

Groups start soon

Contact Parentline to register,
and to confirm
venue and start date

Phone
355 1655
or call free
0800 432 6459

'Parent Help'

Phone Support line

Parenting support available

24 hours a day on

0800 568 856

Supporting parents to care for children

He tautoko i ngā mātua ki te manaaki tamariki

Need a listening ear?

Parentline offers confidential counselling. Whether it is support with a particular problem you are facing or whether you just need a place to sound things out, a counsellor can help you get perspective and reach solutions.

Open Hours:

Mon - Fri 9.30 - 3.00



ParentlineManawatu

Supporting parents to care for children

He tautoko i ngā mātua ki te manaaki tamariki

Hancock Community House, 77-85 King Street, PO Box 2014, Palmerston North 4440

Phone (06) 355 1655 Free phone 0800 4 Family (0800 432 6459)

Fax (06) 355 1722

Email admin@parentlinemanawatu.org.nz

Website www.parentlinemanawatu.org.nz

Facebook - Parentline Manawatu



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Blended Families

Blended Families

Creating powerful possibilities within your new family

This workshop looks at the issues, expectations and possible strategies for improving life within a family made up of varying combinations of adults and children.

The workshop content enables couples to explore and discuss:

- Confusing terminologies
- Myths/Truths
- Values
- Parenting styles
- Children's styles
- Nuclear/Blended families/Models/Developmental stages
- Communications tools
- Expectations/Emotions/Roles and strategies for change

Format

A one day workshop (usually a Saturday) 9.30 am to 4 pm.

A break for lunch on site will be taken. Lunch is provided within the cost.

Cost

\$30 per couple (this includes lunch, course materials and refreshments)

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Other Parentline courses:

Triple P Discussion Groups

Two hour discussion groups on a range of topics. To help parents make decisions that work for their family through education and discussion.

Triple P Teen Group

For parents of teenagers. To help you do the best for your teenagers and have an enjoyable family life!

Triple P General

For parents of children aged 3-10 yrs. 5-6 group sessions over 6-8 weeks. Gives you support to help you manage your child's behaviour and become a more confident parent.

Great Fathering

A group for men committed to the care and well being of their children.

Parenting Through Separation

A 4 hour programme to help people, with children, who have separated or are thinking about separating.

The Incredible Years

To provide parents of children aged 3-8 with practical skills to build positive relationships and deal with challenging behaviour in everyday situations.

Triple P Teen Discussion Groups

In a relaxed 2.5hr group session, you will learn tips and suggestions for dealing with your teenager's problem behaviour.