

## FIRST SUNDAY OF LENT

## THE ORDER OF MASS

INTRODUCTORY RITES  
OPENING HYMN

## Lord, Who throughout These Forty Days



1. Lord, who through - out these for - ty days For  
 2. As you with Sa - tan did con - tend And  
 3. As you did hun - ger and did thirst, So  
 4. And through these days of pen - i - tence, And  
 5. A - bide with us that, when this life Of



us did fast and pray, Teach us to o - ver -  
 did the vic - t'ry win, O give us strength in  
 teach us, gra - cious Lord, To die to self, and  
 through your Pas - sion - tide, For ev - er - more, in  
 suf - fer - ing is past, An East - er of un -



come our sins, And close by you to stay.  
 you to fight, In you to con - quer sin.  
 on - ly live By your most ho - ly word.  
 life and death, O Lord, with us a - bide.  
 end - ing joy We may at - tain at last!

Text: Claudia F. Hernaman, 1838–1898, alt.

Tune: ST. FLAVIAN, CM; John Day's *Psalter*, 1562; harm. based on the original *faux-bourdon* setting

## GREETING

- In the name of the Father, and of the Son, and of the Holy Spirit.
- Amen.
  
- The Lord be with you.
- And with your spirit.

## PENITENTIAL ACT

- Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

*A brief pause for silence follows.*

*Then all recite together the formula of general confession:*

■ I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

through my fault, through my fault, through my most grievous fault;

therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

*And, striking their breast, they say:*

*Then they continue:*

■ May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

■ Amen.

*The absolution by the Priest follows:*

**KYRIE**

*The Kyrie, eleison (Lord, have mercy) invocations follow, unless they have just occurred in a formula of the Penitential Act.*

## PENITENTIAL ACT

Text: ICEL, © 2010  
Music: *Holy Name of Jesus Mass*, Norah Duncan IV, © 2015, GIA Publications, Inc.

## COLLECT

■ Grant, almighty God,  
through the yearly observances of holy Lent,  
that we may grow in understanding  
of the riches hidden in Christ  
and by worthy conduct pursue their effects.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever

■ Amen.

## THE LITURGY OF THE WORD

### **FIRST READING**

***Dt 26: 4-10***

The LORD God formed man out of the clay of the ground  
and blew into his nostrils the breath of life,  
and so man became a living being.

Then the LORD God planted a garden in Eden, in the east,  
and placed there the man whom he had formed.  
Out of the ground the LORD God made various trees grow  
that were delightful to look at and good for food,  
with the tree of life in the middle of the garden  
and the tree of the knowledge of good and evil.

Now the serpent was the most cunning of all the animals  
that the LORD God had made.

The serpent asked the woman,  
"Did God really tell you not to eat  
from any of the trees in the garden?"

The woman answered the serpent:  
"We may eat of the fruit of the trees in the garden;  
it is only about the fruit of the tree  
in the middle of the garden that God said,  
'You shall not eat it or even touch it, lest you die.'"

But the serpent said to the woman:  
"You certainly will not die!

No, God knows well that the moment you eat of it  
your eyes will be opened and you will be like gods  
who know what is good and what is evil."

The woman saw that the tree was good for food,  
pleasing to the eyes, and desirable for gaining wisdom.  
So she took some of its fruit and ate it;  
and she also gave some to her husband, who was with her,  
and he ate it.

Then the eyes of both of them were opened,  
and they realized that they were naked;  
so they sewed fig leaves together  
and made loincloths for themselves.

■ The word of the Lord.

■ Thanks be to God.

R. (cf. 3a) **Be merciful, O Lord, for we have sinned.**

Have mercy on me, O God, in your goodness;  
in the greatness of your compassion wipe out my offense.  
Thoroughly wash me from my guilt  
and of my sin cleanse me.

R. (cf. 3a) **Be merciful, O Lord, for we have sinned.**

For I acknowledge my offense,  
and my sin is before me always:  
"Against you only have I sinned,  
and done what is evil in your sight."

R. (cf. 3a) **Be merciful, O Lord, for we have sinned.**

A clean heart create for me, O God,  
and a steadfast spirit renew within me.  
Cast me not out from your presence,  
and your Holy Spirit take not from me.

R. (cf. 3a) **Be merciful, O Lord, for we have sinned.**

Give me back the joy of your salvation,  
and a willing spirit sustain in me.  
O Lord, open my lips,  
and my mouth shall proclaim your praise.

R. (cf. 3a) **Be merciful, O Lord, for we have sinned.**

Brothers and sisters:

Through one man sin entered the world,  
and through sin, death,  
and thus death came to all men, inasmuch as all sinned—  
for up to the time of the law, sin was in the world,  
though sin is not accounted when there is no law.

