

Life. Love. Legacy.™
7112 Braddock Rd
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Phone: (703) 256-2525

YOUR LEADERSHIP TEAM



Jessica Peters
Executive Director



Jonathan Fitch
Sales & Marketing
Director



Tera Reeves, LPN
Resident Services
Director



Hamsatu
Massaquoi, LPN
Assistant Resident
Services Director



Nataly
Hernandez Reyes
Life Enrichment
Coordinator



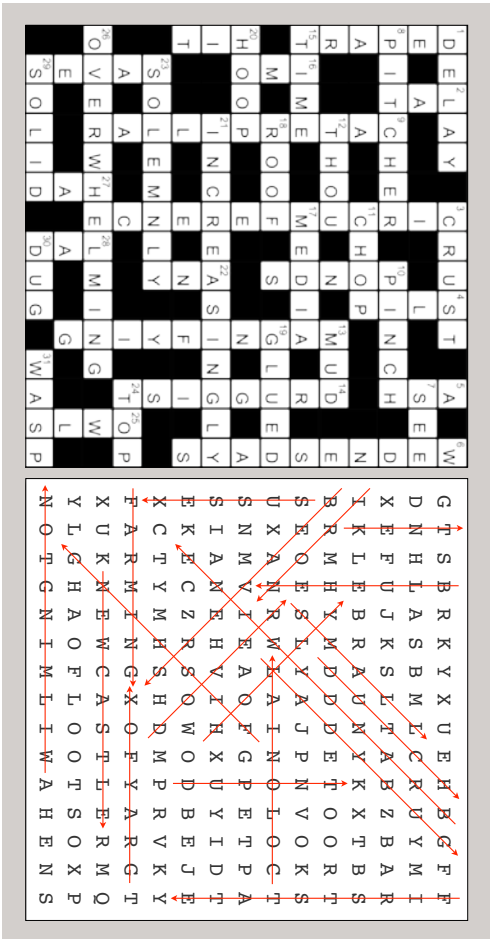
David Martinez
Maintenance
Director



Nora Martinez
Dining Services
Director



Alicia Gailliot
Business Office
Manager



MESSAGE FROM YOUR EXECUTIVE DIRECTOR: DECEMBER 2025

Christmas lights are twinkling, to-do lists seem to keep growing, and sometimes it feels like the whole world is rushing to do and buy “more.” But as December settles in, I find myself thinking about how the heart of the holidays isn’t found in all the hustle, but in the quiet, meaningful traditions we create and share.

It’s easy to be swept up by the season—big store displays, the pressure to have the perfect gift, the calendar that fills itself. Yet when I look back on holidays past, what stands out aren’t the gifts themselves, but the memories shaped by time spent together. We remember the homemade jar of jam given and received, the laughter at the kitchen table while baking cookies or making cards, and the small, thoughtful acts that showed care and connection.

This season, I encourage us all to find moments to return to those simpler joys. Maybe try your hand at an “old-fashioned” tradition—make something from scratch, whether it’s jam, cookies, a warm scarf, or even a card written by hand and given with love. Better still, invite a friend or family member to join you in the making; the time spent side by side is often the greatest gift of all. These gifts, shared from the heart, are what we remember and carry

with us long after the wrapping paper is gone. Amidst the busy days and competing demands, I hope you’ll pause when you can—savor the music, take in the scent of pine, share a story, or sit quietly with someone you care about. Sometimes the most meaningful holiday “more” is simply more presence, more laughter, more kindness.

And if you’re able, we would love for you to join us throughout December for the celebrations and fun we have planned here in our community. All of our upcoming events and activities can be found on the calendars inside—so you can easily find the moments that fit your schedule. Even if you can only drop in for a short hello or a cup of cocoa, you are always welcome—we know the month pulls people in many directions.

However you celebrate, and wherever you find yourself this December, I wish you peace, warmth, and all the joy that comes with moments shared and memories made. Here’s to the simple things that matter most—this season and always.

Merry Christmas!
Jessica Peters
Executive Director



A Life of Service, Heart, and Family:
Celebrating Brian Womble

This month, we are delighted to shine our Resident Spotlight on Brian Womble—a man whose gentle spirit, generous heart, and bright smile make every day at Renaissance a little warmer. Originally from Arlington, Texas, Brian has lived a life filled with accomplishment, curiosity, service, and an unwavering devotion to the people he loves.

Brian began his journey in public service as a police officer, and his dedication to learning soon led him back to the University of Texas, where he completed his undergraduate degree and later earned a Master's in Computer Science. With a brilliant mind for problem-solving, he launched his career at Southwestern Bell and eventually served as a Chief Software Engineer for the United States Navy. His work left a genuine impact—one built on integrity, intelligence, and quiet leadership.

