



Tri-Rivers Healthcare PLLC

Bariatric Surgery Program
PATIENT INFORMATION
PACKET



**Bring completed packet to your first
appointment along with a copy of your
insurance card and photo id**

Patient Information

Full Name (first, middle, last): _____

Social Security Number: _____ Date of Birth: _____ Age: _____

Gender (Circle): Female Male Marital Status: _____

Street Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____ Phone (home): _____

Phone (work): _____ Phone (cell): _____

Patient Employment Information

Employment Status (Circle): Full-time Part-time Retired Disabled
 Student Unemployed Homemaker

Patient's Current Employer: _____

Patient's Employer's Address: _____

Occupation: _____

Disabled? Yes No If Yes, specify the year and cause: Year: _____

Cause: _____

Spouse Information

Spouse's Name: _____

Spouse's Employment Status: Full-time Part-time Retired Disabled
 Student Unemployed Homemaker

Spouse's Occupation: _____ Spouse's SSN: _____

Spouse's Employer: _____ Years Employed: _____

Spouse's Cell Phone Number: _____

Insurance Information

Payment Type (Circle) Insurance Self-Pay

Primary Insurance Name: _____

Policy Number: _____ Group # _____

Subscriber Name: _____ Subscriber DOB: _____

Secondary Insurance Name: _____

Policy Number: _____ Group # _____

Subscriber Name: _____ Subscriber DOB: _____

Emergency Contact

First Name: _____ Last Name: _____

Relationship to you: _____ Phone: _____

"I hereby authorize Tri-Rivers Healthcare, PLLC to discuss my process, diagnostic test results and any scheduled appointments with the following named person(s), and further consent to the staff leaving messages for me on a voicemail/answering machine":

Name: _____ Relationship to you: _____

Name: _____ Relationship to you: _____

Patient Signature: _____ Date: _____

Blood Consent

You must be willing to accept blood or blood products during after surgery if your condition is such that the physician deems it necessary.

(If Jehovah's Witness please check ____)

Patient Signature: _____ Date: _____

Primary/Referring Physician

Physician Name: _____

Clinic Name: _____ Phone Number: _____

Weight Loss History

What is your height? _____ ft _____ in How much do you weigh? _____ lbs.

How long have you been overweight? _____ Years

How long have you been 35 pounds overweight? _____ Years

How long have you been 100 pounds overweight? _____ Years

When did you start dieting? _____ Age

Have you ever had a "stomach stapling" or other gastric restriction procedure?

Please circle Yes No If yes, name procedure: _____

What is the most weight you have ever lost on a single diet? _____ lbs.

How did you lose the weight? _____

How long did you sustain weight loss? _____

_____ check here if you have never attempted to lose weight

Check all that apply:

Unsupervised Diet Attempts: _____ NONE

____ Body for Life/Bill Phillips	____ High Protein	____ Low Fat	____ Cabbage Soup
____ Pritikin	____ Stillman Diet	____ Mayo Clinic	____ Fasting
____ Gloria Marshall	____ Herbal Life	____ Calorie Counting	____ Scarsdale
____ Richard Simmons	____ Sugar Busters	____ Atkin's Diet	____ Slim Fast
____ Health Spa	____ Low Carb	____ South Beach	____ Other: _____

Supervised Diet Attempts: _____ NONE

____ Nutri-System	____ Overeaters Anonymous	____ Weight Watchers	____ Jenny Craig
____ TOPS	____ Optifast	____ HMR	____ DASH
____ LA Weight Loss	____ Diet Center	____ Other: _____	

Over-the-counter or Prescribed Medications for Weight Loss: ____ NONE

____ Acutrim	____ Dexatrim	____ lonamin/Adipex	____ Phendiet	____ Prozac
____ Wellbutrin	____ Amphetamines	____ Didrex	____ Tenuate	____ Phentrol
____ Redux	____ Byetta	____ Plegine	____ Sanorex	____ Meridia
____ Xenical	____ Diuretics	____ Pondimin	____ Phenteramine	____ Fen-Phen, #of months _____
Other: _____				

Behavioral Treatments for Weight Loss: ____ NONE

____ Hospitalization	____ Hypnosis	____ Physical Therapy	____ Residential Program
____ Psychological Therapy			
____ Other: _____			

