

A LETTER OF GRATITUDE

# Thank You, *Coach Jarod*

March 2026

Dear Coach Jarod,

When I first came to you on **November 1, 2021**, I shared my concerns about my daughter Gabriella — she was not very active, had gained some weight, and was not involved in much after school. You gave us the opportunity to take the swim test, and from that moment, everything began to change.

My only goal at the time was simple: get her involved in a sport, get her moving, and help her build stamina and discipline. I am happy to say that **the DCS program has done all of that and so much more.**

*Gabriella has slimmed down, grown more active, and — perhaps most importantly — she **wants** to go. She is more disciplined, more engaged, and more confident in herself. She came home one day and told me, “Dad, we swam for two hours straight.” I just smiled and said, “That’s great.”*

I want to give special recognition to **Coach Johnny** and **Coach Igor**, who have both played an incredible role in Gabriella’s growth. Coach Johnny’s consistency and the way he holds every swimmer accountable has given her a standard to rise to each and every practice. Equally, Coach Igor’s attention to detail and intentional teaching style has galvanized her — she now approaches the water with real focus and purpose. Together, they complement each other beautifully and bring out the very best in these young athletes.

I want to say **thank you** — to you, to Coach Johnny, to Coach Igor, and to the entire DCS team. You have created a safe space where our children can grow into the best versions of themselves, not just as swimmers, but as young people. That is something no parent takes for granted.

With sincere gratitude,

**The Bazemore Family**

PROUD DCS FAMILY

## GABRIELLA’S JOURNEY

BEFORE — November 2024



AFTER — March 2026