Yet for all his professional successes, Brian will tell you his greatest pride is his family. He is a loving husband to Denise, a devoted father, and a proud grandfather. Whether fixing a bike, writing a new software program, or simply being present with the people he cherishes, Brian approaches every moment with patience, joy, and a giving heart.

Neighbors affectionately recall Brian as the person you could

always count on—someone whose garage could magically repair just about anything. He spent years guiding young scouts as a Cub Scout leader, offering encouragement and kindness to every child who crossed his path.

Before his career truly took shape, Brian earned acceptance to West Point, where he played quarterback on the football team. The discipline, steadiness, and leadership he gained during those formative years still shine brightly in the calm, uplifting way he carries himself today.

Brian's warm smile has a way of lighting up a room, and his presence brings comfort and connection to so many within our community. We are truly honored to celebrate him in this month's Resident Spotlight and so grateful to have him as part of our Renaissance family.



GONE FISHIN'
A FIN-TASTIC
DAY OF
FISHING



HOOKED ON fun!

Celebrations
& Milestones

Welcome to our newest residents!

- Steve K.
- Chuck H.
- Jim G.

Let's celebrate everyone marking
a special moment this month!

RESIDENT BIRTHDAYS

- Dec. 7: John E.
- Dec. 10: Nancy S.
- Dec. 19: Marsha M.
- Dec. 22: Fred S.
- Dec. 24: Debra D.
- Dec. 26: Vivian F.

TEAM MEMBER BIRTHDAYS

- Dec. 12: Zebiba Seid
- Dec. 14: Hamsatu Massaquoi
- Dec. 28: Maureen Mason

RESIDENT ANNIVERSARIES

- Joanne K. - 3 years

TEAM ANNIVERSARIES

- No team member anniversaries this month.

Here's to friends,
milestones, & memories!



Thanksgiving FAMILY NIGHT



FAMILY,
FOOD,
& THANKFUL
HEARTS.

THREE THINGS THAT
ALWAYS GO TOGETHER
LIKE TURKEY, MASHED
POTATOES & GRAVY!

HOME OF THE *Free* BECAUSE OF THE *Brave*



HONORING
THE *Legacy*
OF SERVICE



Administration
Hosted Activities

Culinary Club with Nora:
Hot Cocoa Cookies
Dec. 10 at 2:00pm

Scenic Drive with David:
Annandale Holiday Lights
Dec. 10 at 6:00pm

Holiday Caroling with Tera
Dec. 16 at 2:00pm

Field Trip with David:
Bull Run Park
Dec. 17 at 4:30pm

Decorating with Alicia:
Christmas Tree Cookies
Dec. 22 at 2:00pm



LIFE ENRICHMENT
CONNECTIONS



Happy Holidays, everyone!

December is here, and it's one of my favorite times of the year at Renaissance!

Our halls are twinkling, the scents of the season are in the air, and there's a feeling of joy and togetherness everywhere you turn. This month, we're celebrating connections, laughter, and little moments that make big memories with our residents, families, and team members.

From cozy socials and festive music to holiday-themed activities that spark smiles, December is all about sharing warmth and cheer. Whether it's a hearty laugh at a game, a sparkle of joy decorating a tree, or simply sitting together and enjoying the season, every moment counts.

I'm so grateful for our amazing team and the wonderful community we get to share this month with. Let's make this December bright, joyful, and full of heart!

Wishing everyone a season full of smiles, love, and a little bit of magic.

Nataly Hernandez-Reyes
Life Enrichment Coordinator

VIBES,
VIEWS,
& GOOD
COMPANY!



TAKING THE
SCENIC
ROUTE



STARBUCKS
RIDES & A
GOOD CUP
OF JOE



MERRY
CHRISTMAS

Your Leadership Team



Be Marvelously Merry.

DECEMBER HIGHLIGHTS

| | | |
|---------|---------|---|
| Dec. 2 | 1:00pm | Ornament Suncatcher Craft |
| Dec. 3 | 2:00pm | Creative Expression: <i>Christmas Ornaments</i> |
| Dec. 7 | 3:00pm | Church Caroling |
| Dec. 9 | 1:00pm | Tissue Paper Christmas Wreaths |
| Dec. 10 | 10:30am | Holiday Harmonies with Steve |
| Dec. 10 | 2:00pm | Santa & Mrs. Claus Visit |
| Dec. 11 | 11:00am | Holiday Photoshoot |
| Dec. 14 | 2:00pm | Baking Club: <i>M&M Cookie Bars</i> |
| Dec. 16 | 5:30pm | Christmas Tunes with Dave |
| Dec. 17 | 2:00pm | Sip & Paint: <i>Snowman</i> |
| Dec. 18 | 1:00pm | Holiday Relay Race |
| Dec. 21 | 1:00pm | St. Stephen's United Methodist Church Christmas Carolers |
| Dec. 22 | 10:30am | Jolly Jingles with Jasper |
| Dec. 23 | 2:00pm | Creative Expression: <i>Snowglobes</i> |

