



# Family Faith FORMATION

## October

Dear Families,

Welcome to our October Faith Life Newsletter! Whether you've been with us from last year or are just joining us now, we are so glad you're here. Faith Life is more than a program—it's a community of families walking together in faith, supporting one another as we help our children grow closer to God.

This month, we will be reflecting on the fact that God is the source of all our blessings. All good things in our lives come to us as a gift from God. One way to acknowledge all that God has given us is to intentionally offer everything we do in our day to Jesus. Every bit of work no matter how small or mundane, each and every piece of good news we feel happy about, and even our frustrations and sufferings can be offered back to God in gratitude. Saying the "Morning Offering" before setting off to work or school is a great habit to establish to help your family grow closer to Jesus. It can even be said in the car on the drive to school or work.

You'll find in this newsletter important dates and practical ideas for talking about how to invite Jesus in our homes—whether that's teaching little ones to say, "I trust you, Jesus" when they feel afraid, or encouraging older children to wrestle with life's big questions over dinner. Most importantly, we encourage you to share your own faith stories with your kids. Your witness is truly the most powerful gift you can give them.

We are so grateful you are part of Faith Life. May this month be filled with grace, encouragement, and moments of deeper trust in God for you and your family.

In Christ,  
Pam



*October 1st: **St. Therese of Lisieux***

(Enjoy French Eclairs and talk about small acts of kindness)

*October 2nd: **Feast of the Guardian Angels***

( Pray the Guardian Angel prayer)

*October 4th: **St. Francis of Assisi***

(Play outside)

*October 5th: **Saint Faustina***

(Pray the Divine Mercy Chaplet)

*October 7th: **Our Lady of the Rosary***

(Pray the Rosary)

*October 15th: **Saint Teresa of Avila***

(Enjoy a Spanish food for dinner and spend extra time in prayer)

*October 22nd: **Saint Pope John Paul II***

( Go for a hike)



*Family Faith*  
FORMATION

## **FAMILY MEETING:**

Saturday, October 17, 2026 5-7pm

**Sacramental Prep Retreat:**

Year 1: Reconciliation Retreat #1

Saturday, Oct. 24, 2026 9-10:30am