

Lexiscan Study

This is a specialized test for diagnosing possible blockages within the Coronary arteries. The Certified Cardiographic Technician or nuclear technologist will verify that the physician has explained the test to you and has obtained your consent and answered all questions, and have you sign a consent form. An IV will be started in your arm to allow injection of medication. An isotope, the radiographic tracer that is used to image the heart, will be injected through the IV and pictures will be taken of your heart.

For the next portion of the study, a technician will attach electrodes to your chest. They will be connected to an EKG machine, which monitors heart rate and rhythm. A medication will be injected through the IV that will dilate the coronary arteries, as though you were exercising. Your physician may attend this portion of the test. At a specific time in the procedure, more isotopes will be injected through the IV. You will be asked to eat your snack during an approximate 45 minute period after this process is completed. This time is necessary to allow the isotope to circulate. Pictures will be then be taken of your heart a second time for comparison against the first set.

CANCELLATION POLICY:

IF YOU HAVE TO CANCEL YOUR NUCLEAR STUDY, WE REQUIRE 48 HOURS NOTICE. PLEASE CONTACT OUR OFFICE DIRECTLY AT 325-1203 or 360-4446. IF IT IS AFTER HOURS OR ON SATURDAY OR SUNDAY AND YOU ARE CANCELLING YOUR APPT, PLEASE LEAVE A MESSAGE @ 760-325-1203. IF YOU DO NOT PROVIDE US WITH AT LEAST 48 HOURS NOTICE YOU WILL BE BILLED FOR YOUR COPAYMENT, AND THE COST OF NUCLEAR ISOTOPE (\$243.50.)

PREPARATION PRIOR TO PROCEDURE:

- 1) **24 HOURS PRIOR TO TEST:** DO NOT SMOKE, DRINK REGULAR OR DECAFFEINATED COFFEE/TEA/SODAS OR CAFFEINATED BEVERAGES. DO NOT EAT CHOCOLATE.
- 2) **6 HOURS PRIOR TO TEST:** DO NOT EAT OR DRINK ANYTHING, EXCEPT WATER.

❖ ***YOU ARE ALLOWED TO DRINK WATER!***

❖ ***YOU MAY TAKE ALL YOUR MEDICATIONS AS USUAL***

- 3) **IF YOU ARE DIABETIC ON INSULIN, YOU MAY HAVE DRY TOAST AND A SMALL GLASS OF JUICE OR SMALL YOGURT.**
- 4) **BRING A LIGHT SNACK (SANDWICH, BEVERAGE, ANYTHING YOU DESIRE).**
You will be instructed to eat at some point during the test by the nurse.
- 5) Please shower or bathe the day of the test. DO NOT apply lotion or powder to your chest.
- 6) Wear loose fitting slacks or shorts, a loose fitting shirt, sneakers or walking shoes.
- 7) **Viagra should not be used** 24 hours prior to the test.

❖ **THE TEST WILL BE HELD IN OUR OFFICE.**

❖ **THE TEST WILL TAKE APPROXIMATELY 3 - 4 HOURS.**

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ADDRESS:

____ 1180 N. Indian Canyon Drive, Suite E319
____ Palm Springs, CA (760) 325-1203 (Located in the El Mirador Medical Plaza next to Desert Regional Medical Center)
____ 41-990 Cook Street, Building G, Suite 601
____ Palm Desert, CA (760) 360-4446

YOUR APPOINTMENT IS SCHEDULED FOR _____ AT _____