



18 | All-Girls 2026/2027 SEASON

Who can play? As of 1st (first) September

Cannot be aged 14 years old or below	Can be aged 15 years old	Can be aged 16 years old	Can be aged 17 years old	Cannot be aged 18 years old or above
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**Performance Licence holders
Players in Junior National League**

This division does not allow Junior National League Players; those holding a Performance licence, regardless of their age, participating in this division.

Exemption Requests

We will consider exemption requests in-line with our Inclusion and Exemption Policy

When can we play?

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below on a Saturday or Sunday. Rearrangements can be agreed upon outside these times with the permission of your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday & Sunday	10:00	19:00
Monday, Tuesday, Wednesday & Thursday	19:00	20:00

How many can play?

5 You can go to this game with 5 players

How can we play?



Zone defence is allowed in this competition



Full court press is allowed throughout

Game Play for this competition



This division is to be Live Scored



1 SCR

**SCORER
REQUIRED**



1 TK

**TIMEKEEPER
REQUIRED**



1 SCO

**SHOT CLOCK
OPTIONAL**

SCO

SCO must be qualified Level 2 or Level 3 Candidate - working towards their Level 3. Overseen by a Level 3 or above in-line with our YBL Officials 2026



Size
6
basketball



Time-outs

2 3

First half Second half
1 Per-team in overtime



Substitutions

YES



1

Minimum of one
coach per-team

10:00
Minute Quarters
STOP-CLOCK

5:00
Minute Overtimes
STOP-CLOCK



Referees are not
appointed to this division