

Life. Love. Legacy.™

7112 Braddock Rd

Annandale, VA 22003

Phone: (703) 256-2525



YOUR LEADERSHIP TEAM



Jessica Peters
Executive Director



Jonathan Fitch
Sales & Marketing
Director



Tera Reeves, LPN
Resident Services
Director



**Hamsatu
Massaquoi, LPN**
Assistant Resident
Services Director



**Nataly
Hernandez Reyes**
Life Enrichment
Coordinator



David Martinez
Maintenance
Director



Nora Martinez
Dining Services
Director



Alicia Gailliot
Business Office
Manager

MESSAGE FROM YOUR EXECUTIVE DIRECTOR: FEBRUARY 2026



Dear Families and Friends of Renaissance of Annandale, Happy February! As we move through winter, our team remains focused on keeping residents safe, comfortable, and engaged. This month brings many opportunities to celebrate connection, culture, and community.

We will be honoring **Black History Month** with meaningful activities and reflection. As Dr. Martin Luther King, Jr. shared, *"Life's most persistent and urgent question is, 'What are you doing for others?'"* This message reflects the spirit of compassion and service at Renaissance.

Residents will also enjoy themed celebrations such as **Groundhog Day**, **Chinese New Year**, and **Valentine's Day**, bringing fun and festive moments to our community.

We hope to see families and loved ones throughout the month, schedules permitting, and we welcome your continued partnership. I also encourage you to share feedback on the types of support, education, and social opportunities you would like to see offered this year—your input truly helps guide our planning. The survey is still open – [click here](#) or use the QR code below.

As always, thank you for your trust. Please remember to postpone visits if you are feeling unwell, as we continue to work together to keep everyone healthy.

Warm regards,

Jessica Peters
Executive Director
Renaissance of Annandale

TAKE OUR
SHORT
SURVEY



*Love is in
the Air*

Join us as we kick off our
family education series!

**Hearts in Mind:
Meaningful Gifts that
Deepen Connection**
presented by Melissa Long

**FEB
11** **4
PM**

Discover heartfelt ways to choose gifts that foster connection, comfort, and meaningful moments for those living with dementia. After the presentation, join us for a mix-and-mingle happy hour where you'll have the chance to explore and experience some of these thoughtful gifts firsthand.

RSVP: receptionist@renaissanceannandale.net



A Walk Down MEMORY LANE with Virginia Carroll

February is often called the month of love—what does “love” mean to you?

Love means affection from feelings, from people. I love lots of people, and I love to show them too.

How did you show kindness to your students?

By the way you look at them. The way you answered their questions. Giving them attention. Making sure they felt appreciated and understood. Always having a smile on my face—it made them smile too!

What was your favorite thing to do in winter?

Storytelling! It was cold, but the storytelling itself made all of us feel warm. I had lots of different stories I liked to read. It was a good time! I really did enjoy it!



BALLROOM Dancing with GARREY



is all
you
need.



REINDEER ANTLER TOSS ANTICS



Celebrations & Milestones

Welcome to our newest residents!

- Katherine M.
- Jack C.
- David T.
- Gloria S.

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- Feb. 3: Connie W.
- Feb. 9: Jan W.
- Feb. 10: Joanne K.
- Feb. 24: Rebekah P.
- Feb. 25: Kim T.

TEAM MEMBER BIRTHDAYS

- Feb. 2: Adwoa Abrafi
- Feb. 7: Tsion Tefera
- Feb. 10: Farhiya Sheik

RESIDENT ANNIVERSARIES

- Rebekah P. – 5 years
- Vivian F. – 4 years
- Jack S. – 3 years
- Susan M. – 2 years