HIGHLIGHTS & HAPPENINGS

Recurring Events

- SUNDAYS
Guided Worship Services
(1st & 3rd Sundays)
• 10:15am - The Harbor
• 11:00am - The Harbor Plus
- Spiritual Engagement with
Chaplain Marcus (2nd & 4th Sundays)
• 10:15am - The Harbor
• 11:00am - The Harbor Plus
- Bible Study
(1st & 3rd Sundays)
• 11:30am - The Harbor
• 11:30am - The Harbor Plus
- Movie Night!
• 5:30pm
- MONDAYS
Fitness with Legacy Healthcare
• 10:30am - The Harbor
Chair Exercise
• 10:30am - The Harbor Plus
- FRIDAYS
Music Therapy (every other week)
• 10:30am - The Harbor
• 11:00am - The Harbor Plus
- SATURDAYS
Walking Club
• 10:30am

Topical Events

- ARMCHAIR TRAVEL CLUB
12th 1:00pm Vienna
24th 1:00pm Christmas in NYC
- TOPICAL TRIVIA
23rd 11am FamilyFeud
11th 1pm Finish the Jingle
23rd 11am Christmas Family Feud
29th 11am Winter Twister Trivia



Welcome, Alicia Gailliot!

We are delighted to welcome Alicia Gailliot as our new

Business Office Manager here at Renaissance of Annandale.

Alicia was born and raised just south of Old Town Alexandria and earned a two-year vocational certificate in Business Administration. Coming from a lively family of seven—with five sisters and one brother—she has always valued togetherness, joy, and connection.

A woman of many talents, Alicia plays the flute, piccolo, and piano, and has even performed at both the Kennedy Center and Wolf Trap.

Before joining senior living, she spent 30 years building a successful career in dentistry. Three years ago, she followed her heart into the world

of senior care, where she discovered a true passion for supporting and uplifting older adults. We are thrilled to have her share that passion with our community.

Alicia invites everyone to stop by her office, located just behind the Reception Desk—so please feel free to drop in and say hello anytime!

Alzheimer's Support Services

A complimentary support service, designed to complement the care we provide. Schedule today with Dr. Ron Harvard.

LEGACYSL.NET/
ALZHEIMERS-SUPPORT

SHINE A LIGHT ON GREATNESS!

Nominate Someone Who's Going the Extra Mile!



At Renaissance, we believe exceptional care deserves recognition. Our Going the Extra Mile Award celebrates team members who make a difference with kindness, compassion, and dedication every day.

We invite families, visitors, and community members to nominate staff who go above and beyond for our residents. If you've seen a moment that warmed your heart, made you smile, or showed extraordinary care, we'd love to hear about it!

Nominate a Team Member Today!
Your nomination helps us highlight the amazing people who make Renaissance feel like home. Thank you for helping us celebrate the heart and spirit of our community!

