

# Annual General Meeting 2026



**Tuesday 13 October 2026**

Room F12, Friends' Meeting House, Manchester,  
M2 5NS



**Arrival from 6pm**

Collect your agenda, name badge and help yourself  
to food

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## 6.30PM - Meeting Starts

1. **Welcome** – District Judge Paul Carr (GMMA Patron)
2. **Apologies** for absence
3. **Notes** from the Annual General Meeting held on the  
20th October 2025
4. **Matters arising**
5. **GM MA President** HHJ Andrew Berkley
6. **Guest Speaker** - Dr Sarah Wilks from Papaya - 'The  
Impact of Tech on Young Minds'
7. **Magistrates' Association** - Val Castell, Deputy National  
Chair
8. **Branch Chair's Report** - Rachel Medcalf JP
9. **Branch Treasurer Report** - Gary Palmer JP
10. **MIC Co-ordinator's Report** - Kirsty Hart JP
11. **Special Resolution** to Allow Officers to Extend Their  
Tenure Beyond 6 Years, Rotating the role of the MA  
Council rep.
12. **Election of Officer/s**
13. **Closing Remarks** - HHJ Andrew Berkley

**Date of Next AGM** – Tuesday 12th October 2027 (TBC)

<https://www.gmma-mic.net/>

# About our speaker

## ★ Dr Sarah Wilks

Sarah is a GP in Liverpool and a Health Inequalities Lead for a network of eight GP practices in Central and South Liverpool. In her work as a GP, she has witnessed first-hand the impact of declining mental health across



all age groups. More recently, she has become increasingly aware of this trend among children and young people, where its heavy toll on their education, attainment, aspirations, and social connections is deeply concerning. Sarah has found the emerging evidence linking childhood mental health problems to screen use so compelling that it has influenced not only her professional work but also her role as a parent. A mum to three girls, Sarah is actively involved in the Smartphone Free Childhood movement at their school. She is also a strong advocate for delaying smartphone use and social media.

## ★ From the GMMA

Read our new branch newsletter at: <https://www.gmma-mic.net/>

The GMMA is looking for a **training officer**, could this be you? Help to organise exclusive contextual visits for our members and be a part of our amazing community!