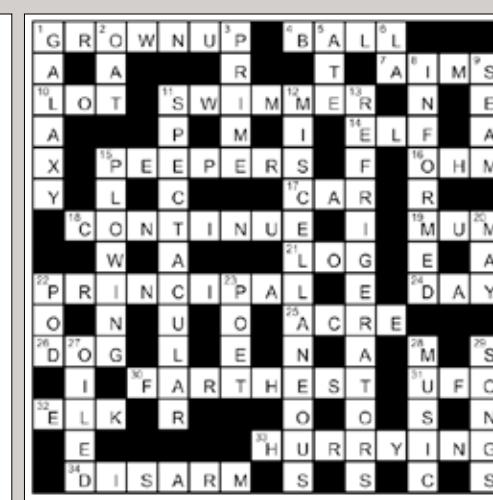
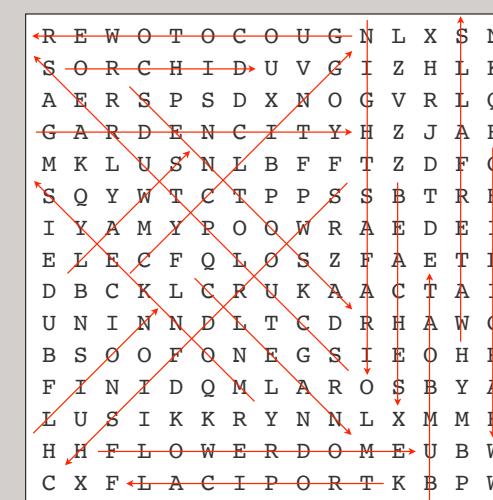
TEAM ANNIVERSARIES

- Adelaide Danso – 4 years
- Sandra Damas – 4 years
- Rosa Rivas – 3 years
- Baromi Poteman – 1 year

SENSE-ATIONAL SNOW EXPLORATION



PAINTING UP A WINTER STORM



IF YOU LOVE WHAT
WE DO, PLEASE
LEAVE A REVIEW!



WILL PHIL Emerge to bright or gray,
And find his shadow on display?
If sunbeams meet his sleepy eyes,
Winter lingers, snow and skies.
But if the clouds keep light at bay,
Hooray! Spring
Might be on its
way!

GROUNDHOG
DAY · FEB. 2ND



Alzheimer's
Support Services

A complimentary support service, designed to complement the care we provide. Schedule today with Dr. Ron Harvard.

LEGACYSL.NET/
ALZHEIMERS-SUPPORT



SHINING A LIGHT ON OUTSTANDING CARE!

At Renaissance of Annandale, we are committed to recognizing team members who consistently demonstrate outstanding dedication, compassion, and service. The Going the Extra Mile Award honors those who exceed expectations and make a meaningful impact on the lives of our residents, families, and community.

We invite residents, families, and visitors to participate in the nomination process. If you know a staff member who has shown exceptional care, professionalism, or commitment, we encourage you to submit a nomination.

How to Nominate:

- Nomination forms are available in the front lobby. Please complete a form and place it in the nomination box to recognize a deserving team member.
- Your participation helps us acknowledge and celebrate the individuals who go above and beyond every day to support our community.

FROSTY ADVENTURES & COZY RETREATS: *Winter AT ITS BEST*



CULINARY CLUB WITH NORA: SNICKERDOODLES



ADMINISTRATION HOSTED ACTIVITIES

Feb. 24 **Scenic Drive with David:** National Harbor 10:30am
 Feb. 10 **Valentine's Bingo with Alicia** 2:00pm
 Feb. 17 **Field Trip with David:** Dairy Queen 10:30am
 Feb. 24 **Winter Olympics with Legacy** 10:30am
 Feb. 25 **Culinary Club with Nora:** Chocolate Covered Strawberry Cookies 2:00pm



LIFE ENRICHMENT *Connections*

February is all about love—and in our community, love shows up in so many beautiful ways.

This month, our focus is on connection, kindness, and moments that bring us together. Love shows itself in friendship, shared laughter, and the small acts of care we give and receive each day. From a smile in the hallway to a hand held during an activity, these moments remind us that love is something we live and celebrate together.

This February, we have so many ways to connect, share joy, and enjoy each other's company. Whether it's joining in our Sweethearts Social event, participating in cozy group activities, or simply spending time chatting with a neighbor, each interaction strengthens the bonds that make our community feel like home.

Let's fill this month with warmth, kindness, and a little extra love for everyone around us.

Here's to a February full of heart, happiness, and togetherness!

Nataly Hernandez-Reyes
Life Enrichment Coordinator



SIP & PAINT CARDINALS IN THE SNOW



HIGHLIGHTS & HAPPENINGS

Recurring Events

SUNDAYS

Guided Worship Services
(1st & 3rd Sundays)

- 10:15am - The Harbor
- 11:00am - The Harbor Plus

Spiritual Engagement with
Chaplain Marcus (2nd & 4th Sundays)

- 10:15am - The Harbor
- 11:00am - The Harbor Plus

Movie Night!