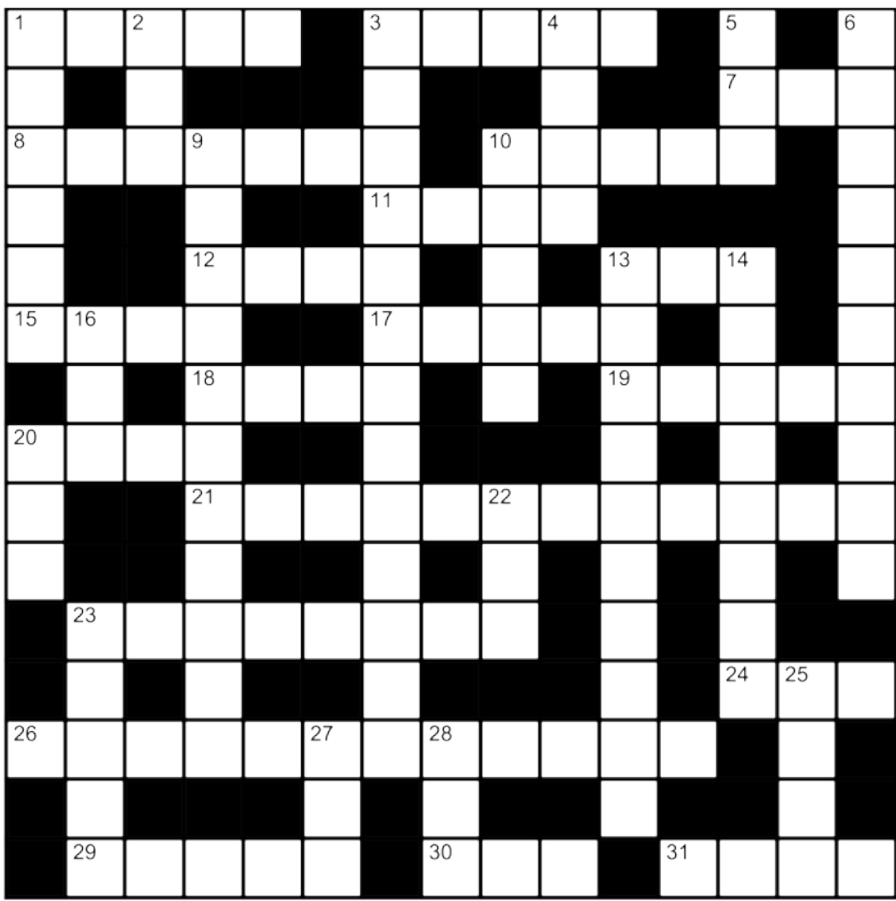


ACROSS

1. Traveler's headache
3. Pizza feature
7. Envision
8. Baseball player or large jug
10. "_____ me! I must be dreaming!"
11. Word after karate or pork
12. "Wherefore art _____ Romeo?"
13. Kind of pie
15. Jim Croce's "_____ in a Bottle"
17. Broadcasters & news people are some
18. It may be pitched
19. Pasted together
20. Hula _____ (it gets around)
21. More and more
23. How to swear?
24. Apex
26. Completely overpowering
29. _____ as a rock (well built)
30. _____ up, unearthed
31. Mud dauber, for one

DOWN

1. Leave; go away
2. Global positioning meas.
3. Distance around the Earth, say
4. "Mom, please sign my permission _____ for the school trip."
5. Cigar residue
6. Midweek days
9. Butterfly-to-be
10. Koi containers



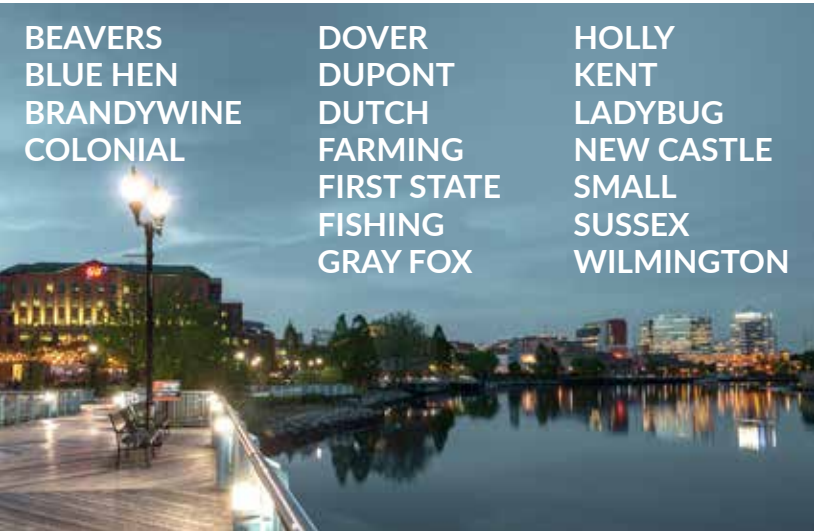
13. Increasing (optically)
14. Pharmacist
16. In My Opinion, abbrev.
20. Billboard listing
22. "____ questions?"
23. Reserves
25. Birds in barns
27. "I've been ____!" (fooled)
28. Little shaver



Delaware

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

- | | | |
|------------|-------------|------------|
| BEAVERS | DOVER | HOLLY |
| BLUE HEN | DUPONT | KENT |
| BRANDYWINE | DUTCH | LADYBUG |
| COLONIAL | FARMING | NEW CASTLE |
| | FIRST STATE | SMALL |
| | FISHING | SUSSEX |
| | GRAY FOX | WILMINGTON |



