

WRSD
VEGETARIAN LUNCH MENU
JANUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1/5	1/6	1/7	1/8	1/9
CHEF'S CHOICE	CHEF'S CHOICE	Cheese Calzone with Mariana Sauce and Baked Beans & Carrots OR Hummus Bento Box with Roll	Plant-based Lazy Lasagna, Broccoli, Carrots OR Hummus Bento Box with Roll	Cheese Pizza with Carrots and Broccoli OR Hummus Bento Box with Roll
1/12	1/13	1/14	1/15	1/16
Black Bean Burger with Carrots & Corn OR Garden Salad with Broccoli, Carrots & Dinner Roll	Pancakes, Sausage, Tater Tots, and Syrup OR Garden Salad with Tomatoes, Carrots & Dinner Roll	Cheese Nachos with Fiesta Corn & Black Bean OR Garden Salad with Corn, Celery & Dinner Roll	Penne Alfredo with Steamed Broccoli & Carrots OR Garden Salad with Bean Salad, Carrots & Dinner Roll	Cheese Pizza with Steamed Carrots & Green Beans OR Garden Salad with Corn, Celery & Dinner Roll
1/19	1/20	1/21	1/22	1/23
NO SCHOOL	Cheese Calzone with Mariana Sauce and Baked Beans & Carrots OR Hummus Bento Box with Roll	Plant-based Lazy Lasagna, Broccoli, Carrots OR Hummus Bento Box with Roll	Cheese Nachos with Fiesta Corn & Black Bean OR Hummus Bento Box with Roll	Cheese Pizza with Steamed Carrots and Broccoli OR Hummus Bento Box with Roll
1/26	1/27	1/28 NO SCHOOL	1/29	1/30
Mac & Cheese with Steamed Broccoli & Carrots OR Garden Salad with Broccoli, Carrots & Dinner Roll	Stewed Beans w/ Rice, Corn and Green Beans OR Garden Salad with Tomatoes, Carrots & Dinner Roll		Loaded Baked Potato, Cheese Sauce, Broccoli, & Roll OR Garden Salad with Bean Salad, Carrots & Dinner Roll	Cheese Pizza with Steamed Carrots & Green Beans OR Garden Salad with Corn, Celery & Dinner Roll
Offered Daily: Sunbutter & Jelly Sandwich or Cheese Sandwich Assorted Fresh Fruit				
Menu items are subject to change				

WRSD
ALLERGY-FREE LUNCH MENU
JANUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1/5	1/6	1/7	1/8	1/9
CHEF'S CHOICE	CHEF'S CHOICE	AF Chicken fajitas with Baked Beans & Corn	GF Pasta & Meat Sauce with Carrots and Broccoli	AF Ground Beef Nachos with Seasoned Black Beans & Baby Carrots
1/12	1/13	1/14	1/15	1/16
AF Chicken Tenders w/ Rice, Sweet Potato, and Broccoli	GF Pasta & Meat Sauce with Carrots and Broccoli	AF Ground Beef Nachos with Seasoned Black Beans & Baby Carrots	AF BBQ Pulled Chicken Sandwich, Green Beans and Home Fries	AF Chicken fajitas with Baked Beans & Corn
1/19	1/20	1/21	1/22	1/23
NO SCHOOL	AF BBQ Pulled Chicken with Rice, Corn & Green Beans	GF Pasta & Meat Sauce with Carrots and Broccoli	AF Chicken Tenders w/ Rice, Sweet Potato, and Broccoli	AF Ground Beef Nachos with Seasoned Black Beans & Baby Carrots
1/26	1/27	1/28	1/29	1/30
GF Pasta & Meat Sauce with Carrots and Broccoli	AF Chicken fajitas with Baked Beans & Corn	NO SCHOOL	AF Ground Beef Nachos with Seasoned Black Beans & Baby Carrots	AF BBQ Pulled Chicken Sandwich, Green Beans and Home Fries
Offered Daily: Sunbutter & Jelly Sandwich or Cheese Sandwich Assorted Fresh Fruit				
Menu items are subject to change				