- 5:30pm

MONDAYS

Fitness with Legacy Healthcare

- 10:30am - The Harbor

Chair Exercise

- 10:30am - The Harbor Plus

TUESDAYS

Tai Chi with Rhonda

- 10:30am - 2nd Tuesday

FRIDAYS

Music Therapy (every other week)

- 10:30am - The Harbor
- 11:00am - The Harbor Plus

SATURDAYS

Walking Club

- 10:30am



Topical Events

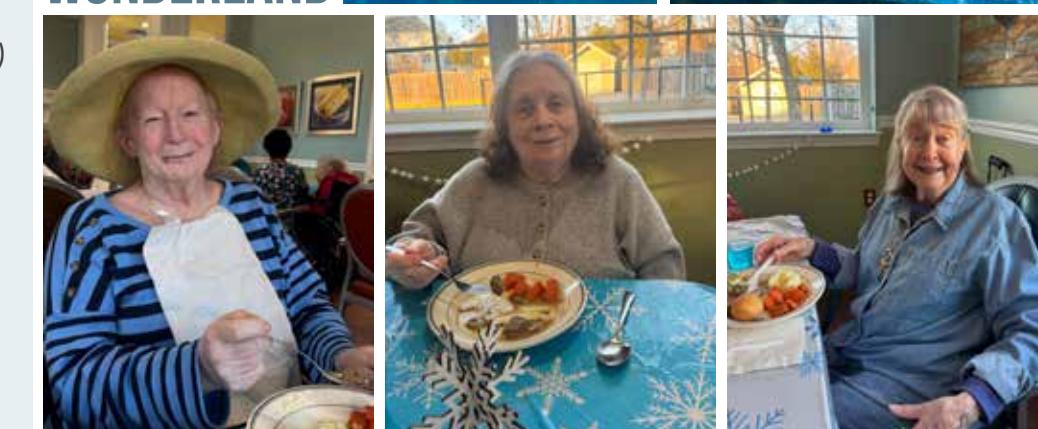
ARMCHAIR TRAVEL CLUB

14th 11:00am Paris
17th 11:00am New Orleans

TOPICAL TRIVIA

6th 1pm Winter Olympics Trivia
9th 11am Valentine's Friendly Feud
16th 11am Presidential Riddle
23rd 11am Around the World Jeopardy

what was your
most memorable
valentine's day?

