

## LITANY OF LET LOVE

*Father, good and ever-faithful.*

*Jesus, Savior ever-merciful.*

*Holy Spirit, well-spring of true life and love.*

*I give You permission.*

*Reign in my heart, mind, soul, and life.*

*Let Your Love come into my past, present and future.*

*Let Your Love unfold in me.*

### ***That I Let Love reveal who I am,***

God, in Whose Image I've been made, Father me.

That I Let Love define me,

God, in Whose Likeness I've been formed, shape me.

That I Let Love with courage and hope,

God, to Whose glory I've been called, be my strength.

### ***That I Let Love forgive me,***

Save me Lord Jesus.

That I Let Love love me to the depths of my being,

Save me Lord Jesus.

That I Let Love heal and glorify my wounds,

Save me Lord Jesus.

That I Let Love free me from sin,

Save me Lord Jesus.

That I Let Love liberate me from all my fears,

Save me Lord Jesus.

That I Let Love reconcile me to wholeness and peace,

Save me Lord Jesus.

### ***That I Let Love awaken me,***

Come Holy Spirit.

That I Let Love lead me in every moment,

Come Holy Spirit.

That I Let Love challenge me to live in and for love,  
Come Holy Spirit.

That I Let Love grow my mind, heart, and soul,  
Come Holy Spirit.

That I Let Love draw me to live in the truth,  
Come Holy Spirit.

That I Let Love transform me into the life of Christ,  
Come Holy Spirit.

That I Let Love fill me to overflowing,  
Come Holy Spirit.

That I Let Love captivate my heart,  
Come Holy Spirit.

That I Let Love live in me,  
Come Holy Spirit.

That I Let Love inspire me,  
Come Holy Spirit.

### ***That I Let Love cherish me,***

Father, hold me in Your Heart.

That I Let Love receive me,

Jesus, keep me in your wounds.

That I Let Love be my rock and security,  
Spirit, keep me in your peace.

### ***That I Let Love ask from me,***

Let Your will be done Father.

That I Let Love in,

Let Your Will be done Father.

That I Let Love live in me,

Let Your Will be done Father.

That I Let Love go,

Let Your Will be done Father.

That I Let Love give,

Let Your Will be done Father.

The "Litany of Let Love" is a prayer, particularly associated with the Sisters of Life, where the individual repeatedly asks God to "let love" permeate their life, essentially giving God permission to fully love and transform them, healing wounds, freeing them from fears, and allowing them to live authentically in the image of God through the power of divine love; it's a prayer focused on surrendering to God's love and allowing it to guide every aspect of one's being.

*Focus on surrender:*

actively invite God's love into your life, letting go of control, and allowing God to work within you.

*Transformation through love:*

seek to be transformed by God's love, allowing it to heal past hurts, liberate you from fears, and guide your actions towards a more loving life



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