

Daily Office Readings, Year 2

Week of the First Sunday in Lent

MONDAY, FEBRUARY 23

44 *Deus, auribus*

1 We have heard with our ears, O God, our forefathers have told us, *
the deeds you did in their days, in the days of old.

2 How with your hand you drove the peoples out and planted our forefathers in the land; *
how you destroyed nations and made your people flourish.

3 For they did not take the land by their sword, nor did their arm win the victory for them; *
but your right hand, your arm, and the light of your countenance,
because you favored them.

4 You are my King and my God; *
you command victories for Jacob.

5 Through you we pushed back our adversaries; *
through your Name we trampled on those who rose up against us.

6 For I do not rely on my bow, *
and my sword does not give me the victory.

7 Surely, you gave us victory over our adversaries *
and put those who hate us to shame.

8 Every day we gloried in God, *
and we will praise your Name for ever.

9 Nevertheless, you have rejected and humbled us *
and do not go forth with our armies.

10 You have made us fall back before our adversary, *

and our enemies have plundered us.

11 You have made us like sheep to be eaten *
and have scattered us among the nations.

12 You are selling your people for a trifle *
and are making no profit on the sale of them.

13 You have made us the scorn of our neighbors, *
a mockery and derision to those around us.

14 You have made us a byword among the nations, *
a laughing-stock among the peoples.

15 My humiliation is daily before me, *
and shame has covered my face;

16 Because of the taunts of the mockers and blasphemers, *
because of the enemy and avenger.

17 All this has come upon us; *
yet we have not forgotten you,
nor have we betrayed your covenant.

18 Our heart never turned back, *
nor did our footsteps stray from your path;

19 Though you thrust us down into a place of misery, *
and covered us over with deep darkness.

20 If we have forgotten the Name of our God, *
or stretched out our hands to some strange god,

21 Will not God find it out? *
for he knows the secrets of the heart.

22 Indeed, for your sake we are killed all the day long; *
we are accounted as sheep for the slaughter.

23 Awake, O Lord! why are you sleeping? *
Arise! do not reject us for ever.

24 Why have you hidden your face *
and forgotten our affliction and oppression?

25 We sink down into the dust; *
our body cleaves to the ground.

26 Rise up, and help us, *
and save us, for the sake of your steadfast love.

Genesis 37:1-11

Jacob settled in the land where his father had lived as an alien, the land of Canaan. This is the story of the family of Jacob.

Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a helper to the sons of Bilhah and Zilpah, his father's wives; and Joseph brought a bad report of them to their father. Now Israel loved Joseph more than any other of his children, because he was the son of his old age; and he had made him a long robe with sleeves. But when his brothers saw that their father loved him more than all his brothers, they hated him, and could not speak peaceably to him.

Once Joseph had a dream, and when he told it to his brothers, they hated him even more. He said to them, 'Listen to this dream that I dreamed. There we were, binding sheaves in the field. Suddenly my sheaf rose and stood upright; then your sheaves gathered around it, and bowed down to my sheaf.' His brothers said to him, 'Are you indeed to reign over us? Are you indeed to have dominion over us?' So they hated him even more because of his dreams and his words.

He had another dream, and told it to his brothers, saying, 'Look, I have had another dream: the sun, the moon, and eleven stars were bowing down to me.' But when he told it to his father and to his brothers, his father rebuked him, and said to him, 'What kind of dream is this that you have had? Shall we indeed come, I and your mother and your brothers, and bow to the ground before you?' So his brothers were jealous of him, but his father kept the matter in mind.

1 Corinthians 1:1-19

Paul, called to be an apostle of Christ Jesus by the will of God, and our brother Sosthenes,

To the church of God that is in Corinth, to those who are sanctified in Christ Jesus, called to be

saints, together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours:

Grace to you and peace from God our Father and the Lord Jesus Christ.

I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind— just as the testimony of Christ has been strengthened among you— so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you should be in agreement and that there should be no divisions among you, but that you should be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, 'I belong to Paul', or 'I belong to Apollos', or 'I belong to Cephas', or 'I belong to Christ.' Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power.

