

SPECIALTY BEVERAGES

	TALL	GRANDE	SUPER	CAFFÉ
Definition of the second secon	2.10	2.40	2.65	2.90
Decaf CF Buddy Brew	2.10	2.40	2.65	2.90
Olé	2.75	3.25	3.80	4.20
Espresso	1.95	2.75	3.55	4.05
🖉 Americano		3.35	4.15	4.40
Caffé Mocha or Breve	3.75	4.30	4.80	5.35
Cappuccino	3.50	4.05	4.55	5.10
Caffé Con Leche	3.50	4.05	4.55	5.10
Caffé Latte	3.50	4.05	4.55	5.10
Flat White	4.20	5.25		
Hot Chocolate	2.50	3.05	3.55	4.10
Buddy Brew Cold Brew	3.10	3.60	4.15	
🖉 lced Decaf Buddy Brew	2.60	3.35	4.15	
Iced Americano	2.60	3.35	3.90	4.40
Iced Espresso	1.95	2.45	3.00	3.50
Iced Caffé Latte	3.50	4.05	4.55	
Iced Caffé Mocha or Breve	3.75	4.30	4.80	
EXTRAS				
Add Monin Syrup		0.80	1.20	
Sub Almond, Coconut, Soy	0.50	1.00	1.00	1.00
Lactose Free, Oat Add Espresso	0 80 n	er shat		
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SWEETS

*SPECIALTY PASTRIES AND	CAKES PRICES MAY VARY
Chocolate Chip Cookie . 2.25	GF Peanut Butter Cookie 2.50
Oatmeal Raisin Cookie 2.25	Sugar Cookie 3.00
Espresso Cookie 3.00	Brownies 2.50
Mikes Pies	



FRAPPÉS

Mocha	4.50	Caramel	. 4.50
Snickers	4.50	Almond Joy	. 4.50
Mocha Banana	5.00	Vanilla Banana	. 5.00
Caffé Vanilla (with espress	0)		. 5.25
Creamy Salted Carmel	(with es	presso)	. 5.25
Salted Carmel Mocha (v	with espi	resso)	. 5.25
Add Espresso			. 0.80

CHILLED BEVERAGES

Soda Can	1 FOR 1.50 2 FOR 2.35
Coke, Diet Coke, Coke Zero, Cherry Coke	Zero, Diet Dr Pepper
Mountain Dew, Diet Mountain Dew, & Sp	
Coke, Diet Coke, Coke Zero, & Sprite Zer	
PEPSI PRODUCTS AVAILABLE AT THE CAP	
Club Soda	1 FOR 1.35 2 FOR 2.10
Freshly Brewed Iced Tea	мед 1.50 lar 2.35
Flavored Iced Tea	мед 2.25 lar 3.50
Raspberry, blackberry, pomegranate or s	sugar-free blackberry
Smart Water	мед 2.25 Lar 3.15
Zephyrhills Water 1.50 2.65	
Sparkling Water 1.75	V-8 1.50
Found Sparkling Water 3.00	Vitamin Water 2.30
Hint Water	Coconut Water 3.10
Body Armor	Minute Maid Juice 2.65
Gatorade	Fresh Orange Juice 2.75
Monster	REIGN 3.50
Red Bull 3.60	BANG Energy
Milk (2% or Skim) 1	1.50 1.75 2.00
Chocolate Milk 1	1.90 2.55 3.20
Almond or Coconut Milk, Soy or Oa	at Lactose Free Available

HANDCRAFTED

Italian Sodas	3.95
Vanilla, raspberry, & blackberry (regular or sugar-free) Splash of Cream	
Hibiscus Berry Fizz	3.95
Hibiscus, blackberry, and club soda	



	GRANDE	SUPER
TeBella Fog	5.00	6.00
Earl Grey, Earl Grey Lavander, Earl Grey, Wicked C with steamed milk, vanilla & pure cane sugar	reme or Almond sh	ortbread tea
TeBella Hot/Iced Chai Latte	. 4.50	5.25
TeBella Hot/Iced Tea	FROM 3.75	4.55
White Tea - White Coconut Dulce		

