



Family Faith FORMATION

October

Dear Families,

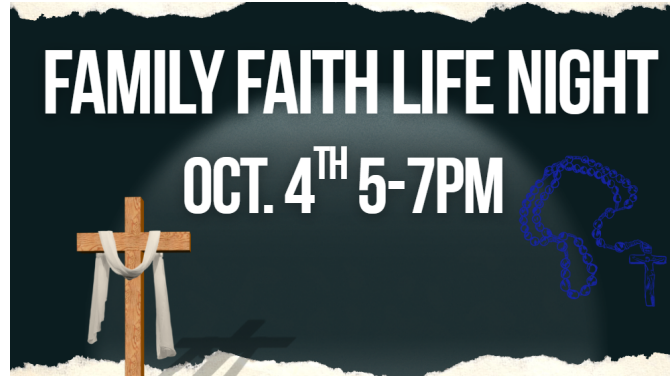
Welcome to our October Faith Life Newsletter! Whether you've been with us from the start of the year or are just joining us now, we are so glad you're here. Faith Life is more than a program—it's a community of families walking together in faith, supporting one another as we help our children grow closer to God.

This month, we will be reflecting on the beautiful gift of *the Sacraments*: visible Signs of God's Grace. ***The Sacraments fulfill God's action in the Old Covenant, make present our salvation won by Christ on the cross, and fill us with the hope for eternal life with God in Heaven.*** Our October parent session will invite us to think about the mysteries of Christ and His Grace and how we can help our children encounter Him in ways that are both personal and real. Without this personal connection, what do we really have?

You'll find in this newsletter important dates and practical ideas for talking about how to invite Jesus in our homes—whether that's teaching little ones to say, "I trust you, Jesus" when they feel afraid, or encouraging older children to wrestle with life's big questions over dinner. Most importantly, we encourage you to share your own faith stories with your kids. Your witness is truly the most powerful gift you can give them.

We are so grateful you are part of Faith Life. May this month be filled with grace, encouragement, and moments of deeper trust in God for you and your family.

In Christ,
Pam



Sacrament
Preparation
Classes

Year 1 & 2: Sunday October 19th, 2025
11:30 - 12:30pm

Year 1 & 2: Sunday October 26, 2025
11:30 - 12:30pm

The block features three circular icons at the top: a baptismal font with a dove, a chalice with a host, and a confirmation candle. The text is centered in a serif font.

ALL SAINTS' DAY PARTY

OCTOBER 31ST

5-6:30 PM ASSUMPTION HALL

RSVP

pcastor@saintpatrickparish.net
or
(603) 863-1422

An illustration of seven saints standing in a row. From left to right: a nun in a brown habit, a bishop in a red mitre and robe holding a crozier, a monk in a brown robe, a man in a blue robe holding a book, a nun in a black habit, a man in a brown robe holding a staff, and a woman in a pink robe holding a staff. The background is a solid blue.



October 1st: St. Therese of Lisieux

October 2nd: Feast of the Guardian Angels

October 4th: St. Francis of Assisi

October 5th: Saint Faustina

October 7th: Our Lady of the Rosary

October 15th: Saint Teresa of Avila

October 22nd: Saint Pope John Paul II

Throughout October, in honor of Our Lady of the Rosary, families can pray the rosary together, meditating on sacred art throughout each decade. Here is a great visual resource: [Contemplating the Rosary through Art and Scripture](#).



Art By: Van Der Wyden (c. 1515)
Mysteries of the Rosary

After the rosary, reflect on these questions:

What kind of suffering and/or glory did Jesus and Our Lady experience?

What kind of suffering and/or glory did Jesus and Our Lady experience?

How can I find joy in my own suffering?

In what ways can I imitate Jesus and Our Lady in these sacred mysteries?