



Summer Activity Bookings (For Members Only)

Activities for Children and Young Adults

- These activities are for autistic children and young adults only

Holiday Clubs:

APS are offering two types of holiday clubs over the summer, both clubs are open to anyone aged between 7-16 years old, including siblings:

- Venturewood at Delamere Forest on **Mondays and Tuesdays**
- APS Sension House on **Thursdays and Fridays**

Venturewood Holiday Club

Children will take part in a wide range of nature-based activities designed to build confidence, wellbeing, and connection with the outdoors. They will enjoy wellbeing walks through the forest, natural craft sessions, and bushcraft experiences such as den building.

Alongside this, they'll take part in forest school activities, team games, and dedicated wellbeing sessions.

These sessions will run 9am-4pm on Monday and Tuesdays throughout the Summer. We have 8 HAF-funded places available each day, paid places are available at £20 per day. Snacks and lunch are provided.

To book onto our Venturewood sessions, [Click Here](#)

APS (Sension House) Holiday Club

Children will include a wide variety of activities, all listed below. Sessions will run 10am-3pm on Thursdays and Fridays. We have 8 HAF-funded places available each day, paid places are available at £15 per day. Snacks and lunch are provided.

Activity Calendar:

Thursday 30th July - Summer Crafts & Free Play
Friday 31st July - Giant Parachute & Table Tennis
Thursday 6th August - Mindfulness Movement & Playground Games
Friday 7th August - Slime Making & Film
Thursday 13th August - Tote Bag Decorating & Sensory Play
Friday 14th August - Gaming & Multi Sports
Thursday 20th August - Bug Hotels & Silent Disco
Friday 21st August - Ebublio Magical Bubbles & Film
Thursday 27th August - Day Trip: Holmes Chapel Zoo & Bidlea Dairy
Friday 28th August - End of Summer Party

To book and for more information, please visit the HAF EEUU page - **all links go live on Thursday 25th June at 10am: [Book Here](#)**

APS Kid's and Youth Clubs

For all Kids' and Youth Clubs, please fill out the attached interest form (Please fill out one form per child)

[APS Children Club Registration Form](#)

CHESTER:

KidConnect (7-11 years old)

- Friday 14th August, 4.30-5.45pm at SPACE Cheshire, CH2 2AN
- Friday 28th August, 4.30-5.45pm at SPACE Cheshire, CH2 2AN

The Zone (11-15 years old) & Vibe Tribe (16-18 years old)

- Friday 14th August, 6-7.15pm at SPACE Cheshire, CH2 2AN
- Friday 28th August, 6-7.15pm at SPACE Cheshire, CH2 2AN

All Ages Club (7-17 years old)

- Tuesday 4th August, 6-7.30pm at SPACE Cheshire, CH2 2AN
- Tuesday 18th August, 6-7.30pm at SPACE Cheshire, CH2 2AN

ELLESMERE PORT:

Kids Club (7-11 years old)

- Thursday 13th August, 6-7.30pm at Theatre Porto, CH65 6QY

Youth Club (10-17 years old)

- Thursday 13th August, 6-7.30pm at Theatre Porto, CH65 6Q

NORTHWICH:

KidConnect (7-11 years old)

- Monday 3rd August, 5-6.15pm at APS Room, Sension House, CW9 7LU
- Monday 10th August, 5-6.15pm at APS Room, Sension House, CW9 7LU
- Monday 17th August, 5-6.15pm at APS Room, Sension House, CW9 7LU
- Monday 24th August, 5-6.15pm at APS Room, Sension House, CW9 7LU

The Zone (11-15 years old) & Vibe Tribe (16-18 years old)

- Monday 3rd August, 6.30-8pm at APS Room, Sension House, CW9 7LU
- Monday 17th August, 6.30-8pm at APS Room, Sension House, CW9 7LU
- Monday 24th August, 6.30-8pm at APS Room, Sension House, CW9 7LU

Activities for Autistic Children and Young Adults

CHESTER:

Dance Club (6-17 years old)

- Thursday 30th July, 1-3pm at Brio Northgate Arena, CH2 2AU [Book Here](#)
- Thursday 6th August, 1-3pm at Brio Northgate Arena, CH2 2AU [Book Here](#)
- Thursday 13th August, 1-3pm at Brio Northgate Arena, CH2 2AU [Book Here](#)
- Thursday 20th August, 1-3pm at Brio Northgate Arena, CH2 2AU [Book Here](#)

Mindfulness Movement (8-17 years old)

- Wednesday 29th July, 1-2pm at Queens Park High School, CH4 7AE [Book Here](#)
- Wednesday 5th August, 1-2pm at Queens Park High School, CH4 7AE [Book Here](#)
- Wednesday 12th August, 1-2pm at Queens Park High School, CH4 7AE [Book Here](#)
- Friday 14th August, 1-2pm at Queens Park High School, CH4 7AE [Book Here](#)

ELLESMERE PORT:

Teen Event - Mini Golf at Paradise Island Adventure Golf (12-18 years)

Thursday 20th August, 6-7.30pm at Paradise Island, CH65 9HD [Book Here](#)

NORTHWICH:

Teen Event - Pizza Making (12-18 years)

Wednesday 5th August, 12-2pm at Wildwood Northwich, CW9 5FT [Book Here](#)

Teen Event - Spider-Man: Brand New Day (12-18 years)

Monday 10th August, time tbc, at Northwich Odeon Cinema, CW9 5FT [Book Here](#)

WARRINGTON:

Climbing Club (7-17 years old)

- Wednesday 5th August, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE [Book Here](#)
- Wednesday 19th August, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE [Book Here](#)

WIDNES:

Anti Gravity Yoga (6-18 years old)

Sunday 9th August, 1.30-2.15pm at Martial Arts Centre, WA8 0GZ [Book Here](#)

Activities for Families

These activities are for the whole family, including siblings.

