

**WRSD
BPU BREAKFAST MENU
MARCH 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
3/2	3/3	3/4	3/5	3/6
Blueberry Muffin OR Assorted Cereal	OMM Plain Bagel w/ Butter or Jelly OR Assorted Cereal	Assorted Cereal	Banana Chocolate Chip Muffin OR Assorted Cereal	Blueberry Belvita Breakfast Biscuit OR Assorted Cereal
Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk
3/9	3/10	3/11	3/12	3/13
Doughnut Muffin OR Assorted Cereal	Yogurt with Cinnamon Goldfish OR Assorted Cereal	OMM Plain Bagel w/ Butter or Jelly OR Assorted Cereal	Assorted Cereal	Blueberry Belvita Breakfast Biscuit OR Assorted Cereal
Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk
3/16	3/17	3/18	3/19	3/20
Banana Chocolate Chip Muffin OR Assorted Cereal	OMM Plain Bagel w/ Butter or Jelly OR Assorted Cereal	Assorted Cereal	Yogurt with Cinnamon Goldfish OR Assorted Cereal	Blueberry Belvita Breakfast Biscuit OR Assorted Cereal
Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk
3/23	3/24	3/25	3/26	3/27
Carrot Cake Muffin OR Assorted Cereal	Assorted Cereal	Yogurt with Cinnamon Goldfish OR Assorted Cereal	Pineapple Brown Sugar Muffin OR Assorted Cereal	Blueberry Belvita Breakfast Biscuit OR Assorted Cereal
Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk
3/30	3/31	4/1	4/2	4/3
Blueberry Muffin OR Assorted Cereal	Yogurt with Cinnamon Goldfish OR Assorted Cereal	Assorted Cereal	OMM Plain Bagel w/ Butter or Jelly OR Assorted Cereal	NO SCHOOL
Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	Fresh Whole Fruit 1% or Fat Free Milk	

**WRSD
BPU LUNCH MENU
MARCH 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
3/2	3/3	3/4	3/5	3/6
Chicken Patty Sandwich with Baked Beans and Green Beans	Shepherd's Pie w/Beef, Mashed Potatoes, Corn & Dinner Roll	General Tso's w/Veggie Fried Rice, Broccoli & Carrots	Plant-based Lazy Lasagna, Broccoli, Carrots	Cheese Pizza with Steamed Carrots & Broccoli
3/9	3/10	3/11	3/12	3/13
Stewed Beans w/ Rice, Corn and Green Beans	Pancakes, Sausage, Tater Tots, and Syrup	Turkey & Cheese Sandwich with Bean Salad	Penne Alfredo with Steamed Broccoli & Carrots	Cheese Pizza with Steamed Carrots & Green Beans
3/16	3/17	3/18	3/19	3/20
Chicken Nugget with Potato Wedges, Baked Beans and a Roll	Turkey Ham & Cheese Sandwich with Bean Salad	½ DAY BAG LUNCH	Chicken & Waffles, Sweet Potato, Baked Beans	Cheese Pizza with Steamed Carrots & Broccoli
3/23	3/24	3/25	3/26	3/27
Mac & Cheese with Steamed Broccoli & Carrots	Turkey & Cheese Sandwich with Bean Salad	Cheeseburger, Tater Tots, Baked Beans	Pollo Guisado, Cilantro Lime Rice, Green Beans & Corn	Cheese Pizza with Steamed Carrots & Green Beans
3/30	3/31	4/1	4/2	4/3
Chicken Patty Sandwich with Baked Beans and Green Beans	Shepherd's Pie w/Beef, Mashed Potatoes, Corn & Dinner Roll	General Tso's w/Veggie Fried Rice, Broccoli & Carrots	Plant-based Lazy Lasagna, Broccoli, Carrots	NO SCHOOL

