

Groups start soon

Contact Parentline to register,
and to confirm
venue and start date

Phone
355 1655
or call free
0800 432 6459

'Parent Help'
Phone Support line

Parenting support available
24 hours a day on
0800 568 856

Supporting parents to care for children
He tautoko i ngā mātua ki te manaaki tamariki

Need a listening ear?

Parentline offers confidential counselling. Whether it is support with a particular problem you are facing or whether you just need a place to sound things out, a counsellor can help you get perspective and reach solutions.

Open Hours:
Mon - Fri 9.30 - 3.00



Hancock Community House, 77-85 King Street, PO Box 2014, Palmerston North 4440
Phone (06) 355 1655 Free phone 0800 4 Family (0800 432 6459)
Fax (06) 355 1722

Email admin@parentlinemanawatu.org.nz
Website www.parentlinemanawatu.org.nz

Facebook - Parentline Manawatu



Supporting parents to care for children
He tautoko i ngā mātua ki te manaaki tamariki

Triple P - for Parents of Teens

Triple P Teen

The Triple P Positive Parenting Programme is an internationally effective parenting programme based on scientific evidence.

Triple P Teen is an intervention programme that aims to increase parental competence and confidence in raising teenagers. It is based on the use of good communication and positive attention to help teenagers develop the skills they need.

Parents are provided with specific information to promote their teenager's development, reduce problem behaviours and help their teenager to minimise or reduce risky situations with peers in the community which may compromise their teenager's health or emotional well being.

For parents of teenagers aged 10-16 years, the programme consists of 6-8 sessions.



Need a listening ear?

Parentline offers confidential counselling. Whether it is support with a particular problem you are facing or whether you just need a place to sound things out, a counsellor can help you get perspective and reach solutions.

Other Parentline courses:

Triple P Discussion Groups

Two hour discussion groups on a range of topics. To help parents make decisions that work for their family through education and discussion.

Triple P General

For parents of children aged 3-10 yrs. 5-6 group sessions over 6-8 weeks. Gives you support to help you manage your child's behaviour and become a more confident parent.

Great Fathering

A group for men committed to the care and well being of their children.

Blended Families

Looking at what makes up a Blended Family, what are the myths and fallacies? Learn about the challenges, solutions and strategies.

Parenting Through Separation

A 4 hour programme to help people, with children, who have separated or are thinking about separating.

The Incredible Years

To provide parents of children aged 3-8 with practical skills to build positive relationships and deal with challenging behaviour in everyday situations.

Triple P Teen Discussion Groups

In a relaxed 2.5hr group session, you will learn tips and suggestions for dealing with your teenager's problem behaviour.