

DIY RECIPES

Apricot Facial Scrub :

To remove dead skin cell build up, smooth out and soften skin.

Tools:

1x small bowl
1x spoon
1x 4oz jar

Ingredients:

2 Tbsp. Apricot Kernel meal
2 Tbsp. Coconut oil
1 Tbsp. Raw honey
1 Tbsp. Jojoba oil

Directions:

- Mix all ingredients together in order in a bowl. Make sure the scrub is evenly mixed. Spoon the scrub in to the jar and store in a cool dry place.

Usage:

- Rinse face with warm water. Dry fingertips of water. Scoop scrub and mix with fingertips and gently rub in circular motion on the face. Rinse the face with cool water. Pat dry. Use 1-2 times per week.