



The Challenge Cup is a hybrid competition designed to support player development by bridging the gap between divisions. It gives YBL and Junior National League players more opportunities to compete.

16 | The Challenge Cup

2026/2027 SEASON

Who can play? As of 1st (first) September

Cannot be aged 12 years old or below	Can be aged 13 years old	Can be aged 14 years old	Can be aged 15 years old	Cannot be aged 16 years old or above
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**Performance Licence holders
Players in Junior National League**

This division allows Junior National League Players; those holding a Performance licence, within the criteria above participating in this division.

Exemption Requests

We will consider exemption requests in-line with our Inclusion and Exemption Policy

When can we play?

Scheduling fixtures for this competition

Scheduling regular season home fixtures should be between the time slots given below. Rearrangements can be outside the agreed times, with the agreement of both teams, if agreed in advanced.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday & Sunday	10:00	17:00
Monday, Tuesday, Wednesday & Thursday	19:00	20:00

How many can play?

5 You can go to this game with 5 players

How can we play?



Zone defence is allowed in this competition



Full court press is allowed throughout

Game Play for this competition

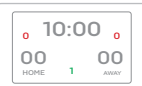


This division is to be Live Scored



1 SCR

**SCORER
REQUIRED**



1 TK

**TIMEKEEPER
REQUIRED**



1 SCO

**SHOT CLOCK
OPTIONAL**

SCO

SCO must be qualified Level 2 or Level 3 Candidate - working towards their Level 3. Overseen by a Level 3 or above in-line with our YBL Officials 2026



Size
7
basketball



Time-outs

2 3

First half Second half
1 Per-team in overtime



Substitutions

YES



1

**Minimum of one
coach per-team**

10:00
Minute Quarters
STOP-CLOCK

5:00
Minute Overtimes
STOP-CLOCK



**Referees are not
appointed to this division**

For more information, regulations and payment guide - please see the Officials Booklet on the Referee & Table Official page on the website