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, 'I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.'

Mark 1:1-13

The beginning of the good news of Jesus Christ, the Son of God.

As it is written in the prophet Isaiah,
‘See, I am sending my messenger ahead of you,
who will prepare your way;
the voice of one crying out in the wilderness:
“Prepare the way of the Lord,
make his paths straight”’,
John the baptizer appeared in the wilderness,
proclaiming a baptism of repentance for the
forgiveness of sins. And people from the whole
Judean countryside and all the people of Jerusalem
were going out to him, and were baptized by him in
the river Jordan, confessing their sins. Now John
was clothed with camel’s hair, with a leather belt
around his waist, and he ate locusts and wild honey.
He proclaimed, ‘The one who is more powerful
than I is coming after me; I am not worthy to stoop
down and untie the thong of his sandals. I have
baptized you with water; but he will baptize you
with the Holy Spirit.’

In those days Jesus came from Nazareth of Galilee
and was baptized by John in the Jordan. And just as
he was coming up out of the water, he saw the
heavens torn apart and the Spirit descending like a
dove on him. And a voice came from heaven, ‘You
are my Son, the Beloved; with you I am well
pleased.’

And the Spirit immediately drove him out into the
wilderness. He was in the wilderness for forty days,
tempted by Satan; and he was with the wild beasts;
and the angels waited on him.

TUESDAY, FEBRUARY 24th

Saint Matthias the Apostle

Psalm 33

Rejoice in the Lord, O you righteous.
Praise befits the upright.
Praise the Lord with the lyre;
make melody to him with the harp of ten strings.
Sing to him a new song;
play skilfully on the strings, with loud shouts.

For the word of the Lord is upright,
and all his work is done in faithfulness.
He loves righteousness and justice;
the earth is full of the steadfast love of the Lord.

By the word of the Lord the heavens were made,
and all their host by the breath of his mouth.
He gathered the waters of the sea as in a bottle;
he put the deeps in storehouses.

Let all the earth fear the Lord;
let all the inhabitants of the world stand in awe of
him.
For he spoke, and it came to be;
he commanded, and it stood firm.

The Lord brings the counsel of the nations to
nothing;
he frustrates the plans of the peoples.
The counsel of the Lord stands for ever,
the thoughts of his heart to all generations.
Happy is the nation whose God is the Lord,
the people whom he has chosen as his heritage.

The Lord looks down from heaven;
he sees all humankind.
From where he sits enthroned he watches
all the inhabitants of the earth—
he who fashions the hearts of them all,
and observes all their deeds.
A king is not saved by his great army;
a warrior is not delivered by his great strength.
The war horse is a vain hope for victory,
and by its great might it cannot save.

Truly the eye of the Lord is on those who fear him,
on those who hope in his steadfast love,
to deliver their soul from death,
and to keep them alive in famine.

Our soul waits for the Lord;
he is our help and shield.
Our heart is glad in him,
because we trust in his holy name.
Let your steadfast love, O Lord, be upon us,
even as we hope in you.

1 Samuel 12:1-5

Samuel said to all Israel, 'I have listened to you in all that you have said to me, and have set a king over you. See, it is the king who leads you now; I am old and grey, but my sons are with you. I have led you from my youth until this day. Here I am; testify against me before the Lord and before his anointed. Whose ox have I taken? Or whose donkey have I taken? Or whom have I defrauded? Whom have I oppressed? Or from whose hand have I taken a bribe to blind my eyes with it? Testify against me and I will restore it to you.' They said, 'You have not defrauded us or oppressed us or taken anything from the hand of anyone.' He said to them, 'The Lord is witness against you, and his anointed is witness this day, that you have not found anything in my hand.' And they said, 'He is witness.'

