

## June Activity Bookings (For Members Only)

### Activities for Children and Young Adults

- These activities are for autistic children and young adults only
- Activities listed in alphabetical order by location/town

### APS Kids' and Youth Clubs:

For all Kids' and Youth Clubs, please fill out the attached interest form. Please fill out **one form per child**.

#### [APS Children Club Registration form - June 2026](#)

#### **CHESTER:**

##### **KidConnect (7-11 years old) at SPACE Cheshire, CH2 2AN**

- Friday 5<sup>th</sup> June, 4.30-5.45pm
- Friday 12<sup>th</sup> June, 4.30-5.45pm
- Friday 19<sup>th</sup> June, 4.30-5.45pm
- Friday 26<sup>th</sup> June, 4.30-5.45pm

##### **The Zone (11-15 years old) & Vibe Tribe (16-18 years old) at SPACE Cheshire, CH2 2AN**

- Friday 5<sup>th</sup> June, 6-7.15pm
- Friday 12<sup>th</sup> June, 6-7.15pm
- Friday 19<sup>th</sup> June, 6-7.15pm
- Friday 26<sup>th</sup> June, 6-7.15pm

##### **All Ages Club (7-17 years old) at SPACE Cheshire, CH2 2AN**

- Tuesday 2<sup>nd</sup> June, 6-7.30pm
- Tuesday 16<sup>th</sup> June, 6-7.30pm

## **ELLESMERE PORT:**

### **Kids Club (7-11 years old) at Theatre Porto, CH65 6QY**

- Thursday 11<sup>th</sup> June, 6-7.30pm
- Thursday 25<sup>th</sup> June, 6-7.30pm

### **Youth Club (10-17 years old) at Theatre Porto, CH65 6QY**

- Thursday 11<sup>th</sup> June, 6-7.30pm
- Thursday 25<sup>th</sup> June, 6-7.30pm

## **NORTHWICH**

### **KidConnect (7-11 years old) at APS Room, Sension House, CW9 7LU**

- Monday 1<sup>st</sup> June, 5-6.15pm
- Monday 8<sup>th</sup> June, 5-6.15pm
- Monday 15<sup>th</sup> June, 5-6.15pm
- Monday 22<sup>nd</sup> June, 5-6.15pm
- Monday 29<sup>th</sup> June, 5-6.15pm

### **The Zone (11-15 years old) at APS Room, Sension House, CW9 7LU**

- Tuesday 2<sup>nd</sup> June, 5-6.30pm
- Tuesday 9<sup>th</sup> June, 5-6.30pm
- Tuesday 16<sup>th</sup> June, 5-6.30pm
- Tuesday 23<sup>rd</sup> June, 5-6.30pm
- Tuesday 30<sup>th</sup> June, 5-6.30pm

### **Vibe Tribe (16-18 years old) at APS Room, Sension House, CW9 7LU**

- Monday 1<sup>st</sup> June, 6.30-8pm
- Monday 8<sup>th</sup> June, 6.30-8pm
- Monday 15<sup>th</sup> June, 6.30-8pm
- Monday 22<sup>nd</sup> June, 6.30-8pm
- Monday 29<sup>th</sup> June, 6.30-8pm

# Activities

## CHESTER

### Mindfulness Movement (8-16 years old)

- Tuesday 9<sup>th</sup> June, 4-5pm at Hoole Community Centre, CH2 3AP [Book here](#)
- Tuesday 23<sup>rd</sup> June, 4-5pm, Hoole Community Centre, CH2 3AP [Book Here](#)

### Teen Independence and Living Skills Course (13-18 years old)

- Every Wednesday evening starting from Wednesday 6<sup>th</sup> May until Wednesday 17<sup>th</sup> June, 6.15-8.15pm [Book Here](#)

## NORTHWICH

### Teen Independence and Living Skills Course (13-18 years old)

- Every Thursday evening starting from Thursday 7<sup>th</sup> May until Thursday 18<sup>th</sup> June, 6.15-8.15pm at APS Sension House, CW9 7LU [Book Here](#)

## WARRINGTON

### Climbing Club (7-17 years old)

- Wednesday 3<sup>rd</sup> June, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE [Book Here](#)
- Wednesday 17<sup>th</sup> June, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE [Book Here](#)

## WIDNES

### Anti-Gravity Yoga (6-18 years old)

- Sunday 14<sup>th</sup> June, 1.30-2.15pm at Martial Arts Centre, WA8 0GZ [Book Here](#)

## Activities for Families

These activities are for the whole family, including siblings.  
(Activities listed in alphabetical order by location/town)

### CHESTER:

#### Super Mario Galaxy Movie Relaxed Screening

· Monday 25<sup>th</sup> May, 6-7.40pm at Storyhouse, CH1 2AR [Book Here](#)

### ELLESMERE PORT:

#### Multi Sports

Saturday 13<sup>th</sup> June, 3.30-4.30pm at Ellesmere Port Sports Village, CH65 9LB  
[Book Here](#)

#### Swim Session

· Saturday 13<sup>th</sup> June, 4.45-5.45pm at Ellesmere Port Sports Village, CH65 9LB  
[Book Here](#)

