



Day 3 - Dublin Juvenile Outdoor Championships 6th June 2026

Track				Field				Field			
Time	Event No	Event	Age	Time	Event No	Event	Age	Time	Event No	Event	Age
10:30	120	400m Heats	U17G	10:45	95	Discs Boys .75k	14	10:45	101	Shot Put Boys 4K	16
10:36	121	400m Heats	U18G	11:30	96/97	Discus Girls .75k COMBINED	14/15	11:30	102/103	Shot Put Girls 3k COMBINED	16/17
10:39	122	400m Heats	U17B	13:00	98/99	Discus Boys 1k COMBINED	15/16	12:30	104/105	Shot Put Girls 3k/4k COMBINED	18/19
10:42	123	400m Heats	U18B	13:00	100	Discus Girls 1k	16	13:30	106	Shot Put Boys 6k	19
10:48	124	400m Heats	U19B	11:00	109/110/111	High Jump Girls (Opening height 1.25/1.30/1.30) COMBINED	17/18/19	14:00	107/108	Shot Put Boys 5k COMBINED	17/18
10:54	125	400m Heats	U19G	12:30	112/113/114	High Jump Boys (Opening height 1.35/1.45/1.50) COMBINED	17/18/19	10:45	117	Long Jump Girls both pits - 2 groups of 23 approx. Standard - 3.10m	12
if heats are not required				13:30	115	High Jump Boys (Opening height 1.35)	16	12:30	118	Long Jump Boys (Pit 2) Standard 3.30m	12
11:05	126	60m Hur Heat 2.3x6	13 Girls	14:30	116	High Jump Boys (Opening height 1.25)	15	12:30	270	Long Jump Boys (Pit 1) Standard 3.70m	13
11:21	127	60m Hur Heat 2.3x6	13 Boys					14:30	119	Long Jump Girls both pits Standard 3.50m 2 Groups of approx 25	13
11:29	128	75m Hur Heat 2.3x8	14 Girls								
11:41	129	75m Hur Heat 2.3x8	14 Boys								
11:45	130	80m Hur Heat 2.6x8	15 Girls								
11:49	131	80m Hur Heat 2.6x8	16 Girls								
11:57	132	80m Hur Heat 2.6x8	15 Boys								
12:01	133	100m Hur Heat 2.6x10	17 Girls								
12:05	134	100m Hur Heat 2.6x10	18 Girls								
12:09	135	100m Hur Heat 2.9x10	16 Boys								
12:13	136	100m Hur Heat 2.9x10	19 Girls								
12:17	137	110m Hur Heat 3.0x10	17 Boys								
12:21	138	110m Hur Heat 3.0x10	18 Boys								
12:25	139	110m Hur Heat 3.3x10	19 Boys								
12:40		400m Final	17 Girls								
12:43		400m Final	18 Boys								
12:46		400m Final	19 Boys								
12:49		400m Final	19 Girls								
13:00		60m Hur Heat 2.3x6 FINAL	13 Girls								
13:04		60m Hur Heat 2.3x6 FINAL	13 Boys								
13:08		75m Hur Heat 2.3x8 FINAL	14 Girls								
13:12		80m Hur Heat 2.6x8	16 Girls								
Break											
14:00	140	200m Heats	14G								
14:24	141	200m Heats	14B								
14:36	142	200m Heats	15G								
14:51	143	200m Heats	15B								
15:03	144	200m Heats	16G								
15:12	145	200m Heats	16B								
15:18	146	200m Heats	17G								
15:27	147	200m Heats	17B								
15:36	148	200m Heats	18G								
15:42	149	200m Heats	18B								
15:51	150	200m Heats	19G								
15:57	151	200m Heats	19B								
16:06		200m Final	14G								
16:09		200m Final	14B								
16:12		200m Final	15G								
16:15		200m Final	15B								
16:18		200m Final	16G								
16:21		200m Final	16B								
16:24		200m Final	17G								
16:27		200m Final	17B								
16:30		200m Final	18G								
16:33		200m Final	18B								
16:36		200m Final	19G								
16:39		200m Final	19B								

Key messages:

- ** No late check-ins.
- ** Check in opens 90 mins and closes 45 mins before the assembly
- ** First four events check is a little different**
- ** ONLY check in at appropriate time.
- ** If an athlete fails to turn up for an event that they have checked in for they will be disqualified for all events that weekend.
- ** Minimum standards in some field events may be applied.
- ** Athletes who are not competent in their event, may not be permitted to compete for their own safety.
- ** Please see additional notes under events regarding qualifications and combining of events.
- ** The organisers reserve the right to alter timetable.
- ** The starting time of events may be brought forward up to 45 minutes from the proposed timetable