



Day 4 - Dublin Juvenile Outdoor Championships - 7th June 2026

Open	Close	Assembly	Track			Entrants	Heats	Time Allocated	Qualification
			Time	Event	AGE	10 Lanes		00:03	10
08:45	09:30	10:15	10:30	60m Heats	12 Girls	97	10	00:30	10 fastest
09:15	10:00	10:45	11:00	60m Heats	12 Boys	63	7	00:21	10 fastest
09:36	10:21	11:06	11:21	80m Heats	13 Girls	84	9	00:27	10 fastest
10:03	10:48	11:33	11:48	80m Heats	13 Boys	55	6	00:18	10 fastest
10:21	11:06	11:51	12:06	80m Heats	14 Girls	58	6	00:18	10 fastest
10:39	11:24	12:09	12:24	80m Heats	14 Boys	34	4	00:12	2+4
						10 Lanes		00:03	10
10:51	11:36	12:21	12:36	100m Heats	15 Girls	48	5	00:15	10 fastest
11:06	11:51	12:36	12:51	100m Heats	15 Boys	27	3	00:09	2+4
11:15	12:00	12:45	13:00	100m Heats	16 Girls	22	3	00:09	2+4
11:24	12:09	12:54	13:09	100m Heats	16 Boys	25	3	00:09	2+4
11:33	12:18	13:03	13:18	100m Heats	17 Girls	19	2	00:06	3+4
11:39	12:24	13:09	13:24	100m Heats	17 Boys	16	2	00:06	3+4
11:45	12:30	13:15	13:30	100m Heats	18 Girls	15	2	00:06	3+4
11:51	12:36	13:21	13:36	100m Heats	18 Boys	18	2	00:06	3+4
11:57	12:42	13:27	13:42	100m Heats	19 Girls	6	1	00:03	Final
12:00	12:45	13:30	13:45	100m Finals	19 Boys	15	2	00:06	3+4
<b>BREAK</b>									
						8 Lanes/18 heat		00:06	18
12:45	13:30	14:15	14:30	1500m	14 Girls	22	2	00:12	Time
12:57	13:42	14:27	14:42	1500m	14 Boys	28	2	00:12	Time
13:09	13:54	14:39	14:54	1500m	15 Girls	17	1	00:06	Final
13:15	14:00	14:45	15:00	1500m	15 Boys	19	2	00:12	Time
13:27	14:12	14:57	15:12	1500m	16 Girls	17	1	00:06	Final
13:33	14:18	15:03	15:18	1500m	16 Boys	21	2	00:12	Time
13:45	14:30	15:15	15:30	1500m	17 Girls	11	1	00:06	Final
13:51	14:36	15:21	15:36	1500m	17 Boys	17	1	00:06	Final
13:57	14:42	15:27	15:42	1500m	18/19 Girls	17	1	00:06	Final
14:03	14:48	15:33	15:48	1500m	18 Boys	18	1	00:06	Final
14:09	14:54	15:39	15:54	1500m	19 Boys	16	1	00:06	Final
						10 Lanes		00:03	10
		15:45	16:00	60m Finals	12 Girls	10	1	00:03	Final
		15:48	16:03	60m Finals	12 Boys	10	1	00:03	Final
		15:51	16:06	80m Finals	13 Girls	10	1	00:03	Final
		15:54	16:09	80m Finals	13 Boys	10	1	00:03	Final
		15:57	16:12	80m Finals	14 Girls	10	1	00:03	Final
		16:00	16:15	80m Finals	14 Boys	10	1	00:03	Final
		16:03	16:18	100m Finals	15 Girls	10	1	00:03	Final
		16:06	16:21	100m Finals	15 Boys	10	1	00:03	Final
		16:09	16:24	100m Finals	16 Girls	10	1	00:03	Final
		16:12	16:27	100m Finals	16 Boys	10	1	00:03	Final
		16:15	16:30	100m Finals	17 Girls	10	1	00:03	Final
		16:18	16:33	100m Finals	17 Boys	10	1	00:03	Final
		16:21	16:36	100m Finals	18 Girls	10	1	00:03	Final
		16:24	16:39	100m Finals	18 Boys	10	1	00:03	Final
		16:27	16:42	100m Finals	19 Boys	10	1	00:03	Final
Walks may be combined so start times will be brought forward									
						8 Lanes/18 heat		00:10	18
15:00	15:45	16:30	16:45	Walk 2k	14/15/16 Girls	12	1	00:10	Final
15:10	15:55	16:40	16:55	Walk 2k	14/15 Boys	4	1	00:10	Final
15:20	16:05	16:50	17:05	Walk 3k	17/18/19 Girls	3	1	00:10	Final
15:30	16:15	17:00	17:15	Walk 3K	16 Boys	0	0	00:00	Final
15:30	16:15	17:00	17:15	Walk 5k	17/18/19 Boys	1	1	00:10	Final

Check-In		Field		Entrants
Open	Closes	Time	Event	
08:30	09:15	10:15	Girls U13 Shot Put 2K	21
09:45	10:30	11:30	Boys U13 Shot Put	19
08:30	09:15	10:15	Girls U14 Long Jump - Pit 1 - Standard 3.80m	42
08:30	09:15	10:15	Boys U14 Long Jump - Pit 2 Standard 3.90m	18
08:30	09:15	10:15	Pole Vault U16 - U19 (Warm up commences 9am)	21
10:15	11:00	12:00	Pole Vault U13 - U15 (Warm up commences 11am)	22
08:30	09:15	10:15	Girls U15 High Jump Standard 1.15m	8
09:45	10:30	11:30	Girls U16 High Jump Standard 1.20m	8

Open		Closes		Time		Event		Entrants
Open	Closes	Time	Event					
12:15	13:00	14:00	Girls/Boys U15/16 Triple Jump - COMBINED	24				
13:15	14:00	15:00	Girls/Boys U17/18/19 Triple Jump COMBINED	22				
08:15	09:00	10:00	Boys U12 Turbo 300g	38				
10:45	11:30	11:30	Girls U12 Turbo 300g	53				
12:45	13:30	14:30	Girls U17/18/19 Discus 1k - COMBINED	6				
13:45	14:30	15:30	Boys U17/18/19 Discus 1.5k/1.5k/1.75k COMBINED	11				

**Key messages:**

- \*\* No late check-ins.
- \*\* Check in opens 90 mins and closes 45 mins before the assembly
- \*\* First four events check is a little different\*\*
- \*\* ONLY check in at appropriate time.
- \*\* If an athlete fails to turn up for an event that they have checked in for they will be disqualified for all events that weekend.
- \*\* Minimum standards in some field events may be applied.
- \*\* Athletes who are not competent in their event, may not be permitted to compete for their own safety.
- \*\* Please see additional notes under events regarding qualifications and combining of events.
- \*\* The organisers reserve the right to alter timetable.
- \*\* The starting time of events may be brought forward up to 45 minutes from the proposed timetable