

Triennial Assessment Summary of the Local Wellness Policy

Instructions: The template below is offered to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template.

Requirement: An assessment of your school wellness policy must be conducted at a minimum once every three years per United States Department of Agriculture (USDA) regulations. Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

This assessment will determine:

- Compliance with the wellness policy
- How the wellness policy compares to model wellness policies
- Progress made in attaining the goals of the wellness policy.

Results: The final rule requires that LEAs update their wellness policy as appropriate and requires that LEAS must make available to the public:

- The wellness policy, including any updates to and about the policy at minimum on an annual basis.
- The Triennial Assessment results, including the progress that has been made in meeting the goals of the wellness policy.

Record Keeping: A copy of the most recent triennial assessment along with supporting documentation must be kept on file with your wellness policy documentation for three years plus the current year. The State agency will examine records during the Administrative Review, including:

- Copy of the current wellness policy
- Documentation on how the policy and assessments are made available to the public
- The most recent assessment of implementation of the policy
- Documentation of efforts to review and update the policy, including who was involved in the process and how stakeholders were made aware of their ability to participate.

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General Information:

School(s) included in the assessment: St. Mary Catholic School _____

Month and year of current assessment: March, 2024 _____

Date of last Local Wellness Policy revision: February, 2024 _____

Website address for the wellness policy and/or information on how the public can access a copy:
<https://drstmary.k12.sd.us/admissions/lunch-program> _____

Wellness Policy Leadership: LEAs must establish wellness policy leadership of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.

How many times per year does your school wellness team meet? One time each year _____

Designated School Wellness Coordinator:

Name	Job Title	Email Address
Colleen Farmer	Food Service Director	Colleen.Farmer@k12.sd.us

School Wellness Committee Members:

Name	Job Title	Email Address
Deb Kallhoff	Elementary Principal	Deb.kallhoff@k12.sd.us
Casey Michel	High School Principal	Casey.michel@k12.sd.us
Connie Fitzgerald	School Nurse	Connie.fitzgerald@k12.sd.us
Karey Klein	EAC President	
Amanda Geraets	Teacher/parent	Amanda.geraets@k12.sd.us
Carrie Hough	Health/PE Teacher	Carrie.hough@k12.sd.us
Sophie Schwebach, Sierra Klein	Student Council representatives	

Comparison to Model School Wellness Policies: A comparison to a Model School Wellness policy is required. Keep a copy of the results on file for at least three full school years plus the current year. This will be reviewed during the next administrative review of your school nutrition program.

Indicate the model policy used for comparison:

☒ **SD Model Wellness Policy:** A model wellness policy along with a self-checklist to review and update your wellness policy and ensure it meets all requirements are available on the CANS SNP website, (<http://doe.sd.gov/cans/snp.aspx>) under the Program Requirements in the Wellness Policy section.

☐ **WellSAT 3.0 example policy:** You may complete the [WellSAT3.0 assessment tool](#) .

☐ **Other Model Wellness Policy:** If you choose this option, please specify in the space provided below

Describe how your wellness policy compares to the South Dakota model wellness policy: Our policy is inline with the SD model wellness policy as we used that template to build our policy.

Progress towards wellness goals and compliance with the wellness policy:

At a minimum, local wellness policies are required to include:

- **Specific goals for:**
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- **Standards and nutrition guidelines for all foods and beverages** sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- **Standards for all foods and beverages provided, but not sold**, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- **Policies for food and beverage marketing** that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- **Description of public involvement, public updates, policy leadership, and evaluation plan.**

Use the tables below to assess whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Promote healthy food choices and encourage participation in school meal.		X		We will continue to make menu selections that entice students to order meal and are still healthy.
Promote fruits, vegetables and other healthy options as well as healthy food preparation methods.	X			We will continue to offer our fresh fruit/veg options.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Students will be provided the opportunity to participate in PE class. Elementary – 80 min/week Secondary – meet minimum state requirements	X			We will continue to offer our current classes to both Elementary and Secondary students.

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Recess will be offered for grades K-4 (45 min) and 5-6 (30 min) daily.	X			Recess is offered outside daily when weather is appropriate. Indoor recess is provided when necessary for weather for the same amount of time.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
All foods and beverages available during the school day outside the reimbursable meal will meet or exceed the USDA Smart Snacks nutrition standards.	X			We will continue to offer only Smart Snack approved items during the school day.

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Suggestions will be made for foods that will meet or exceed the USDA Smart Snacks in School nutrition standards.		X		We will continue to encourage Smart Snack approved items for things such as classroom snacks.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Only foods and beverages that meet or exceed the USDA Smart Snacks in school nutrition standards will be marketed or promoted during the school day on campus.	X			We will continue to promote or market only Smart Snacks approved foods and beverages during the school day.

Additional information: