

Day 1 Dublin Juvenile Indoor Championships Sunday 25th January 2026

Please remember to check in for all events.
Only access the warm up area 45 mins before your event.

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Closing Date 18th January 2026

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Check in		Warm up access	Call room entry	Track					
Open	Close			Time	Event	Age			
8:45	9:30	9:15	10:15	10:30	200m Heat	16G&B	6 fastest	6 fastest	
9:21	10:06	9:51	10:51	11:06	200m Heat	17G&B	6 fastest	6 fastest	
9:51	10:36	10:21	11:21	11:36	200m Heat	18G&B	6 fastest	6 fastest	
10:21	11:06	10:51	11:51	12:06	200m Heat	19G&B	1+3	6 fastest	
Straight finals if heats are not required									
10:45	11:30	11:15	12:15	12:30	60m Hur Heat	13 Girls	8 fastest		
11:13	11:58	11:43	12:43	12:58	60m Hur Heat	13 Boys		1+4	
11:29	12:14	11:59	12:59	13:14	60m Hur Heat	14 Girls	1+3		
11:53	12:38	12:23	13:23	13:38	60m Hur Heat	14 Boys		2+2	
		12:39	13:39	13:54	60 Hur Finals	13 Girls			
		12:43	13:43	13:58	60 Hur Finals	13 Boys			
		12:47	13:47	14:02	60 Hur Finals	14 Girls			
		12:51	13:51	14:06	60 Hur Finals	14 Boys			
Break 45 mins approx									
		13:45	14:45	15:00	200m Finals	Girls U16			
		13:48	14:48	15:03	200m Finals	Boys U16			
		13:51	14:51	15:06	200m Finals	Girls U17			
		13:54	14:54	15:09	200m Finals	Boys U17			
		13:57	14:57	15:12	200m Finals	Girls U18			
		14:00	15:00	15:15	200m Finals	Boys U18			
		14:03	15:03	15:18	200m Finals	Girls U19			
		14:06	15:06	15:21	200m Finals	Boys U19			
13:39	14:24	14:09	15:09	15:24	60m Hur 2'6" Heat	15G	2+2		
13:51	14:36	14:21	15:21	15:36	60m Hur 2'6" Heat	16G	3+2		
13:59	14:44	14:29	15:29	15:44	60m Hur 2'9" Heat	15B		3+2	
14:07	14:52	14:37	15:37	15:52	60m Hur 2'6" Heat	17G	3+2		
14:15	15:00	14:45	15:45	16:00	60m Hur 2'6" Heat	17B		3+2	
		14:53	15:53	16:08	60m Hur 2'9" Final	16B			
		14:57	15:57	16:12	60m Hur 2'6" Final	18G			
		15:01	16:01	16:16	60m Hur 2'9" Final	19G			
		15:05	16:05	16:20	60m Hur 3'0" Final	18B			
					60m Hur 3'0" Final	19B			
		15:09	16:09	16:24	60m Hur Finals	Girls U15			
		15:13	16:13	16:28	60m Hur Finals	Girls IU16			
		15:17	16:17	16:32	60m Hur Finals	Boys U15			
		15:21	16:21	16:36	60m Hur Finals	Boys U17			
14:55	15:40	15:25	16:25	16:40	Walks G&B	14-19	N/A		

Check in		Warm up access	Field		
Open	Close		Time	Event	Age
9:15	10:00	9:45	10:30-11:30	Long Jump Girls (Pit 1)	15
				Long Jump Boys (Pit 2)	15
10:00	11:00	10:45	11:30-12:30	Long Jump Boys (Pit 2)	17-19
				Long Jump Girls (Pit 1)	17-19
13:00	14:00	13:45	14:30-15:30	Long Jump Boys (Pit 2)	16
				Long Jump Girls (Pit 1)	16

Check in		Warm up access	Field		
Open	Close		Time	Event	Age
8:45	9:30	9:15	10:00-11:00	Shot Put Girls (3K/4K)	18/19
9:45	10:30	10:15	11:00-12:00	Shot Put Boys	18/19
10:45	11:30	11:15	12:00-13:00	Shot Put Girls (3K)	16/17
12:15	13:00	12:45	13:30-14:30	Shot Put Boys	16-17
12:15	14:00	13:45	14:30-15:30	Shot Put Boys	15
14:15	15:00	14:45	15:30-16:30	Shot PutGirls (2.72K)	15