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|--|--|
|  | 9:30 Start the Day Social 10:00 Morning Headlines 10:30 Ballroom Dancing with Garrey/ Hydration 1:30 Stronger Memory: Reading 2:00 Dice Trivia Race 3:00 Snack & Hydration 3:45 Ring Toss 5:30 Travel Video Night | 9:30 Breakfast Club 10:00 Today in History... 10:30 Balloon Swatters/ Hydration 11:00 Around the World Trivia 1:00 Ornament Suncatcher Craft 2:00 Common Threads Game 3:00 Snack & Hydration 3:45 Bocce Ball 5:30 Tabletop Games | 9:30 Coffee & Good Mornings 10:00 Daily Chronicle 10:30 Walking Club/ Hydration 11:00 Scattergories 1:00 Guess the Decade 2:00 Creative Expression: Christmas Ornaments 3:00 Snack & Hydration 3:45 Indoor Fishing 5:30 Manicures & Massages | 9:30 Morning Greetings 10:00 This Day in Time 10:30 Ball Bounce/ Hydration 11:30 Word Unscramble 1:00 Snow Shuffle 1:30 Stronger Memory: Math & Journaling 2:00 Festive Collage Art 3:00 Snack & Hydration 3:45 Corn Hole 5:30 Classic TV Shows | 9:30 Rise & Connect 10:00 Today's Gazette 10:30 Music Therapy 11:00 Football Pass/ Hydration 11:30 Name 5 1:00 Better Then or Now? 2:00 Ker Plunk 3:00 Snack & Hydration 3:45 Horseshoes 5:30 Evening Melodies | 9:30 Tabletime Chat 10:00 Memory Lane News 10:30 Walking Club/ Hydration 11:00 Word Ladder 1:00 Matching Mania 2:00 Left, Right, Center 3:00 Snack & Hydration 3:45 Table Bowling 5:30 Read Aloud Story Session |
| 9:30 Rise & Connect 10:00 Daily Devotions & Prayers 10:15 Chair Exercises/ Hydration 10:45 Guided Worship Services 11:00 Hymn Sing 11:15 Daily Chronicle 11:30 Bible Study 1:00 Riddle Rally 2:00 Bingo! 3:00 Church Singing/ Snacks & Hydration 3:45 Skee Ball 5:30 Movie Night! | 9:30 Morning Greetings 10:00 Today's Gazette 10:30 Fitness with Legacy/ Hydration 11:00 Guess in 5 1:30 Stronger Memory: Reading 2:00 Collect 4 Card Game 3:00 Snack & Hydration 3:45 Indoor Golf 5:30 Tabletop Games | 9:30 Tabletime Chat 10:00 This Day in Time 10:30 Walking Club/ Hydration 11:00 A to Z Race 1:00 Tissue Paper Christmas Wreaths 2:00 Giant UNO! 3:00 Snack & Hydration 3:45 Cup Pong 5:30 Manicures & Massages | 9:30 Start the Day Social 10:00 Memory Lane News 10:30 Holiday Harmonies with Steve 1:00 Simple-C 2:00 Santa & Mrs. Claus Visit & Culinary Club with Nora: Hot Cocoa Cookies 3:00 Snack & Hydration 3:45 Hoop Shootin' 5:30 Evening Melodies 6:00 Scenic Drive: Annandale Holiday Lights | 9:30 Breakfast Club 10:00 Morning Headlines 10:30 Hockey Ball/ Hydration 11:00 Holiday Photoshoot! 1:00 Finish the Jingle 1:30 Stronger Memory: Math & Journaling 2:00 Color by Number 3:00 Snack & Hydration 3:45 Shuffle Board 5:30 Travel Video Night | 9:30 Coffee & Good Mornings 10:00 Sunrise Bulletin 10:30 Holiday Carols Sing-Alongs/ Bible Study 11:00 Ball Bounce/ Hydration 11:30 Fill the Category 1:00 Armchair Travel: Vienna 2:00 Double Your Chances Game 3:00 Snack & Hydration 3:45 Axe Throwing 5:30 Read Aloud Story Session | 9:30 Morning Company Corner 10:00 Today in History... 10:30 Walking Club/ Hydration 11:00 Which Doesn't Belong? 1:00 Life Skills Club 2:00 Crazy Eights 3:00 Snack & Hydration 3:45 Frisbee Toss 5:30 Classic TV Shows |
| 9:30 Start the Day Social 10:00 Daily Devotions & Prayers 10:15 Spiritual Engagement with Chaplain Marcus 11:00 Hymn Sing 11:15 Morning Headlines 11:30 Ball Bounce/ Hydration 1:00 Mensch on a Bench 2:00 Baking Club: M&M Cookie Bars 3:00 Snack & Hydration 3:45 Bocce Ball 5:30 Movie Night! Hanukkah Begins | 9:30 Breakfast Club 10:00 Memory Lane News 10:30 Fitness with Legacy/ Hydration 11:00 Festive Fact or Fiction 1:30 Stronger Memory: Reading 2:00 Puzzle Paradise 3:00 Snack & Hydration 3:45 Target Practice 5:30 Manicures & Massages | 9:30 Coffee & Good Mornings 10:00 Sunrise Bulletin 10:30 Football Pass/ Hydration 11:00 Scattergories 1:00 Left, Right, Center 2:00 Holiday Caroling with Tera 3:00 Snack & Hydration 3:45 Table Bowling 5:30 Christmas Tunes with Dave | 9:30 Rise & Connect 10:00 Today in History... 