



October 2025 Activity Bookings (For Members Only)

Activities for Children and Young Adults

- These activities are for autistic children and young adults only
- Activities listed in alphabetical order by location/town

ChAPS Kids' and Youth Clubs:

For all Kids' and Youth Clubs, please fill out the interest form below:

Kids and Youth Club Form (One Form Per Child Please)

CHESTER

Kids Club (7-11 years old)

Monday 13th October, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL
Monday 27th October, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL

Youth Club (11-17 years old)

Monday 6th October, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL
Monday 20th October, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL

ELLESMERE PORT

Kids Club (7-11 years old)

Tuesday 21st October, 6-7.30pm at Theatre Porto, CH65 6QY

Youth Club (10-17 years old)

Thursday 9th October, 6-7.30pm at Theatre Porto, CH65 6QY

NORTHWICH:

Kids Club (7-11 years old)

- Monday 6th October, 5-6.30pm at ChAPS Room, Sension House, CW9 7LU
- Monday 20th October, 5-6.30pm at ChAPS Room, Sension House, CW9 7LU

Youth Club (11-17 years old)

- Monday 13th October, 5-6.30pm at ChAPS Room, Sension House, CW9 7LU
- Monday 27th October, 5-6.30pm at ChAPS Room, Sension House, CW9 7LU

Activities for Children and Young People:

BRIDGE TRAFFORD

Animal Therapy (4-18 years old)

- Sunday 19th October, 12.30-4.30pm at Freedom Equine, CH2 4JT

Please email chloe.carter@cheshireautism.org.uk by Friday 10th October at 5pm to register your interest.

Home Education Animal Therapy (4– 18 years old)

- Wednesday 1st October, 10.30-11.15am at Freedom Equine, CH2 4JT

Please email chloe.carter@cheshireautism.org.uk by Tuesday 30th September at 4pm to register your interest.

WARRINGTON

Climbing Club (7-17 years old)

- Wednesday 8th October, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE

[Book On Here](#)

- Wednesday 22nd October, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE

[Book on Here](#)

WIDNES:

Anti-Gravity Yoga (6-18 years old)

- Sunday 12th October, 1.30-2.15pm at Martial Arts Centre, WA8 0GZ

[Book on Here](#)

Wellbeing Sessions

NORTHWICH

Children's Group (6-11 years old)

- Every Tuesday for 6 weeks from Tuesday 7th October, 4.30-5.15pm at ChAPS Rooms, Sension House, CW9 7LU

Teen's Group (12-17 years old)

- Every Tuesday for 6 weeks from Tuesday 7th October, 5.30-6.30pm at ChAPS Rooms, Sension House, CW9 7LU

[Booking Form - Northwich Wellbeing Sessions](#)

ELLESMERE PORT

Children's Group (6-11 years old)

- Every Thursday for 6 weeks from Thursday 25th September, 4.30-5.15pm at Theatre Porto, CH65 6QY

Teen's Group (12-17 years old)

- Every Thursday for 6 weeks from Thursday 25th September, 5.30-6.30pm at Theatre Porto, CH65 6QY

[Booking Form - Ellesmere Port Wellbeing Sessions](#)

October Half Term Activities:

HOLIDAY CLUB

Chester Holiday Club (7-17 years old)

- Wednesday 29th October, 9.30am—either 1pm or 4pm at St Mary's Handbridge Centre, CH4 7HL

[Book Here](#)

Northwich Holiday Club (7-17 years old)

- Thursday 30th October, 9.30am– either 1pm or 4pm at ChAPS Rooms, Sension House, CW9 7LU

[Book Here](#)

TEEN EVENT

Mini Golf at Paradise Island Adventure Golf (13-18 years old)

- Tuesday 28th October, 6-7.30pm at Coliseum Leisure Park, Ellesmere Port, CH65 9HD

[Book Here](#)

HALLOWEEN EVENT

No Mask Halloween Drop In

- Friday 31st October, 1-4pm at ChAPS Rooms, Sension House, CW9 7LU
- No need to book, however if you would like to book a space, please click on the link below:

[Book Here \(Optional\)](#)

Activities for Families

**These activities are for the whole family, including siblings.
(Activities listed in alphabetical order by location/town)**

CHESTER

Hocus Pocus Relaxed Film Screening

- Monday 27th October, 6-8pm at Storyhouse, CH1 2AR

[Book Here](#)

Zippy's Playworld

- Wednesday 1st October, 9.30-11.30am at Zippy's Playworld, CH2 2AN

[Book Here](#)

