

Dublin Spraoi Games Timetable - NIA Abbotstown

Sunday 8th February 2026 - Closing Date - 31st January

Time	Girls u9	Boys u9	Girls u10	Boys u10	Girls u11	Boys u11
10:00	60m	Turbo	Jumps			
10:35	300m					
10:50	Turbo	Jumps	60m			
11:25		300m				
11:40	End					
Break						
12:10			60m	Turbo	Jumps	
12:45			300m			
13:00			Turbo	Jumps	60m	
13:35				300m		
13:50			End			
Break						
14:20					60m	Long Jump Turbo
14:55					300m	
15:10					Long Jump Turbo	60m
15:45						300m
15:55					End	
End						