

Game Addendums 2026
Addendum Fifteen

Under Twenty-One
Senior Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 16 years old or below	Can be aged 17 years old	Can be aged 18 years old	Can be aged 19 years old	Can be aged 20 years old	Cannot be aged 21 years old or above
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Performance Licence holders
Players in Junior National League This division allows Junior National League players; those holding a **Performance** licence - within the criteria above, participating in this division.

Performance Licence holders
Players in Senior National League This division does not permit Senior National League players; those holding a **Performance** licence, regardless of their age, if playing in a senior division, participating in this division.

Exemption Requests
We will consider exemption requests as per YBL Inclusion Policy.

5 You can go to this game with 5 players

Scheduling fixtures for this competition
Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed outside of these times with the approval of the opposition and if required the YBL.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	19:00
Sunday	10:00	19:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition
 Zone defence is allowed in this competition

Full court press is allowed throughout

LIVE SCORING
This division is to be Live Scored

1
Minimum number of Coaches per-game

10:00
Minute Quarters

5:00
Minute Overtime

STOP-CLOCK

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Time-outs
YES

2
First half
3
Second half

Substitutions
YES

Size 7
basketball