10:30 Walking Club/ Hydration 11:00 Rhyming Chain 1:00 Word Ladder 2:00 Sip & Paint: Snowman 3:00 Snack & Hydration 3:45 Corn Hole 4:30 Field Trip: Festival of Lights at Bull Run Park 5:30 Tabletop Games | 9:30 Morning Company Corner 10:00 Daily Chronicle 10:30 Ball Pass/ Hydration 11:30 Riddle Rally 1:00 Holiday Relay Race 1:30 Stronger Memory: Math & Journaling 2:00 Designing Stockings 3:00 Snack & Hydration 3:45 Bounce Toss Target 5:30 Read Aloud Story Session | 9:30 Tabletime Chat 10:00 This Day in Time 10:30 Music Therapy 11:00 Balloon Volleyball/ Hydration 1:00 Matching Mania 2:00 Jolly Bingo! 3:00 Snack & Hydration 3:45 Bottle Ring Toss 5:30 Evening Melodies | 9:30 Morning Greetings 10:00 Today's Gazette 10:30 Walking Club/ Hydration 11:00 Finish the Phrase 1:00 Simple-C 2:00 Qwirkle 3:00 Snack & Hydration 3:45 Horseshoes 5:30 Travel Video Night |
| 9:30 Coffee & Good Mornings 10:00 Daily Devotions & Prayers 10:15 Football Pass/ Hydration 10:45 Guided Worship Services 11:00 Hymn Sing 11:15 Today in History... 11:30 Bible Study 1:00 St. Stephen's United Methodist Church Christmas Carols 2:00 Winter Roll & Race 3:00 Snack & Hydration 3:45 Snowball Toss 5:30 Movie Night! Winter Begins | 9:30 Morning Company Corner 10:00 Daily Chronicle 10:30 Jingles with Jasper/ Hydration 1:30 Stronger Memory: Reading 2:00 Decorating Christmas Tree Cookies with Alicia 3:00 Snack & Hydration 3:45 Axe Throwing 5:30 Evening Melodies | 9:30 Start the Day Social 10:00 Today's Gazette 10:30 Walking Club/ Hydration 11:00 Christmas Family Feud 1:00 Roll-A-Snowman 2:00 Creative Expression: Snowglobes 3:00 Snack & Hydration 3:45 Frisbee Toss 5:30 Tabletop Games | 9:30 Morning Greetings 10:00 This Day in Time 10:30 Balloon Swatters/ Hydration 11:00 Christmas- Who Am I? 1:00 Armchair Travel: Christmas in NYC 2:00 Straw Christmas Tree Painting 3:00 Snack & Hydration 3:45 Shuffle Board 5:30 Manicures & Massages | 9:30 Tabletime Chat 10:00 Sunrise Bulletin 10:30 Ball Bounce/ Hydration 11:00 Let's Reminisce: Christmas 1:00 Christmas Charades 1:30 Stronger Memory: Math & Journaling 2:00 Christmas Bingo! 3:00 Snack & Hydration 3:30 & above: Classic Christmas Movies Christmas | 9:30 Breakfast Club 10:00 Memory Lane News 10:30 Hymn Sing-Alongs/ Bible Study 11:00 Hockey Ball/ Hydration 11:30 Learning about Kwanzaa 1:00 Color by Number 2:00 Guess in 5 3:00 Snack & Hydration 3:45 Indoor Golf 5:30 Classic TV Shows Boxing Day (Canada) Kwanzaa Begins | 9:30 Rise & Connect 10:00 Morning Headlines 10:30 Walking Club/ Hydration 11:00 A to Z Race 1:00 Life Skills Club 2:00 Giant UNO! 3:00 Snack & Hydration 3:45 Hoop Shootin' 5:30 Read Aloud Story Session |
| 9:30 Morning Greetings 10:00 Daily Devotions & Prayers 10:15 Spiritual Engagement with Chaplain Marcus 11:00 Hymn Sing 11:15 Memory Lane News 11:30 Balloon Swatters/ Hydration 1:00 Qwirkle 2:00 Polar Bear Silhouette Art 3:00 Snack & Hydration 3:45 Cup Pong 5:30 Movie Night! | 9:30 Coffee & Good Mornings 10:00 Today in History... 10:30 Fitness with Legacy/ Hydration 11:00 Winter Twister Trivia 1:30 Stronger Memory: Reading 2:00 Crazy Eights 3:00 Snack & Hydration 3:45 Skee Ball 5:30 Manicures & Massages | 9:30 Rise & Connect 10:00 Daily Chronicle 10:30 Reindeer Antler Toss with Legacy/ Hydration 11:00 Rhyming Chain 1:00 Puzzle Paradise 2:00 Resident Council 3:00 Snack & Hydration 3:45 Target Practice 5:30 Travel Video Night | 9:30 Breakfast Club 10:00 Sunrise Bulletin 10:30 Walking Club/ Hydration 11:00 New Year's Fill-In 1:00 New Year's Eve Bingo! 2:00 Balloon Volleyball 3:00 Snack & Hydration 3:30 & above: Movie Marathon! New Year's Eve | <div> <div>December 2025</div> <div>Harbor at Renaissance of Annandale</div> </div> | | |