ELLESMERE PORT

Multi Sports

- Saturday 25th October, 3.30-4.30pm at Ellesmere Port Sports Village, CH65 9LB

[Book Here](#)

Swim Sessions

- Saturday 11th October, 3.15-4.15pm at Ellesmere Port Sports Village, CH65 9LB

[Book Here](#)

- Saturday 25th October, 4.45-5.45pm at Ellesmere Port Sports Village, CH65 9LB

[Book Here](#)

NORTHWICH

Swim Session

- Saturday 4th October, 4-5pm at Memorial Court Northwich, CW9 5QJ

[Book Here](#)

RUNCORN:

Swim Session

- Saturday 18th October, 4.45-5.45pm at Beechwood Community Centre, WA7 2PZ

[Book Here](#)

WINSFORD:

Urban Air Trampoline Park CW7 3RL:

- Tuesday 14th October 5pm-6pm (under 10 years old) [Book Here](#)
6pm-7pm (11-18 years old) [Book Here](#)
- Wednesday 22nd October 5pm -6pm (under 10 years old) [Book Here](#)
6pm-7pm (11-18 years old) [Book Here](#)

Activities for Parents/Carers

Activities listed in alphabetical order by location/town

CHESTER

My Time

- Saturday 18th October, 10am-12.30pm at St Mary's Handbridge Centre, CH4 7HL

[Book Here](#)

Parents' Meet

- Wednesday 22nd October, 9.30-11am at St Mary's Handbridge Centre, CH4 7HL

[Book Here](#)

Yoga with Laura

- Monday 6th October, 1.15-2.15pm at St Mary's Handbridge Centre, CH4 7HL

[Book Here](#)

Zippy's Playworld

- Wednesday 1st October, 9.30-11.30am at Zippy's Playworld, CH2 2AN

[Book Here](#)

ELLESMERE PORT

Parents' Meet

- Thursday 9th October, 7.45-9pm at Theatre Porto, CH65 6QY

[Book Here](#)

KNUTSFORD

Parents' of Adults Meet

- Friday 31st October, 11am-1pm, at Curzon Knutsford, WA16 OPE

[Book Here](#)

NORTHWICH

Crafty Club

- Friday 10th October, 1-2.30pm at ChAPS Rooms, Sension House, CW9 7LU

[Book Here](#)

- Monday 20th October, 1-2.30pm at ChAPS Rooms, Sension House, CW9 7LU

[Book Here](#)

Mindfulness Movement

- Wednesday 22nd October, 6-7pm at ChAPS Room, Sension House, CW9 7LU

[Book Here](#)

My Time

- Saturday 11th October, 10am-12.30pm at ChAPS Room, Sension House, CW9 7LU

[Book Here](#)

Parents' & Adults Walk Delamere Forest

- Friday 10th October, 11.45am-1pm at Delamere Forest, CW8 2HZ

[Book Here](#)

Parents' Meet

- Tuesday 28th October, 7.30-8.45pm at ChAPS Room, Sension House, CW9 7LU

[Book Here](#)

Yoga for Adults

- Thursday 23rd October, 1.30-2.30pm at ChAPS Room, Sension House, CW9 7UL

[Book Here](#)

Need More Help?

To make initial contact with staff, please use info@cheshireautism.org.uk and your email will be forwarded to the relevant person.

Ruth - Business Support

For Attention Cards, Gift Aid, Child Registration Forms and everything else admin

T: 03448508607



Lisa- Business Support & Support Advisor

For Advice, Signposting and Support, Halton & Warrington Post-diagnostic support, Café and everything else admin

T: 0344 850 8607



Caron - Support Advisor

For Advice, Signposting & Support



Abigail- Mental Health and Wellbeing Lead

For information on Counselling and Mental Health & Wellbeing sessions



Emily- Schools and Families Lead

For Schools & Family advice, Signposting & Support



Chloe - Activities and Fundraising Manager

For Activities, Room Bookings at The Ark, Fundraising and Strategic Leader

T: 07491 001360



Emma - Head of Service

For Safeguarding, Strategic Planning, Governance, Funding and Ops Management



Please note we take every precaution to ensure the information we share is accurate, but the information we signpost is not a recommendation from ChAPS (unless stated) and parents should do their own research about organisations and events signposted in our Newsletter. Professional colleagues who wish to opt out from receiving this Newsletter should reply to this email with unsubscribe as the message subject.