### NORTHWICH:

#### Swim Session

· Saturday 6<sup>th</sup> June, 4-5pm at Memorial Court Northwich, CW9 5QJ [Book Here](#)

#### Witton Chimes Fundraiser

· Friday 8<sup>th</sup> May, 5.30pm onwards (Children allowed until 8pm) at Witton Chimes, CW9 5NW Free tickets: [Book Here](#)

## **NANTWICH:**

### **Circus Starr**

- Monday 1st June, Doors open at 6.30 at Nantwich Civic Hall, CW5 5DG  
[Free Tickets - Book Here](#)

## **RUNCORN:**

### **Swim Session**

- Saturday 16<sup>th</sup> May, 4.45-5.45pm at Beechwood Community Centre, WA7 2PZ  
[Book Here](#)

### **Tubing at Runcorn Ski**

- Thursday 28<sup>th</sup> May, 11am-1pm at Runcorn Ski Centre, WA7 6PT [Book Here](#)

## **WINSFORD:**

### **Urban Air Trampoline Park**

- Thursday 11<sup>th</sup> June at Urban Air Trampoline Park, CW7 3RL 5-6pm (all ages allowed)  
[Book Here](#)
- Wednesday 24<sup>th</sup> June at Urban Air Trampoline Park, CW7 3RL  
5-6pm (under 10 years old) [Book Here](#)  
6-7pm (11-18 years old) [Book Here](#)

## Activities for Parents/Carers

Activities listed in alphabetical order by location/town

### KNUTSFORD

#### Parents' of Adults Meet

- Friday 19<sup>th</sup> June, 11am-1pm, at Curzon Knutsford, WA16 OPE [Book Here](#)

### NORTHWICH:

#### Creative Company

- Monday 1<sup>st</sup> June, 12-2pm at APS Room, Sension House, CW9 7LU [Book Here](#)
- Monday 8<sup>th</sup> June, 12-2pm at APS Room, Sension House, CW9 7LU [Book Here](#)
- Thursday 18<sup>th</sup> June, 12-2pm at APS Room, Sension House, CW9 7LU [Book Here](#)
- Monday 22<sup>nd</sup> June, 12-2pm at APS Room, Sension House, CW9 7LU [Book Here](#)
- Monday 29<sup>th</sup> June, 12-2pm at APS Room, Sension House, CW97LU [Book Here](#)

#### Parents' & Adults Walk Delamere Forest

- Friday 26<sup>th</sup> June, 11.45am-1pm at Delamere Forest, CW8 2HZ [Book Here](#)

#### Yoga

- Thursday 25<sup>th</sup> June, 1.30-2.30pm at APS Room, Sension House, CW9 7LU [Book Here](#)

## PARENTS' MEET

### CHESTER

- Thursday 18<sup>th</sup> June, 9.30am-11am at SPACE Cheshire, CH2 2AN [Book Here](#)

## ELLESMERE PORT

· Friday 12<sup>th</sup> June, 10am-12pm at Ground Up Café, Theatre Porto, CH65 6QY

[Book Here](#)

## NORTHWICH

· Tuesday 9<sup>th</sup> June, 5-6.30pm at APS Sension House, CW9 7LU [Book Here](#)

## DROP-IN SESSIONS:

### NORTHWICH

#### Drop In:

- Every Monday morning, 10am-12pm at APS Room, Sension House, CW9 7LU
- Every Thursday morning, 10am-12pm at APS Room, Sension House, CW9 7LU

### RUNCORN

#### Drop-In:

- Every Tuesday afternoon, 12-12.30pm at Community Shop, Runcorn, WA7 2FS

## ONLINE SESSIONS: 1:1 Support

Please email [info@autismpracticalsupport.org.uk](mailto:info@autismpracticalsupport.org.uk) to book a 1:1 Support session with one of our Support Team. The session can be online, over the phone or face-to-face at APS Sension House, CW9 7LU.

# Need More Help?

## Contact Our Team

To make initial contact with staff, please use:

[info@autismpracticalsupport.org.uk](mailto:info@autismpracticalsupport.org.uk)

and your email will be forwarded to the relevant person.

### Lisa- Business Support & Support Advisor

For Advice, Signposting and Support, Halton & Warrington Post-diagnostic support, Café and everything else admin

T: 0344 850 8607



### Caron - Support Advisor

For Advice, Signposting, Parent Empowerment & Support



### Abigail- Mental Health and Wellbeing Lead

For information on Counselling and Mental Health & Wellbeing sessions



### Emily- Schools and Families Lead

For Schools & Family advice, Signposting & Support



### Chloe - Activities and Fundraising Manager

For Activities, Room Bookings, Fundraising and Strategic Leader

T: 07491 001360



### Emma - Head of Service

For Safeguarding, Strategic Planning, Governance, Funding and Ops Management



Please note we take every precaution to ensure the information we share is accurate, but the information we signpost is not a recommendation from APS (unless stated) and parents should do their own research about organisations and events signposted in our Newsletter. Professional colleagues who wish to opt out from receiving this Newsletter should reply to this email with unsubscribe as the message subject.