Green Tea - Orange Blossom, Lemon Sencha Madam, Blueberry Pomegranate, Apricot Organic, Orange Amaretto, Tropical Breeze

Black Tea - Earl Grey Lavender Organic, Earl Grey Organic Masala Chai, Breakfast Blend Organic, Almond Shortbread, *Seasonal* - Peppermint Bark, Pumpkin Chai & Wicked Creme

Maté Brio (Maté Blend) - High Caffeine

Herbal/Caffeine Free - Herbal/Fruit Blend - Mango Melange & Tumeric Ginger. *Rooibos* - CF Key Lime Ginger & Carrot Cake

1602 FRESH SMOOTHIES MAKE ANY SMOOTHIE 3.25

MIX + MATCH Made with fresh cut fruit, Strawberries Pineapple	non-fat yogurt a • Blueberries	nd orange juice. • Blackberries	
Engery Boost Creamy peanut butter, ba			
Tropical Paradise Pineapple, banana, mang			5.25
Berry Blast Strawberries, blueberries,			5.50
Blue Bliss			5.25
Island Breeze Strawberries, pineapple, r			5.25
SUB GREEK YOGURT Add Whey Vai Add Energy Shot	NILLA OR CHO	COLATE PROTE	EIN 0.50

20oz ULTIMATE SMOOTHIES - 6.50

(Super Boost (185 CAL)	Strawberry, Banana, Kale, Acai and Yogurt
	Green Goddess (125 CAL)	Pineapple, Apple, Kale, Mango and Yogurt
	Mega Berry Blitz	Strawberry, Blackberry, Blueberries, Acai,
	(135 CAL)	Almond, Milk and Yogurt
	Banana Nut Java	Banana, Almonds, Pecans, Almond Milk,
	(315 CAL)	Vanilla Whey Protein and Espresso
	Coco-Pine Refresh	Pineapple, Coconut Flakes, Spinach,
	(145 CAL)	Coconut Milk and Yogurt

ADD WHEY PROTEIN 0.50 // PLANT PROTEIN 1.00 // FRUIT from 0.70

FEATURED DRINKS - 5.25

XO Chocolate Almond Caramel*	Raspberry Torte *
Chocolate, Almond, Salted Caramel,	White Chocolate, Raspber
Espresso & Milk	Espresso & Milk
White Chocolate Cupcake*	Butterscotch Choco
White Chocolate, Butterscotch,	Ganache*
Vanilla, Espresso & Milk	Chocolate, Butterscotch
Coconut Cream*	Milk & Cream
Vanilla, Coconut, Espresso & Milk	*AVAILABLE HOT, ICED OR
Wicked Crème Fog	Honey Vanilla Oat*
TeBella Wicked Crème Tea, Pure Cane,	Organic honey, Vanilla, /

Honey Vanilla Oat* \$5.95 Organic honey, Vanilla, Agave, Espresso & Oat Milk

late

Espresso,

IS A FRAPPÉ

CUPS & BOWLS

CUP	BOML
Soup of the Day	6.00
Chili (when available)	6.50
Specialty Soup (WHEN AVAILABLE)	7.75

1/2 SANDWICH & SOUP COMBO

Half Sandwich & Soup		. 9.50	10.75
SUB Chili .25 / .50	SUB Specialty Soup	1.00 / 1.7	5



& MARKETPLACE FRESH TO GO



ADDRESS:

Bank of America Building 101 E. Kennedy Blvd., Suite 360 Tampa, Florida 33602

PHONE: (813) 221-7570

CAFFÉ HOURS:

Monday-Friday, 6:45 am - 4 pm Closed on Weekends

MARKETPLACE HOURS:

