



December 2025 Activity Bookings (For Members Only)

Activities for Children and Young Adults

- These activities are for autistic children and young adults only
- Activities listed in alphabetical order by location/town

APS Kids' and Youth Clubs:

Invitations to our Christmas Kids' and Youth Clubs in December will be sent out via email. If you have any questions, please contact chloe.carter@cheshireautism.org.uk

CHESTER DATES

Kids Club (7-11 years old)

- **Monday 8th December**, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL

Youth Club (11-17 years old)

- **Monday 1st December**, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL

ELLESMERE PORT DATES

Kids Club (7-11 years old)

- **Tuesday 16th December**, 6-7.30pm at Theatre Porto, CH65 6QY

Youth Club (10-17 years old)

- **Thursday 11th December**, 6-7.30pm at Theatre Porto, CH65 6QY

NORTHWICH DATES

Kids Club (7-11 years old)

- **Monday 1st December** 5-6.30pm at APS Room, Sension House, CW9 7LU

Youth Club (11-17 years old)

- **Monday 8th December** 5-6.30pm at APS Room, Sension House, CW9 7LU

Activities for Children and Young People:

- These activities are for autistic children and young adults only
- Activities listed in alphabetical order by location/town

BRIDGE TRAFFORD

Animal Therapy (4-18 years old)

- **Sunday 7th December**, 12.30-4.30pm at Freedom Equine, CH2 4JT

Please email chloe.carter@cheshireautism.org.uk by Friday 28th November at 12pm to register your interest.

Home Education Animal Therapy (4- 18 years old)

- **Wednesday 3rd December**, 10.30-11.15am at Freedom Equine, CH2 4JT

Please email chloe.carter@cheshireautism.org.uk by Friday 28th November at 12pm to register your interest.

CHESTER

Teen Independence and Living Skills Course (13-18 years old)

- Every Tuesday evening starting **Tuesday 11th November until Tuesday 16th December**, 6.15-8.15pm at St Mary's Handbridge Centre, CH4 7HL

[Book Here](#)

NORTHWICH

Teen Independence and Living Skills Course (13-18 years old)

- Every Thursday evening starting from **Thursday 13th November until Thursday 18th December**, 6.15-8.15pm at APS Room, Sension House, CW9 7LU

[Book Here](#)

WARRINGTON

Climbing Club (7-17 years old)

- **Wednesday 10th December**, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE

[Book Here](#)

WIDNES

Anti-Gravity Yoga (6-18 years old)

- **Sunday 14th December**, 1.30-2.15pm at Martial Arts Centre, WA8 0GZ

[Book Here](#)

Activities for Families

These activities are for the whole family, including siblings.
(Activities listed in alphabetical order by location/town)

CHESTER

Wicked: For Good (Relaxed Screening)

- **Monday 15th December**, 5.30-8pm at Chester Storyhouse, CH1 2AR

[Book Here](#)

Zippy's Playworld

- **Wednesday 17th December**, 4-6pm at Zippy's Playworld, CH2 2AN

[Book Here](#)

ELLESMERE PORT

Multi Sports

- **Saturday 13th December**, 3.30-4.30pm at Ellesmere Port Sports Village, CH65 9LB

[Book Here](#)

Swim Session

- **Saturday 13th December**, 4.45-5.45pm at Ellesmere Port Sports Village, CH65 9LB

[Book Here](#)

NORTHWICH

Christmas Crafty Morning

- **Monday 22nd December**, 10am-12pm at APS Sension House, CW9 7LU

[Book Here](#)

Meet Santa

- **Saturday 20th December**, 10am-3pm at APS Sension House, CW9 7LU

[Book Here](#)

Swim Session

- **Saturday 6th December**, 4-5pm at Memorial Court Northwich, CW9 5QJ

[Book Here](#)

WINSFORD:

Urban Air Trampoline Park CW7 3RL:

- Tuesday 9th December **5pm-6pm (under 10 years old)** [Book Here](#)
6pm-7pm (11-18 years old) [Book Here](#)

- Wednesday 17th December **5pm -6pm (under 10 years old)** [Book Here](#)
6pm-7pm (11-18 years old) [Book Here](#)

Activities for Parents/Carers

Activities listed in alphabetical order by location/town

CHESTER

Holding the Space Mindfulness Course

Every Thursday afternoon starting from **Thursday 6th November until Thursday 4th December**, 1-3.30pm at St Mary's Handbridge Centre, CH4 7HL

[Book Here](#)

Pamper and Wellbeing Event

Friday 12th December, 10am-2pm at Village Hotels, St Davids Flintshire, CH5 3YB

[Book Here](#)

Parents' Meet

Wednesday 17th December, 9.30-11am at St Mary's Handbridge Centre, CH4 7HL

[Book Here](#)

ELLESMERE PORT

Parents' Meet

Thursday 11th December, 7.45-9pm at Theatre Porto, CH65 6QY

[Book Here](#)

KNUTSFORD

Parents' of Adults Meet (Including Christmas Meal)

Friday 12th December, 12am-2pm, at Red Lion, Pickmere, WA16 OJX

Please email carey.caveney@cheshireautism.org.uk to confirm booking and meal choice.

[Book Here](#)

NORTHWICH

Creative Company

Monday 1st December, 12-2pm at APS Room, Sension House, CW9 7LU

[Book Here](#)

Monday 8th December, 12-2pm at APS Room, Sension House, CW9 7LU

[Book Here](#)

Monday 15th December, 12-2pm at APS Room, Sension House, CW9 7LU

[Book Here](#)

Christmas Creative Company

Monday 22nd December, 12-2pm at APS Room, Sension House, CW9 7LU

[Book Here](#)

Holding the Space Mindfulness Course

• Every Tuesday evening starting from **Tuesday 4th November until Tuesday 2nd December**, 6.30-9pm at APS Room, Sension House, CW9 7LU

[Book Here](#)

Mindfulness Movement

Wednesday 17th December, 6-7pm at APS Room, Sension House, CW9 7LU

[Book Here](#)

Parents' Meet

Tuesday 16th December, 7.30-8.45pm at APS Room, Sension House, CW9 7LU

[Book Here](#)

Yoga for Adults

Thursday 18th December, 1.30-2.30pm at APS, Sension House, CW9 7LU

[Book Now](#)

Need More Help?

Contact Our Team

To make initial contact with staff, please use:
info@cheshireautism.org.uk and your email will be forwarded to the relevant person.

Lisa- Business Support & Support Advisor

For Advice, Signposting and Support, Halton & Warrington Post-diagnostic support, Café and everything else admin

T: 0344 850 8607



Caron - Support Advisor

For Advice, Signposting, Parent Empowerment & Support



Abigail- Mental Health and Wellbeing Lead

For information on Counselling and Mental Health & Wellbeing sessions



Emily- Schools and Families Lead

For Schools & Family advice, Signposting & Support



Chloe - Activities and Fundraising Manager

For Activities, Room Bookings, Fundraising and Strategic Leader
T: 07491 001360



Emma - Head of Service

For Safeguarding, Strategic Planning, Governance, Funding and Ops Management



Please note we take every precaution to ensure the information we share is accurate, but the information we signpost is not a recommendation from APS (unless stated) and parents should do their own research about organisations and events signposted in our Newsletter.

Professional colleagues who wish to opt out from receiving this Newsletter should reply to this email with unsubscribe as the message subject.