

Infant September 2025



Mon

Tue

Wed

Thu

Fri

Parent Info:

In the first year of life, babies learn through using their five senses: sight, sound, touch, smell, and taste. Using their senses helps them to understand and experience the world they live in.

Here are some ways you can help your baby use his or her senses:

- * Touching a wet washcloth
- * Hearing a bell ring
- * Feeling the breeze from a fan
- * Splashing in water

Have fun exploring with your baby. Enjoy the wonder of it all. Remember, a lot of life is new and exciting for these little ones.

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