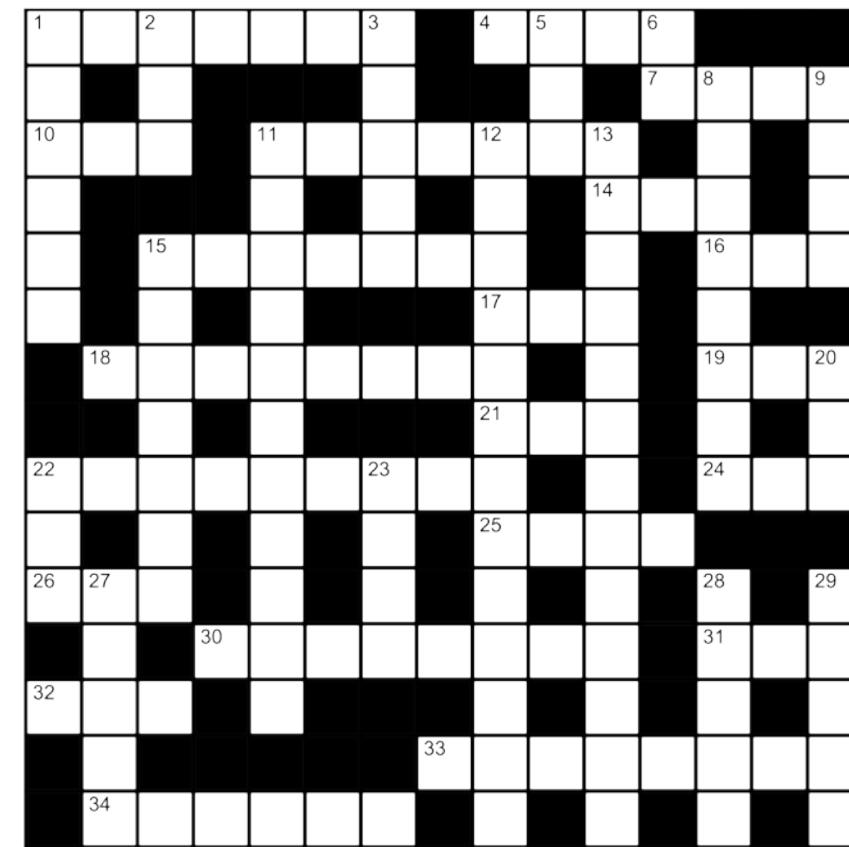


ACROSS

1. Adult
4. Event attended by Cinderella
7. Goals
10. Auction unit
11. Aquatic athlete
14. Pointy-eared figure of fantasy
15. "Jeepers, creepers, where'd you get those ___?"
16. Electrical unit
17. Garage contents
18. To carry on
19. It's "the word" (Hint: keeping a secret)
21. Captain's journal
22. Teacher's superior
24. Doris ___ (Hint: "Que Sera, Sera")
25. A measure of land
26. Man's best friend
30. Most remote
31. E.T.'s craft
32. Caribou kin
33. Rushing
34. Render harmless

DOWN

1. Milky Way, for one	9. A petticoat's junction	22. Like two peas in a ___
2. Kind of bran	11. Amazing, sensational	23. Verse writer
3. 8:00 p.m. is ___-time TV	12. Mixed, varied	27. Applied lubricant
5. Chowed down	13. Chilling appliances	28. Something to face? (Hint: accept unpleasant consequences)
6. Pie a__-mode	15. Readying a field, say	29. Karaoke choices
8. Well-versed	20. "___ I help you?"	



Singapore The words listed can be found vertically, horizontally, diagonally, forward, and backward.



BEACHES	GARDEN CITY	ORCHID
BUMBOAT	GUOCOTOWER	SCULPTURES
CHILI CRAB	LAWS	SENTOSA
CLEAN	LION	SWORDFISH
CYCLING	MONKEYS	TROPICAL
FLOWER DOME	NIGHT SAFARI	WATERFALLS

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Harbor at Renaissance of Annandale

