

# Christine Kennedy, CVT Burlington, ON, Canada

### Q: Why did you join IVAPM?

**A:** I joined IVAPM because I recognized the organization's dedication to advancing pain management in veterinary medicine. As an ambitious young female RVT, I wanted to contribute to the field and be part of a community that shares my passion for improving the lives of animals by providing effective pain management strategies.

### Q: What is the importance of pain management in veterinary medicine?

**A:** Pain management is of utmost importance in veterinary medicine as it directly impacts the well-being and quality of life of our animal companions. Animals experience pain and discomfort just like humans, and addressing their pain is not only humane but also essential for optimal recovery, improved outcomes, and overall patient comfort. Effective pain management promotes faster healing, reduces stress, and enhances the overall welfare of animals under our care.

## Q: What vet medicine pain management related initiatives are you involved with and/or most proud of accomplishing?

**A:** I am actively involved in various veterinary medicine pain management initiatives. One accomplishment I am proud of is my commitment to continuing education, particularly in the field of pain management. I consistently seek out relevant courses and electives, including those that focus specifically on pain management, to enhance my skills and stay up-to-date with the latest advancements. By doing so, I can bring the most effective and innovative approaches to pain management in my daily practice.

### Q: What passion veterinary projects are you currently involved?

**A:** Currently, my passion lies in advancing pain management practices in veterinary medicine, specifically through a rehabilitation lens in my everyday role as a rehabilitation technician. I am actively involved in integrating rehabilitation techniques into pain management plans to provide a comprehensive approach. I am also dedicated to promoting awareness and education about pain management within the veterinary community and advocating for the implementation of best practices in clinics and hospitals.

#### Bio:

Hi, I'm Christine Kennedy. I am an RVT and CCAT from Ontario, Canada. My path into veterinary rehabilitation was shaped by two lifelong passions: a deep love for animals and a personal interest in fitness and biomechanical movement. The combination of these led me to discover a meaningful and rewarding career in companion animal physical rehabilitation. I am proud to serve on the Board of Directors for the International Veterinary Academy of Pain Management (IVAPM), as my professional interests are deeply rooted in the intersection of pain management and mobility. In addition, I manage social media for the Academy of Physical Rehabilitation Veterinary Technicians (APRVT) and contribute as both a Subject Matter Expert and instructor for Northern College's hybrid Companion Animal Physical Rehabilitation program.