

JANUARY

NEWSLETTER



Happy 2026 - Hope you had a lovely Christmas and New Year!



Our New Chester Premises!

We are happy to announce we are opening a brand new premises in Chester. Having our own dedicated space is extremely exciting for us and offers a wealth of opportunities for our members.

Our Chester members were consulted in December about the change and have helped pick our new venue. We are finalising all the arrangements and will be in touch soon to share more details.

Please note that due to this change, all activities in Chester will be on a temporary pause until we have confirmed move in dates, etc.

Changes to Kids' and Youth Clubs in Chester & Northwich

As part of our continued commitment to offering meaningful, fun, and supportive opportunities for children, teens, and young people, we're delighted to share some exciting changes coming to our clubs in 2026



From January, our clubs in Northwich and Chester will be delivered weekly, giving members more consistency, more connection and more chances to build confidence and independence.

Our new club structure will include:

KidConnect (ages 7–10)

KidConnect will follow the same structure as our current Kids' Club — a space filled with fun, socialisation, creativity, and the chance to simply be a kid. Activities will continue to focus on building friendships, confidence, and playful exploration.

The Zone (ages 11–15)

The Zone will offer a safe, relaxed environment for our teens to explore creativity, build friendships, and enjoy time together. We're also adding a video game station to support social play and shared interests.

Vibe Tribe (ages 16–18)

Vibe Tribe will be entirely member-led, giving young people full ownership of their club. Each month, members will choose their activities — anything from movie nights and quizzes to cooking sessions or trips out. This group is all about independence, choice, and shaping their own community.

Dates for Northwich Clubs:

KidConnect **every Monday** 5-6.15pm at APS Sension House

The Zone **every Tuesday** 5-6.30pm at APS Sension House

Vibe Tribe **every Monday** 6.30-8pm at APS Sension House

Dates for Chester Clubs will be provided soon.

Across all clubs, our aim remains the same: to enhance opportunities for socialisation, independence, and confidence, while creating spaces where every member feels welcomed, supported, and able to thrive.

We're incredibly excited about these developments and look forward to seeing the positive impact they will have on our community

Changes to Activities for 2026

There are a few changes to our regular activity schedule for 2026:

- Climbing Club will now run on the **1st and 3rd Wednesday of each month, beginning Wednesday 21st January.**
- At Urban Air Trampoline Park, we will now offer **one Thursday session only, open to all ages.** The first session will take place on Thursday 15th January. **The Wednesday sessions will remain the same.**
- Due to an event at Ellesmere Port Sports Village, **Multi Sports will pause until April 2026.** From January onwards, we will offer one Multi Sports and Swim session per month in Ellesmere Port.
- We will also be offering an **online parents' meet in January**, open to any members who would like to join.

Fundraise for APS!

Are you planning any sponsored events this year—maybe a run, a walk, or a personal challenge? If so, we'd love for you to support Autism Practical Support (APS)! Every penny raised helps us deliver vital services and create opportunities for autistic individuals and their families.

We've created a Fundraising Pack with everything you need to get started 🖱️ [Download Here](#)

Did you know you can raise money for APS just by shopping online? We're registered with easyfundraising, a free service where brands donate every time you shop at their stores—at no cost to you!

🖱️ [Join easyfundraising today](#) and start making a difference with every purchase!



Autism Practical Support

0344 850 8607

Sension House, Denton
Drive, Northwich,
Cheshire, CW9 7LU

info@cheshireautism.org.uk