9:30 Tabletime Chat 10:00 Daily Devotions & Prayers 10:15 Pool Noodle Exercises/ Hydration 10:45 Guided Worship Services 11:00 Hymn Sing 11:15 Memory Lane News 11:30 Bible Study 1:00 Who Am I? - Black History Month 2:00 Giant UNO! 3:00 Snacks & Hydration 3:45 Axe Throwing 5:30 Movie Night! Tu B'Shevat Begins	9:30 Rise & Connect 10:00 Today's Gazette 10:30 Ballroom Dancing with Garrey/ Hydration 1:30 Stronger Memory: Reading 2:00 Groundhog Day Shadow Art 3:00 Snack & Hydration 3:45 Ring Toss 5:30 Read Aloud Story Session Groundhog Day	9:30 Morning Greetings 10:00 Daybreak Digest 10:30 Walking Club/ Hydration 11:00 Finish the Phrase Trivia 1:00 Simple-C 2:00 Love You to Pieces Wreath 3:00 Snack & Hydration 3:45 Indoor Golf 5:30 Guided Sensory Mediation 3	9:30 Coffee & Good Mornings 10:00 Daily Chronicle 10:30 Hockey Ball/ Hydration 11:00 Friendly Feud 1:00 Individual Engagement 1:30 Olympic Rings Craft 2:00 Balloon Volleyball 3:00 Snack & Hydration 3:45 Skee Ball 5:30 Tabletop Games 4	9:30 Breakfast Club 10:00 Today in History 10:30 Ball Bounce/ Hydration 11:00 Name 5 1:00 Manicures & Massages 1:30 Stronger Memory: Math & Journaling 2:00 Creative Expression: Heart Frames 2:00 Qwirkle 3:00 Snack & Hydration 3:45 Horseshoes 5:30 Evening Melodies 5	9:30 Start the Day Social 10:00 Morning Headlines 10:30 Hymn Sing-Alongs/ Bible Study 11:00 Olympic Torch Relay/ Hydration 11:30 A to Z Race 1:00 Individual Engagement 1:30 Winter Olympics Trivia 2:00 Qwirkle 3:00 Snack & Hydration 3:45 Corn Hole 5:30 Classic TV Shows 6	9:30 Morning Company Corner 10:00 Sunrise Bulletin 10:30 Walking Club/ Hydration 11:00 Riddle Rally 1:00 Puzzle Paradise 2:00 Bingo! 3:00 Snack & Hydration 3:45 Bocce Ball 5:30 Travel Video Night 7	
9:30 Rise & Connect 10:00 Daily Devotions & Prayers 10:15 Spiritual Engagement with Chaplain Marcus 11:00 Hymn Sing 11:15 Daily Chronicle 11:30 Move & Groove/ Hydration 1:00 Life Skills Club 2:00 Twister Trivia 3:00 Superbowl Prep Rally! 3:45 Football Catch 6:30 Superbowl LX	9:30 Start the Day Social 10:00 Morning Headlines 10:30 Fitness with Legacy/ Hydration 11:00 Valentine's Friendly Feud 1:30 Stronger Memory: Reading 2:00 Abstract L.O.V.E Painting 3:00 Snack & Hydration 3:45 Frisbee Toss 5:30 Tabletop Games Groundhog Day	9:30 Breakfast Club 10:00 Sunrise Bulletin 10:30 Tai Chi with Rhonda/ Hydration 11:30 Fill the Category 1:00 Individual Engagement 1:30 Roll-A-Heart 2:00 Valentine's Day Bingo with Alicia 3:00 Snack & Hydration 3:45 Hoop Shootin' 5:30 Read Aloud Story Session 9	9:30 Morning Company Corner 10:00 Today's Gazette 10:30 Walking Club/ Hydration 11:00 Jeopardy! 1:00 Common Threads 2:00 3 Up, 3 Down! 3:00 Snack & Hydration 3:45 Arctic Archery 5:30 Classic TV Shows 10	9:30 Morning Company Corner 10:00 Today's Gazette 10:30 Walking Club/ Hydration 11:00 Jeopardy! 1:00 Common Threads 2:00 3 Up, 3 Down! 3:00 Snack & Hydration 3:45 Arctic Archery 5:30 Classic TV Shows 11	9:30 Tabletime Chat 10:00 Memory Lane News 10:30 Melodies with Steve/ Hydration 1:00 Manicures & Massages 1:30 Stronger Memory: Math & Journaling 2:00 Crazy Eights 3:00 Sweet Welcome Social 3:45 Target Practice 5:30 Travel Video Night 12	9:30 Morning Greetings 10:00 Daybreak Digest 10:30 Music Therapy 11:00 Balloon Swatters/ Hydration 11:30 Word Ladder 1:00 Guess in 3 2:00 Creative Expression: Sweet Cards & Treats 3:00 Snack & Hydration 3:45 Shuffle Board 5:30 Guided Sensory Mediation 13	
