

Five Finger Prayer

Thumb: Pray for those closest to you: your family and friends.

Pointer finger: pray for those who point you in the right direction: parents, teachers, mentors, and other leaders in your life. Pray for wisdom and support.

Tallest finger (third finger): pray for those that lead us: those in government, in business, in church leadership, in community leadership. Pray for guidance.

Ring finger (weakest finger): Pray for those who are poor, sick, in pain, in trouble (those most in need).

Pinky finger (smallest finger): Pray for yourself and your own needs.