CHESTER

Dance Club (6-16 years old)

- Thursday 30th July, 1-3pm at Brio Northgate Arena, CH2 2AU [Book Here](#)
- Thursday 6th August, 1-3pm at Brio Northgate Arena, CH2 2AU [Book Here](#)
- Thursday 13th August, 1-3pm at Brio Northgate Arena, CH2 2AU [Book Here](#)
- Thursday 20th August, 1-3pm at Brio Northgate Arena, CH2 2AU [Book Here](#)

Mindfulness Movement (8-17 years old)

- Wednesday 29th July, 1-2pm at Queens Park High School, CH4 7AE [Book Here](#)
- Wednesday 5th August, 1-2pm at Queens Park High School, CH4 7AE [Book Here](#)
- Wednesday 12th August, 1-2pm at Queens Park High School, CH4 7AE [Book Here](#)
- Friday 14th August, 1-2pm at Queens Park High School, CH4 7AE [Book Here](#)

Multi Sports

- Saturday 8th August, 3-4pm at Brio Northgate, CH2 2AU [Book Here](#)

Swim Session

- Saturday 8th August, 4.15-5.30pm at Brio Northgate, CH2 2AU [Book Here](#)

ELLESMERE PORT

Hayrack Farm with BBQ (hot dog and fries) Thursday 27th August, 4-6pm at Hayrack Farm, CH2 4HU [Book Here](#)

Multi Sports

- Tuesday 4th August, 3-4pm at Ellesmere Port Sports Village, CH65 9LB [Book Here](#)
- Tuesday 11th August, 3-4pm at Ellesmere Port Sports Village, CH65 9LB [Book Here](#)
- Tuesday 18th August, 3-4pm at Ellesmere Port Sports Village, CH65 9LB [Book Here](#)
- Tuesday 25th August, 3-4pm at Ellesmere Port Sports Village, CH65 9LB [Book Here](#)

NORTHWICH

Swim Session

Saturday 1st August, 4-5pm at Memorial Court Northwich, CW9 5QJ [Book Here](#)

WINSFORD

Urban Air Trampoline Park

- Thursday 13th August at Urban Air Trampoline Park, CW7 3RL 5-6pm (all ages allowed) [Book Here](#)
- Wednesday 26th August at Urban Air Trampoline Park, CW7 3RL 5-6pm (under 10 years old) [Book Here](#)
6-7pm (11-18 years old) [Book Here](#)

Activities for Parents/Carers

APS Wellbeing & Connection Day

Saturday 8th August, 10am-3pm

Join us for a relaxing and uplifting Wellbeing & Connection Day, open to all adults. This special event is designed to give parents and carers the chance to unwind, recharge, and spend time with likeminded peers in a calm and welcoming environment.

Throughout the day, you'll be able to take part in a variety of wellbeing activities, enjoy meaningful conversations, and connect with others who understand the challenges and joys of caring.

Whether you're looking for a peaceful moment to yourself or a chance to meet new people, the day offers something for everyone.

A complimentary lunch will be provided, giving you even more time to relax and enjoy the experience.

We'd love for you to join us for a day focused on rest, connection, and community.

Full day £12.50 | Half day (Morning or Afternoon) £7

[Book Here](#)

NORTHWICH:

Creative Company at APS Room, Sension House, CW9 7LU

- Monday 3rd August, 12-2pm at APS Room, Sension House, CW9 7LU [**Book Here**](#)
- Monday 10th August, 12-2pm at APS Room, Sension House, CW9 7LU [**Book Here**](#)
- Monday 17th August, 12-2pm at APS Room, Sension House, CW9 7LU [**Book Here**](#)
- Monday 24th August, 12-2pm at APS Room, Sension House, CW9 7LU [**Book Here**](#)

Need More Help?

Contact Our Team

To make initial contact with staff, please use:

info@autismpracticalsupport.org.uk

and your email will be forwarded to the relevant person.

Lisa- Business Support & Support Advisor

For Advice, Signposting and Support, Halton & Warrington Post-diagnostic support, Café and everything else admin

T: 0344 850 8607



Caron - Support Advisor

For Advice, Signposting, Parent Empowerment & Support



Abigail- Mental Health and Wellbeing Lead

For information on Counselling and Mental Health & Wellbeing sessions



Emily- Schools and Families Lead

For Schools & Family advice, Signposting & Support



Chloe - Activities and Fundraising Manager

For Activities, Room Bookings, Fundraising and Strategic Leader

T: 07491 001360



Emma - Head of Service

For Safeguarding, Strategic Planning, Governance, Funding and Ops Management



Please note we take every precaution to ensure the information we share is accurate, but the information we signpost is not a recommendation from APS (unless stated) and parents should do their own research about organisations and events signposted in our Newsletter. Professional colleagues who wish to opt out from receiving this Newsletter should reply to this email with unsubscribe as the message subject.