9:30 Breakfast Club 10:00 Daily Devotions & Prayers 10:15 Football Pass/ Hydration 10:45 Guided Worship Services 11:00 Hymn Sing 11:15 Morning Headlines 11:30 Bible Study 1:00 Guess the Decade? 2:00 Winter Roll-and-Race 3:00 Snacks & Hydration 3:45 Skee Ball 5:30 Movie Night!	9:30 Morning Company Corner 10:00 Today in History 10:30 Fitness with Legacy/ Hydration 11:00 Presidential Riddles 1:30 Stronger Memory: Reading 2:00 U.S. Presidents' Bingo 3:00 Snack & Hydration 3:45 Indoor Golf 5:30 Classic TV Shows Presidents' Day (U.S.)	9:30 Coffee & Good Mornings 10:00 Today's Gazette 10:30 Field Trip with David: Dairy Queen (*Walking Club/ Hydration at Renaissance) 11:00 Armchair Travel: New Orleans 1:00 Mardi Gras Candy Dice Game 2:00 Mardi Gras Mask Making 3:00 Mardi Gras Treats & Hydration 3:45 Bead Toss 5:30 Travel Video Night Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	9:30 Rise & Connect 10:00 Daybreak Digest 10:30 Ball Bounce/ Hydration 11:00 Scattergories 1:00 Individual Engagement 1:30 Minute to Win it: Winter Olympic Games 2:00 Sip & Paint: Conversation Hearts 3:00 Snack & Hydration 3:45 Bocce Ball 5:30 Read Aloud Story Session 17	9:30 Start the Day Social 10:00 Daily Chronicle 10:30 Melodies with Steve/ Hydration 1:00 Manicures & Massages 1:30 Stronger Memory: Math & Journaling 2:00 Name that Tune 3:00 Balloon Swatters/ Hydration 4:00 Sweetheart Social 5:30 Evening Melodies 18	9:30 Start the Day Social 10:00 Daily Chronicle 10:30 Melodies with Steve/ Hydration 1:00 Manicures & Massages 1:30 Stronger Memory: Math & Journaling 2:00 Fortune Sticks 2:00 Chinese New Year Horse Drum Craft 3:00 Chinese New Year Treats & Hydration 3:45 Horseshoes 5:30 Evening Melodies 19	9:30 Tabletime Chat 10:00 Sunrise Bulletin 10:30 Hymn Sing-Alongs/ Bible Study 11:00 Hockey Ball/ Hydration 11:30 Learning about Chinese New Year 1:00 Individual Engagement 1:30 Fortune Sticks 2:00 Chinese New Year Horse Drum Craft 3:00 Chinese New Year Treats & Hydration 3:45 Horseshoes 5:30 Evening Melodies 20	9:30 Morning Greetings 10:00 Memory Lane News 10:30 Walking Club/ Hydration 11:00 Rhyming Chain 1:00 Charades 2:00 Life Skills Club 3:00 Snack & Hydration 3:45 Axe Throwing 5:30 Guided Sensory Mediation 21
9:30 Coffee & Good Mornings 10:00 Daily Devotions & Prayers 10:15 Spiritual Engagement with Chaplain Marcus 11:00 Hymn Sing 11:15 Today's Gazette 11:30 Ball Bounce / Hydration 1:00 Riddle Rally 2:00 Creative Expression: Olympic Medals 3:00 Snack & Hydration 3:45 Table Bowling 5:30 Movie Night!	9:30 Tabletime Chat 10:00 Daily Chronicle 10:30 Winter Olympics with Legacy/ Hydration 11:00 Around the World Jeopardy! 1:30 Stronger Memory: Reading 2:00 Crazy Eights 3:00 Snack & Hydration 3:45 Shuffle Board 5:30 Travel Video Night Presidents' Day (U.S.)	9:30 Start the Day Social 10:00 Memory Lane News 10:30 Scenic Drive with David: National Harbor (* Parachute Waves/ Hydration at Renaissance) 11:00 A to Z Race 1:00 Individual Engagement 1:30 Guess in 3 2:00 Resident Council 3:00 Snack & Hydration 3:45 Corn Hole 5:30 Evening Melodies 23	9:30 Morning Greetings 10:00 Sunrise Bulletin 10:30 Walking Club/ Hydration 11:00 Friendly Feud 1:00 Simple-C 2:00 Culinary Club with Nora: Chocolate Covered Strawberry Cookies 3:00 Snack & Hydration 3:45 Cup Pong 5:30 Guided Sensory Mediation 24	9:30 Rise & Connect 10:00 Morning Headlines 10:30 Football Pass/ Hydration 11:00 Friendly Feud 1:00 Simple-C 2:00 Resident Council 3:00 Snack & Hydration 3:45 Corn Hole 5:30 Evening Melodies 25	9:30 Start the Day Social 10:00 Today in History 10:30 Music Therapy 11:00 Move & Groove/ Hydration 11:30 Fill the Category 1:00 Twister Trivia 2:00 3 Up, 3 Down! 3:00 Snack & Hydration 3:45 Indoor Fishing 5:30 Tabletop Games 26	9:30 Morning Company Corner 10:00 Today in History 10:30 Music Therapy 11:00 Word Ladder 1:00 Individual Engagement 1:30 What's the Verdict? 2:00 Giant UNO! 3:00 Snack & Hydration 3:45 Target Practice 5:30 Read Along Story Session 28	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