WRSD - BPU
LUNCH MENU
JANUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1/5	1/6	1/7	1/8	1/9
CHEF'S CHOICE	CHEF'S CHOICE	Chicken Patty Sandwich with Baked Beans and Green Beans	Plant-based Lazy Lasagna, Broccoli, Carrots	Cheese Pizza with Steamed Carrots and Broccoli
1/12	1/13	1/14	1/15	1/16
Chicken & Waffles, Sweet Potato, Baked Beans	Pancakes, Sausage, Tater Tots, and Syrup	Turkey & Cheese Sandwich with Bean Salad	Penne Alfredo with Steamed Broccoli & Carrots	Cheese Pizza with Steamed Carrots & Green Beans
1/19	1/20	1/21	1/22	1/23
NO SCHOOL	Chicken Nugget with Potato Wedges, Baked Beans and a Roll	Spaghetti & Meatballs, Broccoli, Corn	Smoked Turkey, Rice, Collard Greens, Sweet Potato	Cheese Pizza with Steamed Carrots and Broccoli
1/26	1/27	1/28	1/29	1/30
Mac & Cheese with Steamed Broccoli & Carrots	Stewed Beans w/ Rice, Corn and Green Beans	NO SCHOOL	Turkey & Cheese Sandwich with Bean Salad	Cheese Pizza with Steamed Carrots & Green Beans
Offered Daily: Sunbutter & Jelly Sandwich or Turkey & Cheese or Cheese Sandwich Assorted Fresh Fruit				
Menu items are subject to change				

WRSD
LUNCH MENU
JANUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1/5	1/6	1/7	1/8	1/9
CHEF'S CHOICE	CHEF'S CHOICE	Chicken Patty Sandwich with Baked Beans and Green Beans OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick	Plant-based Lazy Lasagna, Broccoli, Carrots OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick	Cheese Pizza with Steamed Carrots and Broccoli OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick
1/12	1/13	1/14	1/15	1/16
Chicken & Waffles, Sweet Potato, Baked Beans OR Turkey & Cheese, Broccoli, Celery	Pancakes, Sausage, Tater Tots, and Syrup OR Chicken Caesar Salad, Roll, Carrot Sticks & Corn Salsa	Class Beef Nachos, Carrot & Celery Sticks OR Turkey & Cheese, Broccoli, Celery	Penne Alfredo with Steamed Broccoli & Carrots OR Chicken Caesar Salad, Roll, Carrot Sticks & Corn Salsa	Cheese Pizza with Steamed Carrots & Green Beans OR Turkey & Cheese, Broccoli, Celery
1/19	1/20	1/21	1/22	1/23
NO SCHOOL	Chicken Nugget with Potato Wedges, Baked Beans and a Roll OR Chef Salad with Roll, Celery & Carrot Sticks	Spaghetti & Meatballs, Broccoli OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick	Smoked Turkey, Rice, Collard Greens, Sweet Potato OR Chef Salad with Roll, Celery & Carrot Sticks	Cheese Pizza with Steamed Carrots and Broccoli OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick
1/26	1/27	1/28	1/29	1/30
Mac & Cheese with Steamed Broccoli & Carrots OR Turkey & Cheese, Broccoli, Celery	Stewed Beans w/ Rice, Corn and Green Beans OR Buffalo Chicken Salad, Roll, Carrots & Corn Salsa	NO SCHOOL	Turkey & Cheese Sandwich with Bean Salad OR Buffalo Chicken Salad, Roll, Carrots & Corn Salsa	Cheese Pizza with Steamed Carrots & Green Beans OR Turkey & Cheese, Broccoli, Celery
Offered Daily: Sunbutter & Jelly Sandwich or Cheese Sandwich Assorted Fresh Fruit				
Menu items are subject to change				