Monday-Thursday, 8 am - 6 pm Friday, 8 am - 5:15 pm Closed on Weekends

CATERING AVAILABLE



ORDER ONLINE WWW.CAFFEFRESCOTAMPA.COM

DUE TO COVID-19 ITEMS HIGHLIGHTED ARE UNAVAILABLE

BREAKFAST

BREAD, BAGELS & MORE **FRESH BAKED BREAD** (French, 7 Grain, Whole Wheat, Sourdough or Rye) Plain 1.05 Butter/Preserves 1.60 Cream Cheese 2.00 Peanut Butter 2.80 English Muffin (Whole Wheat) Plain 1.40 Butter/Preserves 1.95 Cream Cheese 2.35 Peanut Butter 2.65 Croissants Plain 2.10 Butter/Preserves 2.85 Cream Cheese 3.05 Peanut Butter 3.35 **Bruegger's Bagels** Asiago Cheese, Blueberry, Cinnamon Raisin, Cinnamon Sugar, Everything, Honey Oat, Jalapeño Cheddar, Plain, Rosemary Olive Oil, Sesame, Whole Wheat Plain 1.70 Butter/Preserves 2.45 Cream Cheese 2.65 Peanut Butter 2.95 Salmon Cream Cheese Bagel Smoked salmon, cream cheese, onions, tomatoes & capers 7.75 Cheese Focaccia or Plain Rustic. . . . 1/2 1.05 . . FULL 2.10 Scones or Muffins (Daily Selections) FROM 3.00 Fresco's Cuban Toast Plain rustic, buttered and pressed . . . 1/2 2.10 . . FULL 3.40 Plain rustic with butter and Swiss cheese pressed 7 grain bread, avocado, chili peppers, salt & pepper Fresco's Avocado Toast 3 Way KETO BREAD K Basic plus 1/2 egg & 1/2 egg white, or tomatoes . . . 4.75 Basic plus smoked bacon or chicken sausage 5.50

Salmon Cream Cheese Avocado Toast 6.75 7 grain bread, avocado, smoked salmon, cream cheese and arugula

EGGS, OMELETTES & MORE

 Crambled Eggs (3)
FICK TWO - 3 Egg Omelette
BUILD YOUR OWN - 3 Egg Omelette BASE 4.25
Shredded Cheddar or Pepper Jack. 0.50 Bacon or Ham 1.00 Sliced Cheddar, Swiss, Provolone or American 0.50 Bacon or Ham 1.00 or American 0.50 Beyond Hot Italian Sausage 3.00 Feta or Gorgonzola Cheese 1.00 Tomatoes or Bell Peppers 0.40 Goat or Mozzarella Cheese 0.25 Spinach or Arugula 0.50 Chives or Basil 0.25 Spinach or Arugula 0.50
Egg White Avocado Wrap ⁺
(K) Egg Sandwich ⁺
Egg and cheese 4.60 Egg, cheese and ham 5.05 Egg, cheese and bacon, chicken sausage or turkey 5.50 Sub egg whites 0.50 Sub croissant or wrap 0.30
K Fresco's Savory Chicken Sausage Sandwich ⁺ 5.55 Egg, chicken sausage, arugula, tomato, Greek yogurt dill sauce served on whole wheat English muffin
(K) Ham and Cheese Croissant . 4.55
(K) Bacon and Cheese Sandwich 4.00 English muffin, cheese focaccia, rustic or specialty bread
Sub croissant, wrap 0.30 K Hard Boiled Eggs (1) 1.15 (2) 2.15 (3) 3.15
CAFFE FRESCO FAVORITES + SUB BEYOND HOT ITALIAN SAUSAGE \$2

YOGURT. OATMEAL. & FRUIT

Fresco's Rolled Oats	
Rolled Oats, cranberries, pecans, brown sugar and cinnamon	
Build you own Oatmeal (PLAIN Rolled Oats) BASE 3.00	
Blueberry	
Banana	
Cherries	
Brown Sugar & Cinnamon 0.50 Butter 0.35	
Almonds	
Caffé Greek Blend Yogurt 4.50	
Starwberries OR Blueberries and Granola // Cherries & Pecans	
Add Granola 1.00	
Fresco's Greek Blend Bowl 6.25	
Greek yogurt blend, banana, blueberries, strawberries, coconut and pecans	
Fruit Bowl	
Large Fresh Seasonal Berry Bowl	
Bananas 0.70 Apples	