Acts 20:17-35

From Miletus he sent a message to Ephesus, asking the elders of the church to meet him. When they came to him, he said to them:

'You yourselves know how I lived among you the entire time from the first day that I set foot in Asia, serving the Lord with all humility and with tears, enduring the trials that came to me through the plots of the Jews. I did not shrink from doing anything helpful, proclaiming the message to you and teaching you publicly and from house to house, as I testified to both Jews and Greeks about repentance towards God and faith towards our Lord Jesus. And now, as a captive to the Spirit, I am on my way to Jerusalem, not knowing what will happen to me there, except that the Holy Spirit testifies to me in

every city that imprisonment and persecutions are waiting for me. But I do not count my life of any value to myself, if only I may finish my course and the ministry that I received from the Lord Jesus, to testify to the good news of God's grace.

'And now I know that none of you, among whom I have gone about proclaiming the kingdom, will ever see my face again. Therefore I declare to you this day that I am not responsible for the blood of any of you, for I did not shrink from declaring to you the whole purpose of God. Keep watch over yourselves and over all the flock, of which the Holy Spirit has made you overseers, to shepherd the church of God that he obtained with the blood of his own Son. I know that after I have gone, savage wolves will come in among you, not sparing the flock. Some even from your own group will come distorting the truth in order to entice the disciples to follow them. Therefore be alert, remembering that for three years I did not cease night or day to warn everyone with tears. And now I commend you to God and to the message of his grace, a message that is able to build you up and to give you the inheritance among all who are sanctified. I coveted no one's silver or gold or clothing. You know for yourselves that I worked with my own hands to support myself and my companions. In all this I have given you an example that by such work we must support the weak, remembering the words of the Lord Jesus, for he himself said, "It is more blessed to give than to receive."'

WEDNESDAY, FEBRUARY 25th

Psalm 49 *Audite hæc, omnes*

1 Hear this, all you peoples; hearken, all you who dwell in the world, *
you of high degree and low, rich and poor together.

2 My mouth shall speak of wisdom, *
and my heart shall meditate on understanding.

3 I will incline my ear to a proverb *
and set forth my riddle upon the harp.

4 Why should I be afraid in evil days, *

when the wickedness of those at my heels surrounds me,

5 The wickedness of those who put their trust in their goods, *
and boast of their great riches?

6 We can never ransom ourselves, *
or deliver to God the price of our life;

7 For the ransom of our life is so great, *
that we should never have enough to pay it,

8 In order to live for ever and ever, *
and never see the grave.

9 For we see that the wise die also;
like the dull and stupid they perish *
and leave their wealth to those who come after them.

10 Their graves shall be their homes for ever,
their dwelling places from generation to generation,*
though they call the lands after their own names.

11 Even though honored, they cannot live for ever;*
they are like the beasts that perish.

12 Such is the way of those who foolishly trust in themselves, *
and the end of those who delight in their own words.

13 Like a flock of sheep they are destined to die;
Death is their shepherd; *
they go down straightway to the grave.

14 Their form shall waste away, *
and the land of the dead shall be their home.

15 But God will ransom my life; *
he will snatch me from the grasp of death.

16 Do not be envious when some become rich, *
or when the grandeur of their house increases;

17 For they will carry nothing away at their death, *
nor will their grandeur follow them.

18 Though they thought highly of themselves while they lived, *
and were praised for their success,

19 They shall join the company of their forebears, *
who will never see the light again.

20 Those who are honored, but have no understanding, *
are like the beasts that perish.

Genesis 37:25-36

Then they sat down to eat; and looking up they saw a caravan of Ishmaelites coming from Gilead, with their camels carrying gum, balm, and resin, on their way to carry it down to Egypt. Then Judah said to his brothers, 'What profit is there if we kill our brother and conceal his blood? Come, let us sell him to the Ishmaelites, and not lay our hands on him, for he is our brother, our own flesh.' And his brothers agreed. When some Midianite traders passed by, they drew Joseph up, lifting him out of the pit, and sold him to the Ishmaelites for twenty pieces of silver. And they took Joseph to Egypt.

