

INSTRUCTOR LEVEL CPR, AED & FIRST AID CLASSES

MINIMUM 3 PARTICIPANTS FOR IN-PERSON CLASS TO RUN (NO MINIMUM FOR MENTORSHIP),

MAXIMUM 10 PARTICIPANTS PER INSTRUCTOR TRAINER

***MUST HOLD CURRENT BASE LEVEL CERTIFICATION OF CPR, AED & FIRST AID FROM ARC, HSI OR AHA
TO APPLY FOR MENTORSHIP & IN-PERSON CLASS**

INSTRUCTOR LEVEL MENTORSHIP

It takes more than just completing an instructor-level class to be a high-quality instructor. While your job may not require this, those who want more than just a one day course to become a high quality instructor have the option to add on mentorship. Learn how to teach in a variety of methods, learn the in & outs of equipment, running classes live, and gaining confidence one step at a time with an experienced instructor. It costs \$100 to complete the mentorship, and must be completed within 1 year of starting mentorship. No prior experience other than holding a base level CPR/AED/FA certification is necessary. Just a willing to learn attitude, strong work ethic, a desire to impact the community and a positive mindset is required to be accepted.

Mentorship Requirement:

1. Shadow/teach 4 - 6 CPR, AED & First Aid Limitless Training Classes (at least 2 Blended & 2 Traditional Classroom)
2. Begin to teach 1 module at a time adding an additional module per class you attend with Jess after shadowing/attending your first class.
3. Complete 2 mentorship planning meetings with Jess (Can be via zoom/phone).
4. Teach a full class OR pass the instructor level course.

*This could take 2-16 weeks depending on how available you are to attend classes.
You must contact Jess directly for class locations and info to shadow at least 48 hours prior to attending.*

Once you pass the mentorship AND instructor level course, you will be given the option to align with Limitless Training as a Training Center where you can run your own courses, teach with Limitless Training as a Contractor, or start your own LLC to run an independent Training Center/align with another already existing. You will also be given the purchase manikins from Limitless Training after completing your instructor level course.

INSTRUCTOR LEVEL CPR, AED & FIRST AID BLENDED CLASS

Initial Certification

ARC - **\$325**

HSI - **\$275**

Combo of \$425 for both HSI & ARC

In-person course: **6.5 - 9 hours**