ELUNCH AHI TUNA, SMOKED SALMON

- carrots, kale, red cabbage, cucumbers, scallions, jalapeños, ahi tuna, ginger soy marinade, wasabi and cusabi dressing Cauliflower rice, Julienne cut Golden beets, broccoli, kohlrabi, brussel sprouts, carrots, green onions, kale and red cabbage, cucumbers, scallions, jalapeños, salmon avocado, ginger soy marinade, wasabi and cusabi dressing
- Arcadian mix, cucumbers, bell peppers, seared ahi tuna, low sodium soy sauce, wasabi, pickled ginger and cusabi dressing
- Arcadian mix, spinach, cucumbers, bell peppers, chickpeas, edamame, avocado, carrots, green onions, seared ahi tuna, low sodium soy sauce, wasabi, pickled ginger and cusabi dressing

BEYOND MEATS 6 OZ PLANT BASED PROTEIN (ED) (GFA)

	CFM Beyond Vegan	
6	CFM Beyond Pesto)
	Gorgonzola cheese, arugula, tomato, served on a Brioche Bun	
6	CFM Beyond Cusabi)
	Lettuce, tomato, cucumber wasabi, onions, avocado, pickles served on a Brioche Bur	ı
K	CFM Beyond Chipotle Platter)
	Chipotle aioli, jalapeños, fontina cheese with arugula, baby spinach, Arcadian mix, green onions, bell peppers, cucumber, tomatoes salad with chipotle ranch dressing.	
0	CFM Beyond Sausage)
	Beyond hot Italian sausage, yellow mustard, tomatoes, pickles, jalapeño peppers and red onion served on a brioche hoagie bun.	
	CFM Italian Sausage Wrap)

SIDES &

Índividual
Fresh Fruit from 0.70
Fruit Bowl from 3.50
Fresh Vegetables
w/dressing
Side Bacon 4.00
Chips 1.50
Ms. Vickies, Fritos, Lays
or Baked Ruffles
Cusabi Slaw 2.25 / 3.95
Edamame Salad 2.75

ADD ONS
ADD TO SALAD
Grilled Chicken 2.75 / 5.00
Turkey or Ham 2.75 / 5.00
Roast Beef 2.75 / 5.00
Egg Salad 2.75 / 5.00
Tuna Salad 2.75 / 5.00
Chicken Salad 2.75 / 5.00
Ahi Tuna
Smoked Salmon 6.25
Beyond Burger
Beyond Hot Italian Sausage5.75

SPECIALTY SALADS

	DRESSINGS - Caesar, Balsamic Vinaigrette, Ranch, Honey Mustard, Onion & Poppyseed, Raspberry White Balsamic Vinaigrette, Blue Chee Mediterranean Olive Oil, Dijon Vinaigrette	se, Olive Oil,
K	HALF Traditional House Salad 4.85 Romaine lettuce, green onions, tomatoes, cucumbers, shredded cheese & h	FULL 9.00 erb croutons
ß	Mega Greens Salad	11.00 almonds,
	Kale Arcadian	10.75 as, and
K	Kale Caesar	10.25 eese,
	Cali-Fresco Salad	
K	Caprese Salad	7.50 ette dressing
	Baby Spinach & Pear Salad . 5.25 Baby spinach, arcadian mix, pears, bell pepper, green onions, tomat gorgonzola cheese and pecans, served with sweet onion & poppyseer	
	Southwest Salad Romaine lettuce, green onions, tomatoes, shredded cheese, chili, avocado, salsa with corn and black beans, corn chips and ranch dre <i>AVAILABLE ONLY - ON DAYS WE SERVE CHILI</i>	10.75 ssing
	Cranberry Pecan AVAILABLE	
	Mediterranean	
	Add Grilled Chicken, Turkey, Ham, Roast Beef, Egg Salad, Tuna Salad, or Chicken Salad	5.00
	TRIO MEDLEY SALAD	
	(K) Chicken Salad, Fruit Salad, Tuna Salad, Side Salad,	

