

Belt (black or brown leather) required with Slacks

Cardigan (Navy acrylic)

Tights (Navy blue ONLY; no lace or patterns) NO leggings, NO pantyhose

Knee Socks (Navy blue ONLY; no lace or patterns) No sheer knee high socks

Shoes (leather boat shoes; Brown, Beige or Navy Blue)

Uniform Requirements for Boys - Grades K-3

Summer – (First day of school – October 31; April 1st – End of the School year)

Polo Shirt (light blue)

Shorts (navy blue)

Belt (black or brown leather) **K and Grade 1 do not need a belt.**

Sneakers – white, black, blue grey or combination of these colors. (Must be tied)

Winter - (November 1st – March 31st)

Polo Shirt (light blue)

Can be long sleeve or short sleeved.

Twill pants (navy blue)

Belt (black or brown leather) **K and Grade 1 do not need a belt.**

V-neck Sweater (Navy acrylic)

Crew Socks (navy blue ONLY)

Shoes

Kindergarten: Sneakers (no light-ups or wheels)

Grades 1-3: Dress shoes that lace (black or dark brown leather with dark rubber non-marking soles)

Uniform Requirements for Young Men – Grades 4- 8

Summer – (First day of school – October 31st; April 1st – End of the School year)

Polo shirt or Oxford shirt (light blue)

Shorts (navy blue)

Belt (black or brown leather) required with shorts.

Sneakers – white, black, blue, grey or combination of these colors. (Must be tied)

White ONLY athletic socks must be visible and cover the ankle.

Winter - (November 1st – March 31st)

Oxford Shirt (light blue)

Can be long sleeve or short sleeved.

Twill pants (navy)

Belt (black or brown leather) required with pants.

Tie (Navy blue solid or Seven Sorrows Plaid)

V-neck Sweater (Navy acrylic)

Crew Socks (navy blue ONLY)

Shoes Dress shoes that lace (black or dark brown leather with dark rubber non-marking soles)

Physical Education Uniform for Boys and Girls Grades K – 8

Must be purchased from Flynn & O'Hara (except sneakers)

Pants/Shorts Navy blue gym short, navy blue sweatpants or track pants with SS logo

Shirt Gray T-shirt and/or Navy blue sweatshirt (depending on weather) with SS logo

Shoes/Socks

Sneakers (white, black, blue, grey or a combination of those colors)

White, navy blue or black athletic socks (must be visible)

GENERAL UNIFORM GUIDELINES

Shoes/Socks

- Uniform shoes must be worn as stated above. Laces must match shoes and must be tied at all times.
- Gym sneakers **MUST BE TIED**.
- Light up sneakers, roller skate sneakers and flip-flops are not permitted. Socks must be visible.

Physical Education Uniform

Students may wear a properly fitting Seven Sorrows gym uniform on P.E. days provided the uniform conforms to the above guidelines (proper colors and logos). Students who do not wear the required gym uniform to school must wear their school uniform and change in the locker room on P.E. days. After class, those students who changed in the locker room must change back into their school uniforms.

Jewelry

Girls: A simple wristwatch, a small religious medal or cross and a single pair of small post earrings that are not colors such as bright green, red, etc. Earrings may not dangle or hang below the earlobes.

Boys: A simple wristwatch and a small religious medal or cross may be worn. Earrings are not permitted.

Hair/Miscellaneous

Hair should be kept neat and clean in a conservative style appropriate for a Catholic school. Scalp hair may not be shaved to such an extent that the scalp is exposed. Unnatural hair coloring is prohibited. Boys' hair may not fall below the eyebrow, over the collar, or over the ears and must be neatly combed and groomed. Boy's facial hair is required to be shaved. Likewise, long sideburns are unacceptable. Outlandish hairstyles or cut in designs are not permitted. The Principal will make the final determination when hairstyle is in question.

Writing or drawing on the body (including temporary or permanent tattoos) is inappropriate and not permitted.

Makeup, colored nail polish, and artificial nails (including nail tips) of any kind may not be worn. Only clear nail polish is permitted.

OUT OF UNIFORM GUIDELINES

Dress Up Days

*No jeans

*No t-shirts

*No skirts or dresses that are too tight and/or too short

*No midriff or low-cut tops may be worn

*No makeup

* Girls may wear leggings **WITH** an appropriate length top that covers to **TWO** inches above the knees or "fingertip" length with shoulders down

Dress Down Days

*No jeans with holes

*No midriff or low-cut tops may be worn

*No flip-flops

*Appropriate t-shirts/sweatshirts (do not contain vulgar or objectionable language and/or pictures)

*No makeup

* Girls may wear leggings or shorts **WITH** an appropriate length top that covers to **TWO** inches above the knees or "fingertip" length with shoulders down

These special days will be announced through newsletters, flyers, emails and/or PA announcements. The Principal reserves the right to determine appropriateness.