

JUNE

NEWSLETTER



Dear APS Members,

We hope you all had a lovely bank holiday weekend and are enjoying the sunshine!

We wanted to share an important update about how our activity bookings will work moving forward. Following feedback from members who have been struggling to secure places in sessions, we're making a change to make the process fairer for everyone and help avoid disappointment.

From now on, **all activities will be released at the same time.**

We'll always confirm the exact release date in both our Facebook group and our newsletter, so please keep an eye out for updates.

Our July Bookings will go live at 9am on 27th May (tomorrow morning!)

If you don't receive the email at 9am, please don't worry. Simply head straight to the relevant page on our website to book, as sometimes emails can be filtered into spam folders. The website pages will also be updated at 9am too.

[Children and Families Page](#)

[Adult Membership Page](#)

The release will include all July activities and also a reminder of June sessions, with the opportunity to book onto any that still have availability. We hope this new system gives everyone a fairer chance to access our activities

Thank you so much for your understanding and continued support.

Ellesmere Port Multi Sports & Swim Sessions Moving to Northgate Arena

At the start of this year, we were approached about relocating our Ellesmere Port bookings to the newly refurbished Northgate Arena, Chester. Now that the centre has officially reopened and following the positive feedback shared in our 2026 survey, we are pleased to confirm that our new sessions will begin on 11th July.



Our Multi Sports session will run from 3:00–4:00pm, followed by our Family Swim session from 4:15–5:30pm, taking place on the second Saturday of every month.

We're looking forward to welcoming you to this fantastic new venue. Booking opens tomorrow at 9am alongside all other activities.

Summer Holiday Activities

We are currently finalising our Summer Holiday activity plans, with the full newsletter due to be released to Families on **Monday 15th June.**

This year, APS will offer two holiday clubs: one delivered with Venturewood at Delamere Forest on Mondays and Tuesdays, and another based at APS Sension House on Thursdays and Fridays.

Both clubs will be Northwich-based, but we want to ensure families in Chester and Ellesmere Port can still take part. If you'd like your child to attend and need transport support, please [**CLICK HERE**](#) to register your interest so we can explore possible options.

Alongside the holiday clubs, we'll also be running a wide range of family, teen, and adult activities throughout the summer.



World Cup Sweepstake

With the excitement building for the 2026 World Cup, we're launching our very own World Cup Sweepstake and we'd love you to take part. Whether you're a football fanatic or just enjoy a bit of friendly competition, this is a fun way to get involved and cheer on your allocated team throughout the tournament.



Entries are £3 per team. The winner will receive £48 and will be contacted after the final match on 19th July. All proceeds will go directly to Autism Practical Support. Spaces are limited so secure your spot before the 11th June.

[**Buy Your Tickets Here**](#)

Let the games begin and may the best team win!

Sensory Processing with SPOTSS sessions

We're pleased to be offering two online SPOTSS sessions in June and July. SPOTSS (Sensory Processing Occupational Therapy Support Service) is a specialist NHS-funded team working across Cheshire West and Chester and Cheshire East, supporting the adults around autistic children with sensory processing differences that impact daily life.

Dates:

- Tuesday 9th June, 5.30–7.30pm [**Book Here**](#)
- Monday 6th July, 9.30–11.30am [**Book Here**](#)

These sessions offer practical strategies and insights to help parents and carers better support their child's sensory needs. Click on the links above to book your place.



Mid Cheshire Charity Scooter Rally & Beer Festival

We are thrilled to share that Autism Practical Support has been chosen as the nominated charity for this year's Mid Cheshire Charity Scooter Rally and Beer Festival, hosted by the Northwich Rotary Club.



The event will take place on Friday 31st July and Saturday 1st August, and promises to be a fantastic weekend of community fun. For full event details, please [CLICK HERE](#)

We Need Volunteers!

As part of being the nominated charity, we are looking for volunteers to support the event across both days with a variety of tasks. If you are able to help, even for just an hour, we would be incredibly grateful. Please contact our team on info@autismpracticalsupport.co.uk. Your support will make a real difference.

Thanks for Your Support

Your membership already helps us make a real difference, thank you. If you'd like to support us further, you can donate or get involved in fundraising.

[Donate](#)

[Fundraise](#)

It doesn't cost anything to help. You can raise awareness by sharing our posts, talking about APS, and spreading the word which will help us reach even more families.



Autism Practical Support

0344 850 8607

Sension House, Denton
Drive, Northwich,
Cheshire, CW9 7LU

**[info@autismpractical
support.org.uk](mailto:info@autismpracticalsupport.org.uk)**