📧 Chicken Salad, Fruit Salad, Tuna Salad, Side Salad,			
Egg Salad, Caesar Salad, Cup of Soup of Day			
Choose three			
WHEN ΔVΔII ΔRI F	SUB Chili C 0 25 / B 0 50 SUB Specialty Soun C 1 00 / B 1 75		

PANINIS

	We recommend 7 Grain, Sourdough or Rye Bread.
	Three Cheese Panini 7.50 The perfect blend of provolone, cheddar and fontina cheese 7.50
	Little Italy Panini
	Turkey Bruschetta Panini 9.75 Turkey, basil, tomato, provolone cheese with our balsamic vinaigrette dressing
	Cheesy Tuna Panini
)	Caprese Panini
	9.00Fresh mozzarella, marinated red peppers, arugula, tomatoes, basil pesto aioli, balsamic, served on plain rustic <i>(Add organic grilled chicken 2.25)</i>
	GLUTEN FREE BREAD from 0.60WRAPfrom 0.30ADD SLICE OF CHEESE TO ANY SANDWICH

CAFFÉ SANDWICHES 🖤 🖽

	Bread – Cheese Focaccia or Plain Rustic. Wrap – Tomato, Chipotle, Spinach, or Wheat.	FULL
	Turkey Delight 5.00 Turkey breast, arugula, tomato, served with honey mustard sauce	9.50
	Chicken Pesto	9.50
	Italian Classic	9.25 naigrette
)	Fresco's Club	10.00 oes and
)	Ultimate B.A.L.T	10.00
)	Fresco's Spicy Chicken	10.00 _{Jgula,}
)	Fresco's Savory Roast Beef	10.00 aioli

SIGNATURE SANDWICHES 🕮 🏎

Bread – French, 7 Grain, Whole Wheat, Sourdough, or Rye.			
Wrap – Tomato, Chipotle, Spinach, or Wheat.	(K) KI	ETO BREAD	
	HALF	FULL	
Ham and Swiss	4.75	9.00	
Ham, swiss cheese, leaf lettuce, tomato and our sun-dried	tomato aiol	i	
Veggie Delight	4.75	9.00	
Hummus, arcadian mix, tomato, cucumber and feta cheese			
Roasted Chicken	5.25	10.00	
Grilled chicken breast strips, leaf lettuce, tomato and our s dressing	ignature Ca	esar	
Hearty Roast Beef Oven-roasted beef, leaf lettuce, tomato, and our signature		10.00	
Caffe Fresco's Classic Combo (6 oz of meat) Roast beef, turkey and ham, leaf lettuce, and tomato toppe wasabi aioli			
Caffe Fresco's Chicken Salad Grilled chicken breast mixed with celery, apples, red onion and pecans, served with mayo, lettuce and tomato	.5.25	10.00	

CLASSIC SANDWICHES & WRAPS 🛛 🖾

	Bread – French, 7 Grain, Whole Wheat, Sourdough,	or Rye.	
	Wrap – Tomato, Chipotle, Spinach, or Wheat.	ALF	FULL
K	Tuna Salad w/mayo, lettuce and tomato	.75	9.00
K	Egg Salad w/mayo, lettuce and tomato	.75	9.00
	Peanut Butter & Jelly		5.75
	Apple-wood Smoked "BLT" w/mayo 4	.75	9.00
	Tuscan Chicken Wrap.		9.75
	Grilled chicken breast strips, roasted red peppers, fontina cheese, leaf lettuce, tomato with our signature lemon caper dill	l dressing	
K	Turkey Avocado Wrap		9.75
K	Pineapple Pesto Chicken Wrap (Seasonal)		9.75
	Julienne cut Golden beets, broccoli, kohlrabi, brussel sprouts, c	,	
	kale, red cabbage, arugula, pineapple, pesto, chicken, and spir		0 00
0	Fire Roasted Chipotle Wrap Julienne cut Golden beets, broccoli, kohlrabi, brussel sprouts, c red cabbage, cilantro, avocado, fire roasted cron and peppers, o chicken and Chipotle wrap	arrots, kale	