But death reigned from Adam to Moses,  
even over those who did not sin  
after the pattern of the trespass of Adam,  
who is the type of the one who was to come.

But the gift is not like the transgression.

For if by the transgression of the one, the many died,  
how much more did the grace of God  
and the gracious gift of the one man Jesus Christ  
overflow for the many.

And the gift is not like the result of the one who sinned.

For after one sin there was the judgment that brought condemnation;  
but the gift, after many transgressions, brought acquittal.

For if, by the transgression of the one,  
death came to reign through that one,  
how much more will those who receive the abundance of grace  
and of the gift of justification  
come to reign in life through the one Jesus Christ.

In conclusion, just as through one transgression  
condemnation came upon all,  
so, through one righteous act,  
acquittal and life came to all.

For just as through the disobedience of the one man  
the many were made sinners,  
so, through the obedience of the one,  
the many will be made righteous.

■ The word of the Lord.

■ Thanks be to God.

***"GOSPEL ACCLAMATION"***

One does not live on bread alone,  
but on every word that comes forth from the mouth of God.. **R.**

- The Lord be with you.
- And with your spirit.
- A reading from the holy Gospel according to Matthew.
- Glory to you, O Lord.

At that time Jesus was led by the Spirit into the desert to be tempted by the devil.

He fasted for forty days and forty nights, and afterwards he was hungry.

The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread." He said in reply, "It is written: *One does not live on bread alone, but on every word that comes forth from the mouth of God.*"

Then the devil took him to the holy city, and made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down. For it is written:

*He will command his angels concerning you and with their hands they will support you, lest you dash your foot against a stone.*"

Jesus answered him, "Again it is written, *You shall not put the Lord, your God, to the test.*"

Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me."

At this, Jesus said to him, "Get away, Satan! It is written: *The Lord, your God, shall you worship and him alone shall you serve.*"

Then the devil left him and, behold,  
angels came and ministered to him.

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■ The Gospel of the Lord.

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■ Praise to you, Lord Jesus Christ.

## HOMILY

### PROFESSION OF FAITH

■ I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*At the words that follow,  
up to and including and became man, all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.

He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead

and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

### **PRAYER OF THE FAITHFUL**

- ...We pray to the Lord.
- ...Lord, hear our prayer.

### **LITURGY OF THE EUCHARIST**

#### **PRESENTATION AND PREPARATION OF THE GIFTS**

■ Blessed are you, Lord God of all creation,  
for through your goodness we have received  
the bread we offer you:  
fruit of the earth and work of human hands,  
it will become for us the bread of life.

■ Blessed be God for ever.  
By the mystery of this water and wine  
may we come to share in the divinity of Christ  
who humbled himself to share in our humanity.

■ Blessed are you, Lord God of all creation,  
for through your goodness we have received  
the wine we offer you:  
fruit of the vine and work of human hands,  
it will become our spiritual drink.

■ Blessed be God for ever.

With humble spirit and contrite heart  
may we be accepted by you, O Lord,  
and may our sacrifice in your sight this day  
be pleasing to you, Lord God.  
Wash me, O Lord, from my iniquity and cleanse me from my sin.

■ Pray, brothers and sisters,  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

■ May the Lord accept the sacrifice at your hands  
for the praise and glory of his name, for our good  
and the good of all his holy Church.

## OFFERTORY HYMN

***“With These Ashes”***

## PRAYER OVER THE OFFERINGS

Give us the right dispositions, O Lord, we pray,  
to make these offerings,  
for with them we celebrate the beginning  
of this venerable and sacred time.  
Through Christ our Lord.

■ Amen.

## THE EUCHARISTIC PRAYER

- The Lord be with you.
- And with your spirit.
  
- Lift up your hearts.
- We lift them up to the Lord.
- Let us give thanks to the Lord our God.
- It is right and just.
  
- **I**t is truly right and just, our duty and our salvation... And so, with Angels and Archangels, with Thrones and Dominions, and with all the hosts and Powers of heaven, we sing the hymn of your glory, as without end we acclaim:

## HOLY, HOLY, HOLY

Ho-ly, Ho-ly, Ho-ly Lord God of

hosts. Heav-en and earth are full of your glo-ry.

Ho - san - na in the high-est. Bless-ed is he who

comes in the name of the Lord. Ho - san - na in the

high-est. Ho - san - na in the high - est.

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■...THE mystery of faith.

## MEMORIAL ACCLAMATION B

When we eat this Bread and drink this Cup, we pro -

claim your Death, O Lord, un - til you come a - gain.

