

Under 18 – The Challenge Cup

Junior Cup Competition



The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

Players age at the start of the season (on the [first] 1st September)

Cannot be aged 14 years old or below	Can be aged 15 years old	Can be aged 16 years old	Can be aged 17 years old	Cannot be aged 18 years old or above
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Performance Licence holders
 Players in Junior National League

This division allows National League players; those holding a Performance licence - within the criteria above, participating in this division.

Exemption Requests

We consider exemption requests as per YBL Inclusion Policy.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	17:00
Sunday	10:00	17:00
Monday	19:00	20:00
Tuesday	19:00	20:00
Wednesday	19:00	20:00
Thursday	19:00	20:00

Game play for this competition

Zone defence is allowed in this competition	
Full court press is allowed throughout	
LIVE SCORING This division is to be Live Scored	1 Minimum number of Coaches per-game
10:00 Minute Quarters	5:00 Minute Overtime
STOP-CLOCK	STOP-CLOCK
Time-outs YES	2 First half 3 Second half
Substitutions YES	Size 7 basketball