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|---|--|--|---|---|--|--|
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| 9:30 Rise & Connect 10:00 Daily Chronicle 10:15 Hymn Sing 10:30 Balloon Toss/ Hydration 11:00 Daily Devotions & Prayers 11:30 Bible Study 1:00 Riddle Rally 2:00 Bingo! 3:00 Church Singing/ Snacks & Hydration 3:45 Skee Ball 5:30 Movie Night! | 9:30 Morning Greetings 10:00 Today's Gazette 10:30 Chair Exercises/ Hydration 11:00 Guess in 3 1:30 Stronger Memory: Reading 2:00 Collect 4 Card Game 3:00 Snack & Hydration 3:45 Indoor Golf 5:30 Tabletop Games | 9:30 Tabletime Chat 10:00 This Day in Time 10:30 Walking Club/ Hydration 11:00 A to Z Race 1:00 Tissue Paper Christmas Wreaths 2:00 Giant UNO! 3:00 Snack & Hydration 3:45 Cup Pong 5:30 Manicures & Massages | 9:30 Start the Day Social 10:00 Memory Lane News 10:30 Holiday Harmonies with Steve 1:00 Simple-C 2:00 Santa & Mrs. Claus Visit & Culinary Club with Nora: Hot Cocoa Cookies 3:00 Snack & Hydration 3:45 Hoop Shootin' 5:30 Evening Melodies 6:00 Scenic Drive: Annandale Holiday Lights | 9:30 Breakfast Club 10:00 Morning Headlines 10:30 Grooving with Instruments/ Hydration 11:00 Holiday Photoshoot! 1:00 Finish the Jingle 1:30 Stronger Memory: Math & Journaling 2:00 Sticker by Number 3:00 Snack & Hydration 3:45 Shuffle Board 5:30 Travel Video Night | 9:30 Coffee & Good Mornings 10:00 Sunrise Bulletin 10:30 Holiday Carols Sing-Alongs/ Bible Study 11:00 Balloon Swatters/ Hydration 11:30 Fill the Category 1:00 Armchair Travel: Vienna 2:00 Manicures & Massages 3:00 Snack & Hydration 3:45 Axe Throwing 5:30 Read Aloud Story Session | 9:30 Morning Company Corner 10:00 Today in History... 10:30 Walking Club/ Hydration 11:00 Which Doesn't Belong? 1:00 Life Skills Club 2:00 Crazy Eights 3:00 Snack & Hydration 3:45 Frisbee Toss 5:30 Classic TV Shows |
| 9:30 Start the Day Social 10:00 Morning Headlines 10:15 Hymn Sing 10:30 Daily Devotions & Prayers 11:00 Spiritual Engagement with Chaplain Marcus 11:30 Ball Bounce / Hydration 1:00 Mensch on a Bench 2:00 Baking Club: M&M Cookie Bars 3:00 Snack & Hydration 3:45 Bocce Ball 5:30 Movie Night! Hanukkah Begins | 9:30 Breakfast Club 10:00 Memory Lane News 10:30 Chair Exercises/ Hydration 11:00 True or False Trivia 1:30 Stronger Memory: Reading 2:00 Puzzle Paradise 3:00 Snack & Hydration 3:45 Target Practice 5:30 Manicures & Massages | 9:30 Coffee & Good Mornings 10:00 Sunrise Bulletin 10:30 Balloon Swatters/ Hydration 11:00 3-Topic Scattergories 1:00 Left, Right, Center 2:00 Holiday Caroling with Tera 3:00 Snack & Hydration 3:45 Table Bowling 5:30 Christmas Tunes with Dave | 9:30 Rise & Connect 10:00 Today in History... 10:30 Walking Club/ Hydration 11:00 Rhyming Chain 1:00 Match Up Sayings Game 2:00 Sip & Paint: Snowman 3:00 Snack & Hydration 3:45 Corn Hole 4:30 Field Trip: Festival of Lights at Bull Run Park 5:30 Tabletop Games | 9:30 Morning Company Corner 10:00 Daily Chronicle 10:30 Hockey Ball/ Hydration 11:30 Holiday Haha's & Riddles 1:00 Holiday Relay Race 1:30 Stronger Memory: Math & Journaling 2:00 Designing Stockings 3:00 Snack & Hydration 3:45 Bounce Toss Target 5:30 Read Aloud Story Session | 9:30 Tabletime Chat 10:00 This Day in Time 10:30 Football Pass/ Hydration 11:00 Music Therapy 1:00 Matching Mania 2:00 Jolly Bingo! 3:00 Snack & Hydration 3:45 Bottle Ring Toss 5:30 Evening Melodies | 9:30 Morning Greetings 10:00 Today's Gazette 10:30 Walking Club/ Hydration 11:00 Finish the Phrase 1:00 Simple-C 2:00 Qwirkle 3:00 Snack & Hydration 3:45 Horseshoes 5:30 Travel Video Night |