When Reuben returned to the pit and saw that Joseph was not in the pit, he tore his clothes. He returned to his brothers, and said, 'The boy is gone; and I, where can I turn?' Then they took Joseph's robe, slaughtered a goat, and dipped the robe in the blood. They had the long robe with sleeves taken to their father, and they said, 'This we have found; see now whether it is your son's robe or not.' He recognized it, and said, 'It is my son's robe! A wild animal has devoured him; Joseph is without doubt torn to pieces.' Then Jacob tore his garments, and put sackcloth on his loins, and mourned for his son for many days. All his sons and all his daughters sought to comfort him; but he refused to be comforted, and said, 'No, I shall go down to Sheol to my son, mourning.' Thus his father bewailed him. Meanwhile the Midianites had sold him in Egypt to Potiphar, one of Pharaoh's officials, the captain of the guard.

1 Corinthians 2:1-13

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him'—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Mark 1:29-45

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured

many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

A leper came to him begging him, and kneeling he said to him, 'If you choose, you can make me clean.' Moved with pity, Jesus stretched out his hand and touched him, and said to him, 'I do choose. Be made clean!' Immediately the leprosy left him, and he was made clean. After sternly warning him he sent him away at once, saying to him, 'See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them.' But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

THURSDAY, FEBRUARY 26th

Psalm 19 *Cœli enarrant*

1 The heavens declare the glory of God, *
and the firmament shows his handiwork.

2 One day tells its tale to another, *
and one night imparts knowledge to another.

3 Although they have no words or language, *
and their voices are not heard,

4 Their sound has gone out into all lands, *
and their message to the ends of the world.

5 In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.

6 It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.

7 The law of the Lord is perfect
and revives the soul; *
the testimony of the Lord is sure
and gives wisdom to the innocent.

8 The statutes of the Lord are just
and rejoice the heart; *
the commandment of the Lord is clear
and gives light to the eyes.

9 The fear of the Lord is clean
and endures for ever; *
the judgments of the Lord are true
and righteous altogether.

10 More to be desired are they than gold,
more than much fine gold, *
sweeter far than honey,
than honey in the comb.

11 By them also is your servant enlightened, *
and in keeping them there is great reward.

12 Who can tell how often he offends? *
cleanse me from my secret faults.

13 Above all, keep your servant from presumptuous
sins;
let them not get dominion over me; *
then shall I be whole and sound,
and innocent of a great offense.

14 Let the words of my mouth and the meditation of
my heart be acceptable in your sight, *
O Lord, my strength and my redeemer.

Psalm 46 *Deus noster refugium*

1 God is our refuge and strength, *
a very present help in trouble.

2 Therefore we will not fear, though the earth be
moved, *
and though the mountains be toppled into the depths
of the sea;

3 Though its waters rage and foam, *
and though the mountains tremble at its tumult.

4 The Lord of hosts is with us; *
the God of Jacob is our stronghold.

5 There is a river whose streams make glad the city
of God, *
the holy habitation of the Most High.

6 God is in the midst of her;
she shall not be overthrown; *
God shall help her at the break of day.

7 The nations make much ado, and the kingdoms
are shaken; *
God has spoken, and the earth shall melt away.

8 The Lord of hosts is with us; *
the God of Jacob is our stronghold.

9 Come now and look upon the works of the Lord, *
what awesome things he has done on earth.

10 It is he who makes war to cease in all the
world; *
he breaks the bow, and shatters the spear,
and burns the shields with fire.

11 "Be still, then, and know that I am God; *
I will be exalted among the nations;
I will be exalted in the earth."

12 The Lord of hosts is with us; *
the God of Jacob is our stronghold.

Genesis 39:1-23

Now Joseph was taken down to Egypt, and Potiphar, an officer of Pharaoh, the captain of the guard, an Egyptian, bought him from the Ishmaelites who had brought him down there. The Lord was with Joseph, and he became a successful man; he was in the house of his Egyptian master. His master saw that the Lord was with him, and that the Lord caused all that he did to prosper in his hands. So Joseph found favour in his sight and attended him; he made him overseer of his house and put him in charge of all that he had. From the

time that he made him overseer in his house and over all that he had, the Lord blessed the Egyptian's house for Joseph's sake; the blessing of the Lord was on all that he had, in house and field. So he left all that he had in Joseph's charge; and, with him there, he had no concern for anything but the food that he ate.

