

League 3 - DSD - 14th June 2026

Club Designated Official to inform Check-In Team 40 mins before track events if an athlete is not taking part. BIB Numbers will be given to Club Official. If an athlete has taken part in League 1 or 2 they must bring their number with them.

Assembly	Track				Qualification
	Time	Event NO	Event	Age	
	10:45	11:00	9	60m Girls	
11:06	11:21	11	60m Girls	Girls U11	Time
11:27	11:42	12	60m Boys	Boys U11	Time
11:42	11:57	14	60m Boys	Boys U12	Time
11:51	12:06	13	60m Girls	Girls U12	Time
12:09	12:24	10	60m Boys	Boys U10	Time
12:27	12:42	17	80m Girls	Girls U14	Time
12:39	12:54	16	80m Boys	Boys U13	Time
12:48	13:03	1	80m Girls	Girls U13	Time
13:06	13:21	1	80m Boys	Boys U14	Time
13:15	13:30	19	100m Girls	Girls U15	Time
13:21	13:36	20	100m Boys	Boys U15	Time
13:24	13:39	21	100m Girls	Girls U16	Time
13:27	13:42	22	100m Boys	Boys U16	Time
BREAK					
14:00	14:15	23	500m Girls	Girls U10	Time
14:06	14:21	24	500m Boys	Boys U10	Time
14:12	14:27	28	600m Boys	Boys U12	Time
14:18	14:33	25	600m Girls	Girls U11	Time
14:24	14:39	26	600m Boys	Boys U11	Time
14:30	14:45	27	600m Girls	Girls U12	Time
14:36	14:51	31	800m Girls	Girls U14	Time
14:45	15:00	32	800m Boys	Boys U14	Time
14:54	15:09	33	800m Girls	Girls U15	Time
15:03	15:18	34	800m Boys	Boys U15	Time
15:15	15:30	35	800m Girls	Girls U16	Time
15:27	15:42	36	800m Boys	Boys U16	Time
15:39	15:54	29	600m Girls	Girls U13	Time
15:48	16:03	30	600m Boys	Boys U13	Time
16:05	16:20	3	75m Hurdles	Girls U14	Time
16:11	16:26	4	75m Hurdles	Boys U14	Time
16:14	16:29	5	80m Hurdles	Girls U15	Time
16:17	16:32	6	80m Hurdles	Girls U16	Time
16:20	16:35	7	80m Hurdles	Boys U15	Time
16:23	16:38	8	100m Hurdles	Boys U16	Time
16:26	16:41	1	60m Hurdles	Girls U13	Time
16:35	16:50	2	60m Hurdles	Boys U13	Time

Field				Field			
Time	Event NO	Event	Age	Time	Event No	Event	Age
12:30	38	Long Jump Girls	11	13:00	47	Shot Put Girls Kg	13
13:30	37	Long Jump Boys	11	11:30	48	Shot Put Boys Kg	13
14:30	40	Long Jump Girls	12	14:15	49	Shot Put Girls Kg	14
15:30	39	Long Jump Boys	12	12:15	50	Shot Put Boys Kg	14
15:30	41	Long Jump Girls	13	11:30	51	Jav Girls	14
15:00	42	Long Jump Boys	13	14:45	52	Jav Boys	14
12:15	43	High Jump Girls	15/16	12:30	53	Turbo Jav Girls	10
11:30	44	High Jump Boys	15/16	14:00	54	Turbo Jav Boys	10
14:45	57	High Jump Girls	13	16:00	55	Turbo Jav Girls	12
13:00	58	High Jump Boys	13	13:15	56	Turbo Jav Boys	12

**\*\* BIB Numbers will be provided to the Designated Club Official.**  
**\*\* BIB Numbers will only be issued to Clubs who have provided sufficient officials in order for the competition to take place.**  
**\*\* It is the responsibility of each designated Club Official to advise the check-in Team if an athlete is not taking part.**  
**\*\* Failure to follow the above point will cause empty lanes, potential delays and a less competitive event.**  
**\*\* For age categories U10 & U11 - this is a Track & Field Competition where medals are awarded on the day.**  
**\*\* For age categories U12 - 16 - this is a League event where points awarded accumulate over the three events.**  
**\*\* BIB Numbers must be retained for all three League events.**