| 9:30 Coffee & Good Mornings 10:00 Today in History... 10:15 Hymn Sing 10:30 Grooving with Instruments/ Hydration 11:00 Daily Devotions & Prayers 11:30 Bible Study 1:00 St. Stephen's United Methodist Church Christmas Carols 2:00 Winter Roll & Race 3:00 Snack & Hydration 3:45 Snowball Toss 5:30 Movie Night! Winter Begins | 9:30 Morning Company Corner 10:00 Daily Chronicle 10:30 Jingles with Jasper/ Hydration 11:00 Name That Holiday Character 1:30 Stronger Memory: Reading 2:00 Decorating Christmas Tree Cookies with Alicia 3:00 Snack & Hydration 3:45 Axe Throwing 5:30 Evening Melodies | 9:30 Start the Day Social 10:00 Today's Gazette 10:30 Walking Club/ Hydration 11:00 Christmas Family Feud 1:00 Roll-A-Snowman 2:00 Creative Expression: Snowglobes 3:00 Snack & Hydration 3:45 Frisbee Toss 5:30 Tabletop Games | 9:30 Morning Greetings 10:00 This Day in Time 10:30 Ball Bounce/Hydration 11:00 Christmas- Who Am I? 1:00 Armchair Travel: Christmas in NYC 2:00 Straw Christmas Tree Painting 3:00 Snack & Hydration 3:45 Shuffle Board 5:30 Manicures & Massages | 9:30 Tabletime Chat 10:00 Sunrise Bulletin 10:30 Balloon Swatters/ Hydration 11:00 Let's Reminisce: Christmas 1:00 Christmas Charades 1:30 Stronger Memory: Math & Journaling 2:00 Christmas Bingo! 3:00 Snack & Hydration 3:30 & above: Classic Christmas Movies Christmas | 9:30 Breakfast Club 10:00 Memory Lane News 10:30 Hymn Sing-Alongs/ Bible Study 11:00 Balloon Volleyball/ Hydration 11:30 Learning about Kwanzaa 1:00 Sticker by Number 2:00 Guess in 3 3:00 Snack & Hydration 3:45 Indoor Golf 5:30 Classic TV Shows Boxing Day (Canada) Kwanzaa Begins | 9:30 Rise & Connect 10:00 Morning Headlines 10:30 Walking Club/ Hydration 11:00 A to Z Race 1:00 Life Skills Club 2:00 Giant UNO! 3:00 Snack & Hydration 3:45 Hoop Shootin' 5:30 Read Aloud Story Session |
| 9:30 Morning Greetings 10:00 Memory Lane News 10:15 Hymn Sing 10:30 Daily Devotions & Prayers 11:00 Spiritual Engagement with Chaplain Marcus 11:30 Football Pass/ Hydration 1:00 Qwirkle 2:00 Polar Bear Silhouette Art 3:00 Snack & Hydration 3:45 Cup Pong 5:30 Movie Night! | 9:30 Coffee & Good Mornings 10:00 Today in History... 10:30 Chair Exercises/ Hydration 11:00 Winter Twister Trivia 1:30 Stronger Memory: Reading 2:00 Crazy Eights 3:00 Snack & Hydration 3:45 Skee Ball 5:30 Manicures & Massages | 9:30 Rise & Connect 10:00 Daily Chronicle 10:30 Reindeer Antler Toss with Legacy/ Hydration 11:00 Rhyming Chain 1:00 Puzzle Paradise 2:00 Resident Council 3:00 Snack & Hydration 3:45 Target Practice 5:30 Travel Video Night | 9:30 Breakfast Club 10:00 Sunrise Bulletin 10:30 Walking Club/ Hydration 11:00 New Year's Fill-In 1:00 New Year's Eve Bingo! 2:00 3D Paper Fireworks Craft 3:00 Snack & Hydration 3:30 & above: Movie Marathon! New Year's Eve | <div> <div>December</div> <div>2025</div> <div>Harbor Plus at Renaissance of Annandale</div> </div>  | | |