Now Joseph was handsome and good-looking. And after a time his master's wife cast her eyes on Joseph and said, 'Lie with me.' But he refused and said to his master's wife, 'Look, with me here, my master has no concern about anything in the house, and he has put everything that he has in my hand. He is not greater in this house than I am, nor has he kept back anything from me except yourself, because you are his wife. How then could I do this great wickedness, and sin against God?' And although she spoke to Joseph day after day, he would not consent to lie beside her or to be with her. One day, however, when he went into the house to do his work, and while no one else was in the house, she caught hold of his garment, saying, 'Lie with me!' But he left his garment in her hand, and fled and ran outside. When she saw that he had left his garment in her hand and had fled outside, she called out to the members of her household and said to them, 'See, my husband has brought among us a Hebrew to insult us! He came in to me to lie with me, and I cried out with a loud voice; and when he heard me raise my voice and cry out, he left his garment beside me, and fled outside.' Then she kept his garment by her until his master came home, and she told him the same story, saying, 'The Hebrew servant, whom you have brought among us, came in to me to insult me; but as soon as I raised my voice and cried out, he left his garment beside me, and fled outside.'

When his master heard the words that his wife spoke to him, saying, 'This is the way your servant treated me', he became enraged. And Joseph's master took him and put him into the prison, the place where the king's prisoners were confined; he remained there in prison. But the Lord was with Joseph and showed him steadfast love; he gave him favour in the sight of the chief jailer. The chief jailer committed to Joseph's care all the prisoners who were in the prison, and whatever was done there, he was the one who did it. The chief jailer

paid no heed to anything that was in Joseph's care, because the Lord was with him; and whatever he did, the Lord made it prosper.

1 Corinthians 2:14-3:15

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are discerned spiritually. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

'For who has known the mind of the Lord so as to instruct him?'

But we have the mind of Christ.

And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarrelling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, 'I belong to Paul', and another, 'I belong to Apollos', are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. For we are God's servants, working together; you are God's field, God's building.

According to the grace of God given to me, like a skilled master builder I laid a foundation, and someone else is building on it. Each builder must choose with care how to build on it. For no one can lay any foundation other than the one that has been laid; that foundation is Jesus Christ. Now if anyone builds on the foundation with gold, silver, precious stones, wood, hay, straw—the work of each builder will become visible, for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each has done. If what

has been built on the foundation survives, the builder will receive a reward. If the work is burned, the builder will suffer loss; the builder will be saved, but only as through fire.

Mark 2:1-12

When he returned to Capernaum after some days, it was reported that he was at home. So many gathered around that there was no longer room for them, not even in front of the door; and he was speaking the word to them. Then some people came, bringing to him a paralysed man, carried by four of them. And when they could not bring him to Jesus because of the crowd, they removed the roof above him; and after having dug through it, they let down the mat on which the paralytic lay. When Jesus saw their faith, he said to the paralytic, ‘Son, your sins are forgiven.’ Now some of the scribes were sitting there, questioning in their hearts, ‘Why does this fellow speak in this way? It is blasphemy! Who can forgive sins but God alone?’ At once Jesus perceived in his spirit that they were discussing these questions among themselves; and he said to them, ‘Why do you raise such questions in your hearts? Which is easier, to say to the paralytic, “Your sins are forgiven”, or to say, “Stand up and take your mat and walk”? But so that you may know that the Son of Man has authority on earth to forgive sins’—he said to the paralytic— ‘I say to you, stand up, take your mat and go to your home.’ And he stood up, and immediately took the mat and went out before all of them; so that they were all amazed and glorified God, saying, ‘We have never seen anything like this!’