Exercise: ____ NONE

____ Walking or Running	____ Stationary cycle or treadmill	____ Swimming
____ Weight Training		
____ Team Sports		
____ Other: _____		

Eating Habits, Do you:

Snack between meals ____ Yes ____ No	Eat large meals? (gorge) ____ Yes ____ No
Eat a lot of sweets? ____ Yes ____ No	Drink carbonated beverages? ____ Yes ____ No
Drink caffeine-containing drinks? ____ Yes ____ No	If yes, how many cans/bottles per day? _____
If yes, how many cups per day? _____	

Have you used any of the following to control your weight? (Check all that apply)

____ Binging and Purging ____ Binging followed by food restriction ____ Vomiting

____ Excessive Exercise ____ Excessive Calorie Restriction/Fasting

If so, when and how long was this period of behavior? _____

Do you currently force yourself to vomit after eating? ____ Yes ____ No

Why do you feel you eat? (Check all that apply)

____ Physical Hunger ____ Loneliness ____ Anxiousness

____ Makes me happy ____ Bored

What reasons do you feel contribute to your weight? (Check all that apply)

☐ Over consumption ☐ Inactivity ☐ Emotional Wellbeing

What else contributes to your weight struggle, i.e., how do you account for why you have been unable to lose weight and/or maintain?

Please tell us how your weight is interfering with your health and life? _____

Why are you seeking weight loss surgery? _____

If you use eating as an emotional outlet, what will you substitute when your eating is restricted? _____

Medical History/Review of Symptoms: (Check all that apply)

General: ___ NONE

___ Fevers	___ Weight Gain	___ Tired/No Energy
___ Night Sweats	___ Insomnia	___ Hair Loss
___ Appetite Change	___ Other: _____	

Head and Neck: ___ NONE

___ Wear contacts/glasses	___ Vision problems	___ Hearing Problems
___ Sinus Drainage	___ Nose Bleeds	___ Hoarseness
___ Dentures, Partial/Full	___ Allergies	___ Glaucoma
___ Regular Ear Infections	___ Blurred/Double Vision	___ Other: _____

Cardiovascular: ___ NONE

___ Heart Attack	___ Chest Pain w/ Activity	___ Rhythm Changes
___ CHF	___ High Blood Pressure	___ Palpitations
___ Varicose Veins	___ Dyspnea on Exertion	___ Ankle Swelling
___ Ankle/Leg Ulcers	___ Elevated Triglycerides	___ Phlebitis/DVT
___ Clogged Heart Arteries	___ Rheumatic Fever	___ Valve Damage
___ MVP	___ Rapid Heart Beat	___ Irregular Heart Beat
___ Cramping in Legs When walking	___ Heart Murmur	___ Atrial Fibrillation
___ Elevated Cholesterol	___ Other: _____	

Respiratory: ___ NONE

___ Asthma	___ Emphysema/COPD	___ Bronchitis
___ Pneumonia	___ Chronic Cough	___ Shortness of Breath
___ Use of Cpap/Bipap	___ Use of Oxygen	___ Snoring
___ Pulmonary Embolism	___ Sleep Apnea	___ Other: _____

Gastrointestinal: ___ NONE

___ Heartburn	___ Hiatal Hernia	___ Ulcers
___ Diarrhea	___ Blood in Stool	___ History of Liver Enzymes
___ Constipation	___ IBS	___ Umbilical Hernia
___ Difficulty Swallowing	___ Hemorrhoids	___ Fissure/Polyps
___ Rectal Bleeding	___ Black, Tarry Stool	___ Ventral Hernia
___ Abdominal Pain	___ Enlarged Liver	___ Cirrhosis/Hepatitis
___ Gallbladder Problems	___ Jaundice	___ Pancreatic Disease
___ Nausea/Vomiting	___ GERD	___ Incisional Hernia
___ Barrett's Esophagus	___ Other: _____	

Medical History/Review of Symptoms: (Check all that apply)

Bladder/Kidney ☐ **NONE**

- | | | |
|---|--|--|
| <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> Prostate Problems |
| <input type="checkbox"/> Kidney Failure/Renal Insufficiency | <input type="checkbox"/> Leaking urine | <input type="checkbox"/> Men: PSA in last year? |
| <input type="checkbox"/> Trouble starting urine | <input type="checkbox"/> Burning/Pain on Urination | <input type="checkbox"/> Urinary Urgency/Frequency |
| <input type="checkbox"/> Overall Loss of Bladder Control | <input type="checkbox"/> Other: _____ | |

