

Game Addendums 2026  
Addendum Thirteen

# Under 16 – The Challenge Cup

Junior Cup Competition



The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

## Players age at the start of the season (on the [first] 1<sup>st</sup> September)

Cannot be aged <b>12</b> years old or below	Can be aged <b>13</b> years old	Can be aged <b>14</b> years old	Can be aged <b>15</b> years old	Cannot be aged <b>16</b> years old or above
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**Performance Licence holders**  
**Players in Junior National League** This division allows National League players; those holding a Performance licence - within the criteria above, participating in this division.

### Exemption Requests

We will consider exemption requests as per YBL Inclusion Policy.

**5** You can go to this game with 5 players

### Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed upon outside these times with the permission of the YBL and your opposition.

	Earliest tip time	Latest tip time
<b>Friday</b>	19:00	20:15
<b>Saturday</b>	10:00	17:00
<b>Sunday</b>	10:00	17:00
<b>Monday</b>	19:00	20:00
<b>Tuesday</b>	19:00	20:00
<b>Wednesday</b>	19:00	20:00
<b>Thursday</b>	19:00	20:00

## Game play for this competition

<b>Zone defence</b> is allowed in this competition			
<b>Full court press</b> is allowed throughout			
<b>LIVE SCORING</b> This division is to be Live Scored	<b>1</b> Minimum number of Coaches per-game		
<b>10:00</b> Minute Quarters	<b>5:00</b> Minute Overtime		
STOP-CLOCK	STOP-CLOCK		
<b>Time-outs</b> YES	<b>2</b> First half <b>3</b> Second half	<b>Substitutions</b> YES	<b>Size 7</b> basketball