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*The Eucharistic Prayer culminates and concludes when the Priest sings or says:*

■ Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honor is yours,  
for ever and ever.

**AMEN**

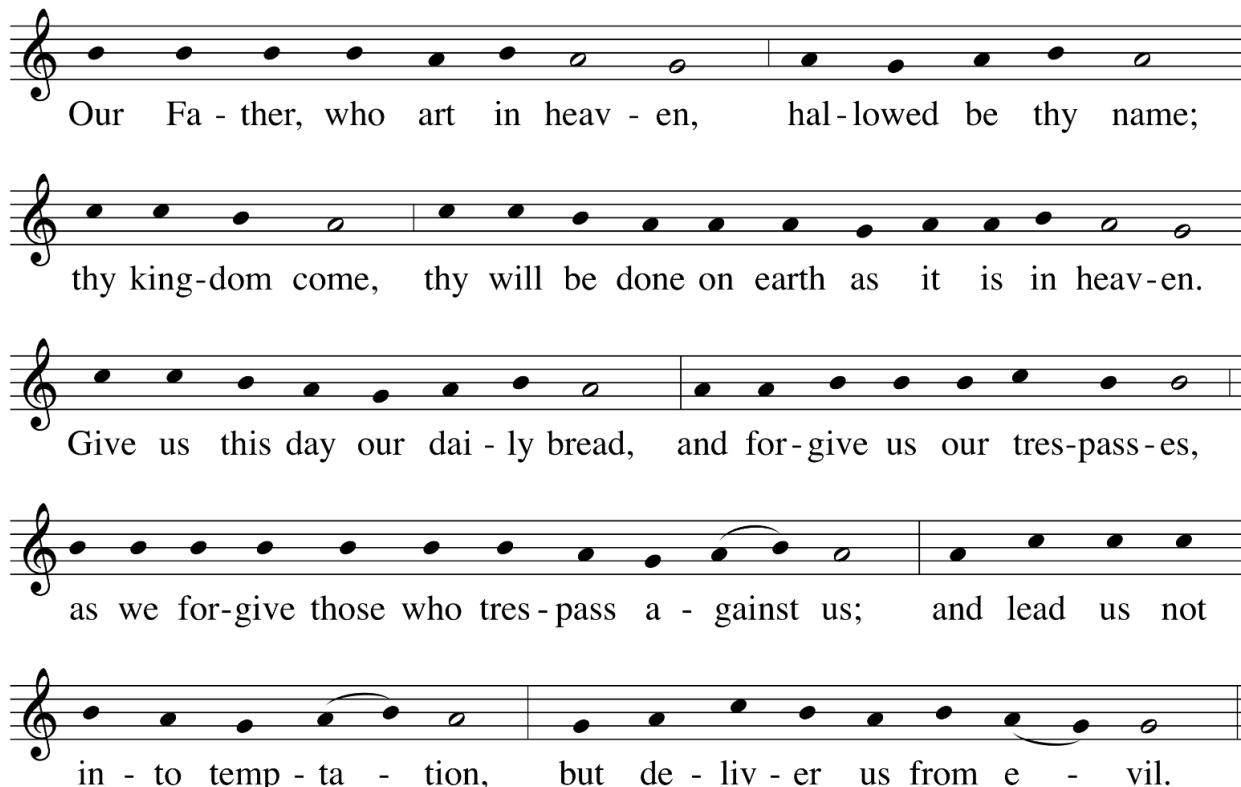


A - men, a - men, a - men!

Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, GIA Publications, Inc.

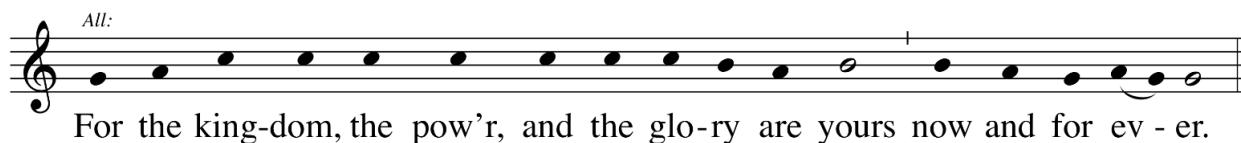
*The Priest invites all to join in the Lord's Prayer:*

■ At the Savior's command and formed by divine teaching, we dare to say:



Our Fa - ther, who art in heav - en, hal - lowed be thy name;  
thy king-dom come, thy will be done on earth as it is in heav-en.  
Give us this day our dai - ly bread, and for-give us our tres-pass-es,  
as we for-give those who tres - pass a - gainst us; and lead us not  
in - to temp - ta - tion, but de - liv - er us from e - vil.

