

Game Addendums 2026  
**Addendum Six**

# The Beth Matthews Cup

## Senior Women Cup Competition



The Beth Matthews Cup is a pioneering hybrid competition created to support the development of emerging talent. By bringing together players from the YBL Leagues, Junior National League, and Senior National League, the tournament provides a unique platform where youth and experience meet.

This competition is breaking barriers, offering young athletes the opportunity to test themselves alongside and against more experienced players. The Beth Matthews Cup bridges the gap between local competition and higher-level play, helping to prepare the next generation for future success.

### Players age at the start of the season (on the [first] 1<sup>st</sup> September)

Cannot be aged <b>14</b> years old or below	<b>!</b> Can be aged <b>15</b> years old with Board approval	<b>!</b> <b>!</b> Can be aged <b>16</b> years old with Board approval	Can be aged <b>17</b> years old or older
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### Performance Licence holders Players in Senior National League

This division allows National League players; those holding a **Performance** licence, regardless of their age - within the criteria above, participating in this division.

### Exemption Requests

We will consider exemption requests as per YBL Inclusion Policy.

**5** You can go to this game with 5 players

### Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed outside of these times with the approval of the opposition and if required the YBL.

	Earliest tip time	Latest tip time
<b>Friday</b>	19:00	20:15
<b>Saturday</b>	10:00	19:00
<b>Sunday</b>	10:00	18:00
<b>Monday</b>	19:00	20:15
<b>Tuesday</b>	19:00	20:15
<b>Wednesday</b>	19:00	20:15
<b>Wednesday</b>	19:00	20:15

### Game play for this competition



Zone defence is allowed in this competition



Full court press is allowed throughout

**LIVE SCORING**

This division is to be Live Scored



**1**

Minimum number of Coaches per-game

**10:00**  
Minute Quarters

**5:00**  
Minute Overtime

STOP-CLOCK

STOP-CLOCK



Time-outs

**2**

First half  
Second half

**3**

YES



Substitutions

YES



Size  
**6**  
basketball