**WRSD PUBLIC SCHOOLS
BREAKFAST MENU**

MARCH 2026

Monday	Tuesday	Wednesday	Thursday	Friday
3/2	3/3	3/4	3/5	3/6
National School Breakfast Week!				
Blueberry Muffin OR Assorted Cereal Pretzel Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local Bagel w/Butter & Jelly OR CNC Cereal Crunch Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Spiced Apple Pocket OR Assorted Cereal Cheese Stick Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Banana Chocolate Chip Muffin OR CNC Cereal Crunch Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Belvita Biscuit OR Assorted Cereal Pretzel Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/9	3/10	3/11	3/12	3/13
Doughnut Muffin OR Assorted Cereal Pretzel Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Yogurt & Granola OR Assorted Cereal Cheese Stick Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Raspberry Roll OR Assorted Cereal Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chocolate Muffin OR Assorted Cereal Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Belvita Biscuit OR Assorted Cereal Pretzel Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/16	3/17	3/18	3/19	3/20
Banana Chocolate Chip Muffin OR Assorted Cereal Pretzel Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local Bagel w/Butter & Jelly OR CNC Cereal Crunch Cheese Stick Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Spiced Apple Pocket OR Assorted Cereal Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Cinnamon Bun OR CNC Cereal Crunch Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Belvita Biscuit OR Assorted Cereal Pretzel Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/23	3/24	3/25	3/26	3/27
Carrot Cake Muffin OR Assorted Cereal Pretzel Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Raspberry Roll OR CNC Cereal Crunch Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Yogurt & Granola OR Assorted Cereal Cheese Stick Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Pineapple Brown Sugar Muffin OR CNC Cereal Crunch Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Belvita Biscuit OR Assorted Cereal Pretzel Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
3/30	3/31	4/1	4/2	4/3
Blueberry Muffin OR Assorted Cereal Pretzel Goldfish Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Spiced Apple Pocket OR CNC Cereal Crunch Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Chocolate Muffin OR Assorted Cereal Local Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local Bagel w/Butter & Jelly OR CNC Cereal Crunch Cheese Stick Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	NO SCHOOL

**WRSD PUBLIC SCHOOLS
ALLERGY-FREE LUNCH MENU
MARCH 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
3/2	3/3	3/4	3/5	3/6
AF Chicken Fajitas with Baked Beans & Corn	GF Pasta & Meat Sauce with Carrots and Broccoli	AF BBQ Chicken with Rice, Corn & Green Beans	AF Chicken Tenders w/ Rice, Sweet Potato, and Broccoli	AF Ground Beef Nachos with Seasoned Black Beans & Baby Carrots
3/9	3/10	3/11	3/12	3/13
AF Chicken Tenders w/ Rice, Sweet Potato, and Broccoli	GF Pasta & Meat Sauce with Carrots and Broccoli	AF Ground Beef Nachos with Seasoned Black Beans & Baby Carrots	AF BBQ Pulled Chicken Sandwich, Green Beans and Home Fries	AF Chicken Fajitas with Baked Beans & Corn
3/16	3/17	3/18	3/19	3/20
AF BBQ Chicken with Rice, Corn & Green Beans	AF Chicken Fajitas with Baked Beans & Corn	½ DAY BAG LUNCH	AF Chicken Tenders w/ Rice, Sweet Potato, and Broccoli	AF Ground Beef Nachos with Seasoned Black Beans & Baby Carrots
3/23	3/24	3/25	3/26	3/27
GF Pasta & Meat Sauce with Carrots and Broccoli	AF Chicken Fajitas with Baked Beans & Corn	AF BBQ Chicken with Rice, Corn & Green Beans	AF Ground Beef Nachos with Seasoned Black Beans & Baby Carrots	AF BBQ Pulled Chicken Sandwich, Green Beans and Home Fries
3/30	3/31	4/1	4/2	4/3
AF Chicken Fajitas with Baked Beans & Corn	GF Pasta & Meat Sauce with Carrots and Broccoli	AF BBQ Chicken with Rice, Corn & Green Beans	AF Chicken Tenders w/ Rice, Sweet Potato, and Broccoli	NO SCHOOL

**WRSD PUBLIC SCHOOLS
VEGETARIAN LUNCH MENU
MARCH 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
3/2	3/3	3/4	3/5	3/6
Cheese Calzone with Marinara Sauce and Baked Beans & Carrots OR Hummus Bento Box with Roll	Loaded Baked Potato, Cheese sauce, Broccoli, & Roll OR Hummus Bento Box with Roll	Black Bean Burger with Carrots & Corn OR Hummus Bento Box with Roll	Plant-based Lazy Lasagna, Broccoli, Carrots OR Hummus Bento Box with Roll	Cheese Pizza with Carrots and Broccoli OR Hummus Bento Box with Roll
3/9	3/10	3/11	3/12	3/13
Black Bean Burger with Carrots & Corn OR Garden Salad with Broccoli, Carrots & Dinner Roll	Pancakes, Sunbutter, Tater Tots, Carrots and Syrup OR Garden Salad with Tomatoes, Carrots & Dinner Roll	Cheese Nachos with Fiesta Corn & Black Bean OR Garden Salad with Corn, Celery & Dinner Roll	Penne Alfredo with Steamed Broccoli & Carrots OR Garden Salad with Bean Salad, Carrots & Dinner Roll	Cheese Pizza with Steamed Carrots & Green Beans OR Garden Salad with Corn, Celery & Dinner Roll
3/16	3/17	3/18	3/19	3/20
Cheese Calzone with Marinara Sauce and Baked Beans & Carrots OR Hummus Bento Box with Roll	Loaded Baked Potato, Cheese sauce, Broccoli, & Roll OR Hummus Bento Box with Roll	½ DAY BAG LUNCH	Stewed Beans with Rice, Corn & Green Beans OR Hummus Bento Box with Roll	Cheese Pizza with Steamed Carrots and Broccoli OR Hummus Bento Box with Roll
3/23	3/24	3/25	3/26	3/27
Mac & Cheese, Broccoli, Carrots OR Garden Salad with Broccoli, Carrots & Dinner Roll	Cheese Nachos with Fiesta Corn & Black Bean OR Garden Salad with Tomatoes, Carrots & Dinner Roll	Black Bean Burger with Carrots & Corn OR Garden Salad with Corn, Celery & Dinner Roll	Stewed Beans with Rice, Corn & Green Beans OR Garden Salad with Bean Salad, Carrots & Dinner Roll	Cheese Pizza with Steamed Carrots & Green Beans OR Garden Salad with Corn, Celery & Dinner Roll
3/30	3/31	4/1	4/2	4/3
Cheese Calzone with Marinara Sauce and Baked Beans & Carrots OR Hummus Bento Box with Roll	Loaded Baked Potato, Cheese sauce, Broccoli, & Roll OR Hummus Bento Box with Roll	Black Bean Burger with Carrots & Corn OR Hummus Bento Box with Roll	Plant-based Lazy Lasagna, Broccoli, Carrots OR Hummus Bento Box with Roll	NO SCHOOL

