

The Beth Matthews Cup is a pioneering hybrid competition created to support the development of emerging talent. By bringing together players from the YBL Leagues, Junior National League, and Senior National League, the tournament provides a unique platform where youth and experience meet.

This competition is breaking barriers, offering young athletes the opportunity to test themselves alongside and against more experienced players. The Beth Matthews Cup bridges the gap between local competition and higher-level play, helping to prepare the next generation for future success.



Beth Matthews Cup

2026/2027 SEASON

Who can play? As of 1st (first) September

<p>Can be aged</p> <p>17</p> <p>years old or older</p>	<p>Maybe aged</p> <p>! 15 & 16 !</p> <p>years old with Board approval</p>	<p>This division allows requests in-line with our Exemption and Inclusion Policy.</p>	<p>Cannot be aged</p> <p>14</p> <p>years old or below</p>
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Performance Licence holders Players in Senior National League

This division allows Senior National League Players; those holding a Performance licence, within the criteria above participating in this division.

Exemption Requests

We will consider exemption requests in-line with our Inclusion and Exemption Policy

When can we play?

Scheduling fixtures for this competition

Scheduling regular season home fixtures should be between the time slots given below. Rearrangements can be outside the agreed times, with the agreement of both teams, if agreed in advanced.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday & Sunday	10:00	19:00
Monday, Tuesday, Wednesday & Thursday	19:00	20:15

How many can play?

5 You can go to this game with 5 players

How can we play?

Zone defence is allowed in this competition

Full court press is allowed throughout

Game Play for this competition

<p>This division is to be Live Scored</p>	<p>1 SCR SCORER REQUIRED</p>	<p>1 TK TIMEKEEPER REQUIRED</p>	<p>1 SCO SHOT CLOCK OPTIONAL</p>
<p>Size 6 basketball</p>	<p>T Time-outs 2 3 First half Second half 1 Per-team in overtime</p>	<p>X Substitutions YES</p>	<p>1 Minimum of one coach per-team</p>
<p>10:00 Minute Quarters STOP-CLOCK</p>		<p>5:00 Minute Overtimes STOP-CLOCK</p>	
<p>Referees are not appointed to this division</p>			

For more information, regulations and payment guide - please see the Officials Booklet on the Referee & Table Official page on the website