



Family Faith FORMATION

August

Dear Faith Life Families,

Happy August! I hope this message finds you soaking up the last sweet weeks of summer with your loved ones. As a fellow parent, I know this time of year can feel like a whirlwind-sharpening pencils, squeezing in a few final adventures, and preparing hearts (and backpacks!) for the school year ahead.

Here at the parish, we're also preparing for a brand-new year of our Faith Life program - and I truly couldn't be more excited. Even though I may be new, we are continuing the traditions of our program for the upcoming year, and I can't wait to be a part of it with you. Whether you're returning or joining us for the first time, this year promises to be one full of joyful connection, spiritual growth, and meaningful moments for both children and parents.

Registration will be open on August 17th – September 10, 2025. You may register through our parish website, or stop by the parish office. Please see our calendar posted on our website. If you have any questions, please feel free to email me at pcastor@saintpatrickparish.net.

Whether you're new or have been with us for years, you are an important part of our Faith Life family, and we can't wait to walk this journey with you.

Enjoy the rest of your summer-may it be filled with peace, play, and the presence of God in your homes. Know that I am praying for each of your families and for all the children and parents who will be part of our Faith Life program this year. I'm so grateful for the chance to grow in faith together in this beautiful parish community.

With joy and blessings,
Pam



Parent Encouragement Corner

As backpacks fill up and routines reset, don't forget-you're doing holy work. Every lunch packed, every school paper signed, every bedtime prayer whispered-it all matters. Please know you are in my prayers for peace, patience and protection over your family as the school year begins.

Back to School Prayer for Parents

Lord, bless our children as they begin a new school year. Help them to grow in wisdom and kindness. Strengthen us as parents to guide, support, and love them through each challenge and joy. Amen.

Faith-at-Home Tip for Busy Families

We're about to start a busy season with school and sports. I know we are always looking for ways to incorporate our faith into our daily life and I wanted to provide a few ideas here:

- ★ Try a 'faith moment' in the car: before drop-off, say one thing you're grateful for and ask God to be with you today.
- ★ Before your kids head out the door or get on the bus, or sit down to begin their work, make the sign of the cross on their forehead and say a short prayer.
- ★ Have each person name one thing they're thankful for that day at dinner. It helps build awareness of God's presence in the ordinary.
- ★ Keep a small jar with slips of paper and pens nearby. Write down people or things to pray for, and pull one out each evening or Sunday night.
- ★ Write a Scripture verse or uplifting faith-based quote on the bathroom mirror with a dry erase marker. Rotate it weekly!

Example:

"Be strong and courageous, the Lord your God is with you." Joshua 1 :9

- ★ End the day with a one-minute prayer together. Let each child add their own petition or thank you.
- ★ Let your kids help plan one simple way to make Sundays feel special-lighting a candle at breakfast, using fancy cups, or taking a prayer walk together.

Real Life Reminder ...

Jesus calmed the storm. You get the kids out the door with matching shoes and signed permission slips. You're doing holy

work. You aren't just managing chaos -you're raising saints, one homework folder and bedtime prayer at a time.