Harbor Plus at Renaissance of Annandale

9:30 Tabletime Chat 10:00 Memory Lane News 10:15 Hymn Sing 10:30 Pool Noodle Exercises/ Hydration 11:00 Daily Devotions & Prayers 11:30 Bible Study 1:00 Who Am I?- Black History Month 2:00 Giant UNO! 3:00 Snacks & Hydration 3:45 Axe Throwing 5:30 Movie Night	1 9:30 Rise & Connect 10:00 Today's Gazette 10:30 Ballroom Dancing with Garrey/ Hydration 1:30 Stronger Memory: Reading 2:00 Groundhog Day Shadow Art 3:00 Snack & Hydration 3:45 Ring Toss 5:30 Read Aloud Story Session	2 9:30 Morning Greetings 10:00 Daybreak Digest 10:30 Walking Club/ Hydration 11:00 Finish the Phrase Trivia 1:00 Simple-C 2:00 Valentine's Heart Wreath 3:00 Snack & Hydration 3:45 Indoor Golf 5:30 Guided Sensory Mediation	3 9:30 Coffee & Good Mornings 10:00 Daily Chronicle 10:30 Ball Bounce/ Hydration 11:00 Friendly Feud 1:00 Individual Engagement 1:30 Olympic Rings Craft 2:00 Drum Circle 3:00 Snack & Hydration 3:45 Skee Ball 5:30 Tabletop Games	4 9:30 Breakfast Club 10:00 Today in History 10:30 Balloon Swatters/ Hydration 11:00 Name 3 1:00 Manicures & Massages 1:30 Stronger Memory: Math & Journaling 1:30 Winter Olympics Sports Bingo! 2:00 Grooving with Instruments 3:00 Snack & Hydration 3:45 Horseshoes 5:30 Evening Melodies	5 9:30 Start the Day Social 10:00 Today in History 10:30 Balloon Swatters/ Hydration 11:00 Name 3 1:00 Manicures & Massages 1:30 Stronger Memory: Math & Journaling 1:30 Winter Olympics Sports Bingo! 2:00 Grooving with Instruments 3:00 Snack & Hydration 3:45 Corn Hole 5:30 Classic TV Shows	6 9:30 Morning Company Corner 10:00 Sunrise Bulletin 10:30 Walking Club/ Hydration 11:00 Riddle Rally 1:00 Puzzle Paradise 2:00 Bingo! 3:00 Snack & Hydration 3:45 Bocce Ball 5:30 Travel Video Night
Tu B'Shevat Begins	Groundhog Day					
9:30 Rise & Connect 10:00 Daily Chronicle 10:15 Hymn Sing 10:30 Daily Devotions & Prayers 11:00 Spiritual Engagement with Chaplain Marcus 11:30 Move & Groove/ Hydration 1:00 Life Skills Club 2:00 Twister Trivia 3:00 Superbowl Prep Rally! 3:45 Bottle Ring Toss 6:30 Superbowl LX	8 9:30 Start the Day Social 10:00 Morning Headlines 10:30 Chair Exercises/ Hydration 11:00 Valentine's Friendly Feud 1:30 Stronger Memory: Reading 2:00 Abstract L.O.V.E Painting 3:00 Snack & Hydration 3:45 Frisbee Toss 5:30 Tabletop Games	9 9:30 Breakfast Club 10:00 Sunrise Bulletin 10:30 Tai Chi with Rhonda/ Hydration 11:30 Fill the Category 1:00 Individual Engagement 1:30 Heart Toss! 2:00 Valentine's Day Bingo with Alicia 3:00 Snack & Hydration 3:45 Hoop Shootin' 5:30 Read Aloud Story Session	10 9:30 Morning Company Corner 10:00 Today's Gazette 10:30 Walking Club/ Hydration 11:00 Yes or No Trivia 1:00 Yarn String Art 2:00 Balloon Volleyball 3:00 Snack & Hydration 3:45 Arctic Archery 5:30 Classic TV Shows	11 9:30 Tabletime Chat 10:00 Memory Lane News 10:30 Melodies with Steve/ Hydration 1:00 Manicures & Massages 1:30 Stronger Memory: Math & Journaling 2:00 Indoor Fishing 3:00 Sweet Welcome Social 3:45 Target Practice 5:30 Travel Video Night	12 9:30 Morning Greetings 10:00 Daybreak Digest 10:30 Football Pass/ Hydration 11:00 Music Therapy with Neurosound 1:00 Word Ladder 1:00 Sensory Station 2:00 Creative Expression: Marbled Heart Cards 3:00 Snack & Hydration 3:45 Shuffle Board 5:30 Guided Sensory Mediation	13 9:30 Coffee & Good Mornings 10:00 Today in History 10:30 Walking Club/ Hydration 11:00 Armchair Travel: Paris 1:00 Individual Engagement 1:30 Love Songs Sing-Along 2:00 Fingerprint Heart Magnets 3:00 Snack & Hydration 3:45 Table Bowling 5:30 Evening Melodies
