



W | Women

2026/2027 SEASON

Who can play? As of 1st (first) September

Can be aged 17 years old or older	Maybe aged ! 15 & 16 ! years old with Board approval	This division allows requests in-line with our Exemption and Inclusion Policy.	Cannot be aged 14 years old or below
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Performance Licence holders
Players in Junior National League

This division allows Junior National League Players; those holding a Performance licence, within the criteria above participating in this division.

Performance Licence holders
Players in Senior National League

This division does not allow Senior National League Players; those holding a Performance licence, regardless of their age, playing in a senior division, participating in this division.
A junior player playing in a senior division is classed as a senior player.

Exemption Requests

We will consider exemption requests in-line with our Inclusion and Exemption Policy

When can we play?

Scheduling fixtures for this competition

Scheduling regular season home fixtures should be between the time slots given below. Rearrangements can be outside the agreed times, with the agreement of both teams, if agreed in advanced.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday & Sunday	10:00	19:00
Monday, Tuesday, Wednesday & Thursday	19:00	20:15

How many can play?

5 You can go to this game with 5 players

How can we play?

Zone defence is allowed in this competition

Full court press is allowed throughout

Game Play for this competition

LIVE scoring This division is to be Live Scored	1 SCR SCORER REQUIRED	1 TK TIMEKEEPER REQUIRED	1 SCO SHOT CLOCK OPTIONAL	SCO SCO must be qualified Level 2 or Level 3 Candidate - working towards their Level 3. Overseen by a Level 3 or above in-line with our YBL Officials 2026
Size 6 basketball	Time-outs 2 3 First half Second half 1 Per-team in overtime	Substitutions YES	1 Minimum of one coach per-team	10:00 Minute Quarters STOP-CLOCK 5:00 Minute Overtimes STOP-CLOCK Referees are not appointed to this division

For more information, regulations and payment guide - please see the Officials Booklet on the Referee & Table Official page on the website