*Priest:* Deliver us, Lord...and the coming of our Savior, Jesus Christ.



For the king-dom, the pow'r, and the glo-ry are yours now and for ev - er.

■ Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity in accordance with your will.  
Who live and reign for ever and ever.

■ Amen.

■ The peace of the Lord be with you always

■ And with your spirit.

*Then, if appropriate, the Deacon, or the Priest, adds:*

■ Let us offer each other the sign of peace.

*The people exchange a sign of peace, according to local custom.*

### LAMB OF GOD

*Cantor:*

*Assembly:*

*To repeat*

*Last time*

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*The faithful kneel after the "Agnus Dei" unless the Diocesan Bishop determines otherwise.*

■ Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

■ Lord, I am not worthy  
that you should enter under my roof, but only say the word  
and my soul shall be healed.

# COMMUNION OFFERINGS

## Hosea

### Verses

1. Come back to me with all your heart.  
 Trees do bend, 'though straight and tall;  
 2. The wil - der - ness will lead you  
 In - teg - ri - ty and jus - tice,  
 3. You shall sleep se - cure with peace;

Don't let fear keep us a - part.  
 so must we to oth - ers' call. *(To refrain)*  
 to your heart where I will speak.  
 With ten - der - ness, *¶* you shall know. *(To refrain)*  
 faith - ful - ness will be your joy. *(To refrain)*

### Refrain

Long have I wait-ed for your com - ing home to me and

liv - ing deep - ly our new life.

Text: Hosea 6:1, 3:3, 2:16, 21; Joel 2:12; Weston Priory, Gregory Norbet, OSB, b.1940

Tune: Gregory Norbet, OSB, b.1940; arr. by Mary David Callahan, OSB, b.1923

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# Remember Your Love

## Refrain

## Verses

1. If you dwelt, O Lord, up - on our sin - ful - ness,  
 2. If you dwelt, O Lord, up - on our sin - ful - ness,  
 3. O Lord, hear the sound of my call  
 4. As watch - man who waits up - on the day - light,  
 5. Be - fore all the moun - tains were be - got - ten

whom should I fear?  
then who could stand?  
and an - swer me.  
wait for the Lord.  
and earth took shape,

But The Lord is my  
with you there is  
My heart cries  
I trust in your  
e - ven then, O

D.C.

life and my refuge, when I call God hears.  
 mercy and for - give - ness and a guid-ing hand.  
 out for your pres - ence; it is you I seek.  
 kind - ness and re - demp - tion; and your faith - ful word.  
 Lord, you were our ref - uge through-out ev - 'ry age.

Text: Psalm 27; Mike Balhoff, b.1946

Tune: Darryl Ducote, b.1945, and Gary Daigle, b.1957

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## PRAYER AFTER COMMUNION

Renewed now with heavenly bread,  
by which faith is nourished, hope increased,  
and charity strengthened,  
we pray, O Lord,  
that we may learn to hunger for Christ,  
the true and living Bread,  
and strive to live by every word  
which proceeds from your mouth.  
Through Christ our Lord.

■ Amen.

■ The Lord be with you.  
■ And with your spirit.

■ May almighty God bless you,  
the Father, and the Son, and the Holy Spirit.

■ Amen.

## Again We Keep This Solemn Fast

1. A - gain we keep this sol - emn fast,  
 2. The law and proph - ets from of old  
 3. More spar - ing, there - fore, let us make  
 4. Let us a - void each harm - ful way  
 5. We pray, O bless - ed Three in One,

A gift - of faith from a - ges past,  
 In fig - ured ways this Lent fore - told,  
 The words we speak, the food we take,  
 That lures the care - less mind a - stray;  
 Our God while end - less a - ges run,

These for - ty days that, year by year,  
 Which Christ, all a - ges' Lord and Guide,  
 Our sleep, our laugh - ter, ev - 'ry sense;  
 By watch - ful prayer our spir - its free  
 That this, our Lent of for - ty days,

Bid con - trite hearts to Christ draw near.  
 In these last days has sanc - ti - fied.  
 Learn peace through ho - ly pen - i - tence.  
 From schem - ing of the En - e - my.  
 May bring us growth and give you praise.

Text: *Ex more docti mystico*; ascr. to St. Gregory the Great, c.540–604; tr. by Peter J. Scagnelli, b.1949, after John M. Neale, 1818–1866,

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Tune: ERHALT UNS HERR, LM; Klug's *Geistliche Lieder*, 1543; harm. by J. S. Bach, 1685–1750

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