9:30 Breakfast Club 10:00 Morning Headlines 10:15 Hymn Sing 10:30 Football Pass/ Hydration 11:00 Daily Devotions & Prayers 11:30 Bible Study 1:00 Guess the Decade 2:00 Winter Roll-and-Race 3:00 Snacks & Hydration 3:45 Skee Ball 5:30 Movie Night!	15 9:30 Morning Company Corner 10:00 Today in History 10:30 Chair Exercises/ Hydration 11:00 Presidential Jokes & Riddles 1:30 Stronger Memory: Reading 2:00 U.S. Presidents' Bingo 3:00 Snack & Hydration 3:45 Indoor Golf 5:30 Classic TV Shows	16 9:30 Coffee & Good Mornings 10:00 Today's Gazette 10:30 Field Trip with David: Dairy Queen (*Walking Club/ Hydration at Renaissance) *11:00 Armchair Travel: New Orleans 1:00 Mardi Gras Candy Dice Game 2:00 Mardi Gras Mask Making 3:00 Mardi Gras Treats & Hydration 3:45 Bead Toss 5:30 Travel Video Night	17 9:30 Rise & Connect 10:00 Daybreak Digest 10:30 Hockey Ball/ Hydration 11:00 3-Topic Scattergories 1:00 Individual Engagement 1:30 Minute to Win It: Winter Olympics Games 2:00 Sip & Paint: Conversation Hearts 3:00 Snack & Hydration 3:45 Bocce Ball 5:30 Read Aloud Story Session	18 9:30 Start the Day Social 10:00 Daily Chronicle 10:30 Melodies with Steve/ Hydration 1:00 Manicures & Massages 1:30 Stronger Memory: Math & Journaling 2:00 Name that Tune 3:00 Snack & Hydration 3:45 Bocce Ball 5:30 Read Aloud Story Session	19 9:30 Tabletime Chat 10:00 Sunrise Bulletin 10:30 Hymn Sing-Alongs/ Bible Study 11:00 Ball Bounce/ Hydration 11:30 Learning about Chinese New Year 1:00 Individual Engagement 1:30 Fortune Sticks 2:00 Chinese New Year Horse Drum Craft 3:00 Chinese New Year Treats & Hydration 3:45 Horseshoes 5:30 Evening Melodies	20 9:30 Morning Greetings 10:00 Memory Lane News 10:30 Walking Club/ Hydration 11:00 Rhyming Chain 1:00 Charades 2:00 Life Skills Club 3:00 Snack & Hydration 3:45 Axe Throwing 5:30 Guided Sensory Mediation
9:30 Coffee & Good Mornings 10:00 Today's Gazette 10:15 Hymn Sing 10:30 Daily Devotions & Prayers 11:00 Spiritual Engagement with Chaplain Marcus 11:30 Ball Bounce/ Hydration 1:00 Riddle Rally 2:00 Magazine Collages 3:00 Snack & Hydration 3:45 Table Bowling 5:30 Movie Night!	22 9:30 Tabletime Chat 10:00 Daily Chronicle 10:30 Winter Olympics with Legacy/ Hydration 1:00 Around the World Jeopardy! 1:30 Stronger Memory: Reading 2:00 Parachute Waves 3:00 Snack & Hydration 3:45 Shuffle Board 5:30 Travel Video Night	23 9:30 Start the Day Social 10:00 Memory Lane News 10:30 Scenic Drive with David: National Harbor (*Chair Exercises/ Hydration at Renaissance) *11:00 A to Z Race 1:00 Individual Engagement 1:30 Grooving with Instruments 2:00 Resident Council 3:00 Snack & Hydration 3:45 Corn Hole 5:30 Evening Melodies	24 9:30 Morning Greetings 10:00 Sunrise Bulletin 10:30 Walking Club/ Hydration 11:00 Friendly Feud 1:00 Simple-C 2:00 Culinary Club with Nora: Chocolate Covered Strawberry Cookies 3:00 Snack & Hydration 3:45 Cup Pong 5:30 Guided Sensory Mediation	25 9:30 Rise & Connect 10:00 Morning Headlines 10:30 Football Pass/ Hydration 11:00 Tunes with The SongMasters 1:00 Manicures & Massages 1:30 Stronger Memory: Math & Journaling 2:00 Sensory Station 3:00 Snack & Hydration 3:45 Hoop Shootin' 5:30 Classic TV Shows	26 9:30 Morning Company Corner 10:00 Today in History 10:30 Move & Groove/ Hydration 11:00 Music Therapy with Neurosound 1:00 Word Ladder 1:00 Match-Up Sayings Game 2:00 Balloon Volleyball 3:00 Snack & Hydration 3:45 Indoor Fishing 5:30 Tabletop Games	27 9:30 Breakfast Club 10:00 Daybreak Digest 10:30 Walking Club/ Hydration 11:00 Word Ladder 1:00 Individual Engagement 1:30 Balloon Art Stamping 2:00 Twister Bean Bag Toss 3:00 Snack & Hydration 3:45 Target Practice 5:30 Read Aloud Story Session