



# FCA Huddle Guidelines

## Middle & High School Huddles

### ESSENTIALS

- Student Leadership Team; Student Leaders (13+) qualified through FCA's Volunteer Impact Portal (VIP), meet regularly and lead huddles
- Huddle Sponsor and/or parent; qualified through FCA's VIP and trained by staff
- Invite/involve local churches/pastors
- Oversight/consistent presence of staff or trained volunteer
- Have a plan; meet in regular rhythms (weekly preferred)
- Huddle agenda includes 4 W's; Welcome, Warm Up, Workout, Wrap Up
  - Prayer, fun/fellowship, Bible teaching

### STRONGLY ENCOURAGED

- Leadership Team/Sponsor: attend leadership camp, complete optional trainings in FCA's Volunteer Impact Portal
- Logistics: Meet before school, promote, create and understand budget
- Variety at huddles: speakers, athlete/coach testimonies, group discussion

### HIGHLY RECOMMENDED

- Service project; inside or outside of school
- Meet in easily accessible area
- Giveaway or sell FCA gear
- Host event: Fields of Faith or Courts for Christ
- Inquire about Raising Athletes in Ministry Program (RAMP)

### RESOURCES

• FCA Athlete Bibles	• E3 Overview and Playbook
• The Four	• Huddles Training Course
• The Core	• YouVersion Bible App for devotions
	• <a href="http://www.fcahuddletools.com">www.fcahuddletools.com</a>