Gynecologic (for women only) ☐ **NONE**

- | | | |
|--|---|---|
| <input type="checkbox"/> Problems Conceiving/Infertility | <input type="checkbox"/> Currently Pregnant | <input type="checkbox"/> Uterine/Ovarian Cancer |
| <input type="checkbox"/> PCOS | <input type="checkbox"/> Menstrual Irregularity | <input type="checkbox"/> Menstrual Pain |
| <input type="checkbox"/> Excessively Heavy Periods | <input type="checkbox"/> Plan to have more Children | <input type="checkbox"/> Post Menopausal |

of pregnancies have you had: _____ Date of Last Pap Smear? _____

of miscarriages or abortions: _____ Date of last menstrual period: _____

Breast ☐ **NONE**

- | | | |
|---|--|---------------------------------------|
| <input type="checkbox"/> Nipple Discharge | <input type="checkbox"/> Lumps/Fibrocystic | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Pain | <input type="checkbox"/> Cancer | Date of last Mammogram: _____ |

Musculoskeletal ☐ **NONE**

- | | | |
|--|---|---|
| <input type="checkbox"/> Shoulder Pain | <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Elbow Pain |
| <input type="checkbox"/> Hip Pain | <input type="checkbox"/> Wrist Pain | <input type="checkbox"/> Back Pain |
| <input type="checkbox"/> Foot Pain | <input type="checkbox"/> Knee Pain | <input type="checkbox"/> Ankle Pain |
| <input type="checkbox"/> Plantar Fasciitis | <input type="checkbox"/> Heel Pain | <input type="checkbox"/> Ball of Foot Pain |
| <input type="checkbox"/> Broken Bones | <input type="checkbox"/> Carpal Tunnel Syndrome | <input type="checkbox"/> Lupus |
| <input type="checkbox"/> Muscle Pain/Spasm | <input type="checkbox"/> Sciatica | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Other: _____ | |

Neurologic ☐ **NONE**

- | | | |
|--|--|--|
| <input type="checkbox"/> Balance Disturbance | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Restless Leg Syndrome |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Seizures | <input type="checkbox"/> Weakness |
| <input type="checkbox"/> Knocked unconscious | <input type="checkbox"/> Numbness/Tingling | <input type="checkbox"/> Multiple Sclerosis |

Medical History/Review of Symptoms: (Check all that apply)

Psychiatric ☐ **NONE**

Are you currently under the care of a mental health provider? <input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/> Depression/Anxiety	<input type="checkbox"/> Borderline Personality Disorder
<input type="checkbox"/> Bipolar Disorder	<input type="checkbox"/> Multiple Personality
<input type="checkbox"/> Schizophrenia	<input type="checkbox"/> Seen a Psychiatrist or Counselor
<input type="checkbox"/> Alcoholism/Substance Abuse	<input type="checkbox"/> Been hospitalized for psychiatric Problems
<input type="checkbox"/> Currently taking medications for Psychiatric problems or depression	<input type="checkbox"/> Victim of Mental/Emotional/Sexual/Physical Abuse
<input type="checkbox"/> Attention Deficit Disorder	<input type="checkbox"/> Other: _____

Endocrine ☐ **NONE**

<input type="checkbox"/> Parathyroid	<input type="checkbox"/> Hypothyroid	<input type="checkbox"/> Goiter
<input type="checkbox"/> Low Blood Sugar	<input type="checkbox"/> Excessive Thirst	<input type="checkbox"/> Endocrine Gland Tumor
<input type="checkbox"/> Pre-Diabetes	<input type="checkbox"/> Diabetes (Diet or Pills)	<input type="checkbox"/> Diabetes (Insulin)
<input type="checkbox"/> Abnormal Facial Hair	<input type="checkbox"/> Excessive Urination	<input type="checkbox"/> Gout
<input type="checkbox"/> Other: _____		

Blood/Lymphatic ☐ **NONE**

<input type="checkbox"/> Low Platelets	<input type="checkbox"/> Anemia	<input type="checkbox"/> HIV/AIDS
<input type="checkbox"/> Bruise Easily	<input type="checkbox"/> Lymphoma	<input type="checkbox"/> Swollen Lymph Nodes
<input type="checkbox"/> Bleeding/Clotting Disorder	<input type="checkbox"/> Use Blood Thinning Medication	<input type="checkbox"/> History of DVT/PE
<input type="checkbox"/> Prior Blood Transfusion	<input type="checkbox"/> Other: _____	