**WRSD PUBLIC SCHOOLS
LUNCH MENU
MARCH 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
3/2	3/3	3/4	3/5	3/6
Chicken Patty Sandwich with Baked Beans and Green Beans OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick	Shepherd's Pie w/Beef, Mashed Potatoes, Corn & Dinner Roll OR Crispy Chicken Salad, Celery, Grape Tomato & Dinner Roll	General Tso's w/Veggie Fried Rice, Broccoli & Carrots OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick	Plant-based Lazy Lasagna, Broccoli, Carrots OR Crispy Chicken Salad, Celery, Grape Tomatoes, & Dinner Roll	Cheese Pizza with Steamed Carrots and Broccoli OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick
3/9	3/10	3/11	3/12	3/13
Jerk Chicken, Seasoned Rice, Stewed Beans & Corn OR Turkey & Cheese, Broccoli, Celery	Pancakes, Sausage, Tater Tots, Carrots and Syrup OR Chicken Caesar Salad, Roll, Carrot Sticks & Corn Salsa	Classic Beef Nachos, Carrot & Celery Sticks OR Turkey & Cheese, Broccoli, Celery	Penne Alfredo with Steamed Broccoli & Carrots OR Chicken Caesar Salad, Roll, Carrot Sticks & Corn Salsa	Cheese Pizza with Steamed Carrots & Green Beans OR Turkey & Cheese, Broccoli, Celery
3/16	3/17	3/18	3/19	3/20
Chicken Nuggets with Potato Wedges, Baked Beans and a Roll OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick	Loaded Baked Potato, Cheese sauce, Broccoli & Roll OR Chef Salad with Roll, Celery & Carrot Sticks	½ DAY BAG LUNCH	Chicken & Waffles, Sweet Potato, Baked Beans OR Chef Salad with Roll, Celery & Carrot Sticks	Cheese Pizza with Steamed Carrots and Broccoli OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick
3/23	3/24	3/25	3/26	3/27
Mac & Cheese, Broccoli, Carrots OR Turkey & Cheese, Broccoli, Celery	Smokehouse Chili Bowl w/Corn Muffin Celery & Carrot Sticks OR Buffalo Chicken Salad, Roll, Carrots & Corn Salsa	Cheeseburger, Tater Tots, Baked Beans OR Turkey & Cheese, Broccoli, Celery	Pollo Guisado, Cilantro Lime Rice, Green Beans & Corn OR Buffalo Chicken Salad, Roll, Carrots & Corn Salsa	Cheese Pizza with Steamed Carrots & Green Beans OR Turkey & Cheese, Broccoli, Celery
3/30	3/31	4/1	4/2	4/3
Chicken Patty Sandwich with Baked Beans and Green Beans OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick	Shepherd's Pie w/Beef, Mashed Potatoes, Corn & Dinner Roll OR Crispy Chicken Salad, Celery, Grape Tomato & Dinner Roll	General Tso's w/Veggie Fried Rice, Broccoli & Carrots OR Turkey Ham & Cheese Sandwich with Bean Salad & Carrot Stick	Plant-based Lazy Lasagna, Broccoli, Carrots OR Crispy Chicken Salad, Celery, Grape Tomato & Dinner Roll	NO SCHOOL