

November and December Activity Bookings (For Members Only)

Activities for Autistic Adults

Activities listed in alphabetical order by location/town

NORTHWICH

Creative Company at APS Room, Sension House, CW9 7LU

October/November

- Monday 19th October, 12-2pm [Book Here](#)
- Monday 2nd November, 12-2pm [Book Here](#)
- Monday 9th November, 12-2pm [Book Here](#)
- Monday 16th November, 12-2pm [Book Here](#)
- Monday 23rd November, 12-2pm [Book Here](#)
- Monday 30th November, 12-2pm [Book Here](#)

December

- Monday 7th December, 12-2pm [Book Here](#)
- Festive Creative Company Monday 14th December, 12-2pm [Book Here](#)

Drop Ins at APS Room, Sension House, CW9 7LU

For Socialisation - Every Monday morning, 10am-12pm

For Support - Every Thursday morning, 10am-12pm

Spectrum Connect Northwich at APS Room, Sension House, CW9 7LU

- Tuesday 20th October, 7-8.30pm [Book Here](#)
- Tuesday 17th November, 7-8.30pm [Book Here](#)

Christmas Spectrum Connect Northwich at Clock Tower, Northwich, CW9 5NF

- Tuesday 15th December, 7-8.30pm [Book Here](#)

WARRINGTON

Adults' Meet Warrington at The Oaks Centre, WA5 2QS

October/November

- Wednesday 14th October, 12-1.30pm [Book Here](#)
- Wednesday 21st October, 12-1.30pm [Book Here](#)
- Wednesday 28th October, 12-1.30pm [Book Here](#)
- Wednesday 4th November, 12-1.30pm [Book Here](#)
- Wednesday 11th November, 12-1.30pm [Book Here](#)
- Wednesday 18th November, 12-1.30pm [Book Here](#)
- Wednesday 25th November, 12-1.30pm [Book Here](#)

December

Wednesday 2nd December, 12-1.30pm [Book Here](#)

Wednesday 9th December, 12-1.30pm [Book Here](#)

Wednesday 16th December, 12-1.30pm [Book Here](#)

Community Lounge

An exciting new opportunity from Petty Pool in the Community!

Looking for a welcoming place to socialise and connect with others? Join Community Lounge and enjoy time with new friends in a friendly, supportive environment.

The sessions are open to adults from the local community who are neurodiverse, with attendees able to participate independently or attend with their own support if required.

The sessions are free to attend (booking is essential) and rotate weekly between Northwich, Ellesmere Port, and Warrington,

To view all upcoming dates and to book: [Click Here](#)

Activities for Parents/Carers

KNUTSFORD

Parents' of Adults' Meet at Curzon Knutsford, WA16 OPE

Friday 13th November, 11am-1pm [Book Here](#)

NORTHWICH

Creative Company at APS Room, Sension House, CW9 7LU

October/November

- Monday 19th October, 12-2pm [Book Here](#)
- Monday 2nd November, 12-2pm [Book Here](#)
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- Monday 16th November, 12-2pm [Book Here](#)
- Monday 23rd November, 12-2pm [Book Here](#)
- Monday 30th November, 12-2pm [Book Here](#)

December

- Monday 7th December, 12-2pm [Book Here](#)
- **Festive Creative Company** Monday 14th December, 12-2pm [Book Here](#)

Parents' & Adults' Walk Delamere Forest

- Friday 16th October, 11.45am-2pm at Delamere Forest, CW8 2HZ [Book Here](#)

Drop-in Sessions at APS Room, Sension House, CW9 7LU

- Every Thursday morning, 10am-12pm

Online Sessions: 1:1 Support

Please email info@autismpracticalsupport.org.uk to book a 1:1 Support session with one of our Support Team. The session can be online, over the phone or face-to-face at APS Sension House, CW9 7LU.

Need More Help?

Contact Our Team

To make initial contact with staff, please use: info@autismpracticalsupport.org.uk and your email will be forwarded to the relevant person.

Caron - Support Advisor

For Advice, Signposting, Parent Empowerment & Support



Lisa- Business Support & Support Advisor

For Advice, Signposting and Support, Halton & Warrington Post-diagnostic support and everything else admin!



Chloe - Activities and Fundraising Manager

For Activities, Room Bookings, Fundraising and Strategic Leader



Emma - Head of Service

For Safeguarding, Governance, Funding and Ops Management



Please note we take every precaution to ensure the information we share is accurate, but the information we signpost is not a recommendation from APS (unless stated) and parents should do their own research about organisations and events signposted in our Newsletter. Professional colleagues who wish to opt out from receiving this Newsletter should reply to this email with unsubscribe as the message subject.