Skin ☐ **NONE**

<input type="checkbox"/> Frequent Skin Infections	<input type="checkbox"/> Keloids (Excessively Raised Scars)	<input type="checkbox"/> Poor Wound Healing
<input type="checkbox"/> Psoriasis	<input type="checkbox"/> Rashes under Breasts/Skin Folds	<input type="checkbox"/> Rosacea
<input type="checkbox"/> Hair or Nail Changes	<input type="checkbox"/> Other: _____	

Prescribed Medications

Condition Taken For

Dosage/How Often

[illegible]

List any Over-the-Counter medications, herbal supplements or vitamins that you take on a regular basis. ☐ NONE

Product Name	Taken for what Purpose	Dosage/How Often

Allergies ☐ None

<input type="checkbox"/> Latex, Reaction: _____	<input type="checkbox"/> Tape, Reaction: _____
<input type="checkbox"/> Iodine, Reaction: _____	<input type="checkbox"/> IV Contrast Dye, Reaction: _____

Medications (List any medications that you are allergic to and your reaction:

Foods (List any foods you are allergic to and your reaction:

Surgical Procedures		Year			Year
Gallbladder	(Open)	_____	Tonsillectomy		_____
Gallbladder	(Laparoscopic)	_____	D&C		_____
Appendectomy	(Open)	_____	Ear Surgery: _____		_____
Appendectomy	(Laparoscopic)	_____	Mouth Surgery: _____		_____
Hysterectomy	(Vaginal)	_____	Heart Surgery: CABG/Stents		_____
Hysterectomy	(Abdominal)	_____	Valve Replacement		_____
Ovary Surgery		_____	Pacemaker		_____
Tubal Ligation		_____	Knee: <input type="checkbox"/> Lt <input type="checkbox"/> Rt		_____
Cesarean		_____	Breast Biopsy <input type="checkbox"/> Lt <input type="checkbox"/> Rt		_____

Surgical Procedures	Year		Year
Colonoscopy	_____	Kidney Surgery	_____
Anti-reflux procedure/Nissen	_____	Hemorrhoidectomy	_____
Colon Resection	_____	Endoscopy/EGD	_____
Back: _____	_____	Other: _____	_____

Previous Weight Loss Surgery: _____

(We will need a copy of the Operation Report from your previous weight loss surgery)

Date of Surgery: _____ Surgeon: _____

List any complications from surgery: _____

Original Weight prior to Surgery: _____ Lowest Weight Achieved: _____

Anesthesia Problems (Check all that apply) _____ NONE

____ Nausea	____ Heart Stopped	____ Woke up during Procedure
____ Vomiting	____ Stopped Breathing	____ Difficulty Waking Up
____ Difficulty Urinating	____ Other: _____	

Social History

Yes No

Do you smoke now?			If yes, how many packs per day?	
Have you smoked in the past?			If you have quit, how many years since?	
For how many years did you use tobacco? _____				
Do you use snuff or chew?			If yes, how often do you use?	
Do you consume alcohol now?			If yes, how many drinks each time and how many times per week?	
For how many years do/did you drink alcohol? _____				
Is anyone concerned about the amount you drink?			If you have quit, how many years since?	
Do you use street drugs now?			If yes, what drugs?	_____
If yes, how often do you use these drugs? _____			If you have quit, how many years since? _____	

Family Medical History: (Check all that apply)

Disease	Mother	Father	Siblings	Maternal Grandmother	Maternal Grandfather	Paternal Grandmother	Paternal Grandfather
Morbid Obesity							
Diabetes							
High Blood Pressure							
Stroke							
Heart Attack							
Cardiovascular Disease							
Sleep Apnea							
Cancer							
Death							
If still Living, Age							

Thank you for taking the time to fill out our Patient Packet.

You will be required to turn this packet
in at your first visit or you can mail in your packet to:

Salem Medical Clinic
141 Hospital Drive
Salem, KY 42078
ATTN: Bariatric Program

Please make sure to bring your insurance cards,
photo id and any previous bariatric surgery records with you to your first
appointment as well.

We look forward to assisting you in your weight
loss goals and a healthier and happier future.